

Issue No. 18 — August 2018



A Summer Evening in DC

On August 9, alumni and friends of the medical school joined for us for a very special Medical Alumni Association gathering, "Combat Casualty Care Advances: A Small Silver Lining in War," featuring **David J. Smith, '81 MD**. Dr. Smith is the deputy assistant secretary of defense for Health Readiness Policy and Oversight and Department of Defense reform leader for Healthcare. Dr. Smith shared insights from his prolific career in military medicine and with the Department of Defense. The evening was graciously hosted by **Richard Moscicki '74, '76 MD**, and **Marianne Moscicki '74**, in their beautiful home at the Watergate Complex.

Thank you to everyone who joined us for this wonderful event!

Making Music with the NMO



Dear Fellow Alumni Friends,

I found the "cure" for burnout, and learned how to slow down tau protein formation and create new neuronal connections!

Well, it is anecdotal, but I want to share how much fun I am having with the **Northwestern Medical Orchestra (NMO)**. If you want to experience passion, purpose,

and exposure to the next generation of talented and brilliant physicians, then [join us](#) in our shared love of music!

The NMO will rehearse weekly at the state-of-the-art Shirley Ryan AbilityLab, beginning Tuesday, September 11, from 7:00 to 9:00 p.m. To join the NMO, [please fill out this interest form](#).

Yours,
Gilla Davis '72, '75 MD, DLFAPA, PC

[Email us](#) with questions, or check out our [Facebook page!](#)

Alumni Take Over Metro Detroit



The Medical Alumni Association hosted alumni get-togethers in both Bloomfield Hills and Ann Arbor, Michigan, last week. It was wonderful to meet so many fantastic alumni in the Metro Detroit area!

A special thank you to MAA Board president-elect **Rishi Reddy '97, '00 MD**, and **Jerry Dreslinski, '74 MD**, who reached out to so many alumni about these events!

Thank you to everyone who joined us. We can't wait to make our way back to the mitten!

Congrats Are in Order!



Michael Levy, '83 MD, '87 GMER, was appointed chief medical advisor for Stryker's Physio-Control and Emergency Medical Services business. Dr. Levy is the medical director for the Anchorage Fire Department, the Alaska Section of Rural and Community Health, as well as a number of other agencies. Congratulations, Dr. Levy!



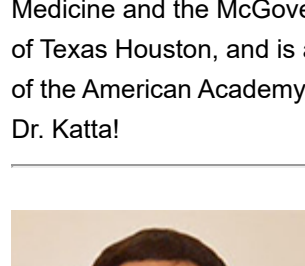
Alisha White, MD, '08 GMER, was recently profiled in *The Alton Telegraph*. Dr. White, a general practitioner, has opened her own practice in Glen Carbon, Illinois, called Transformative Healthcare. Read the full article [here](#). Congratulations, Dr. White!



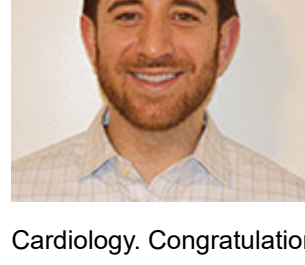
Brian Helfand, '04 PhD, '05 MD, '06 GMER, '11 GMER, '12 GMEF, was named Ronald L. Chez Family and Richard Melman Family Chair of Prostate Cancer by NorthShore University HealthSystem. Dr. Helfand, division chief of Urology at NorthShore and director of the John and Carol Walter Center for Urological Health, also is a clinical associate professor at the University of Chicago Pritzker School of Medicine. Congratulations, Dr. Helfand!



Rajani Katta, MD, '98 GMER, recently released her seventh book, titled "Glow: The Dermatologist's Guide to a Whole Foods Younger Skin Diet." Dr. Katta's advice on skin care and diet has been featured in multiple media outlets, including *O, The Oprah Magazine*, *Self*, *Dr. Oz*, *The Good Life*, and others. The book received a five-star rating from the *San Francisco Book Review*, while *Kirkus Reviews* described it as "accessible, evidence-based advice for those who want radiant skin." Dr. Katta serves on the voluntary clinical faculty of both the Baylor College of Medicine and the McGovern Medical School at the University of Texas Houston, and is a member of the Media Expert Team of the American Academy of Dermatology. Congratulations, Dr. Katta!



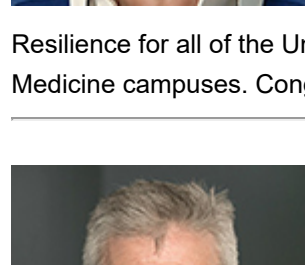
Eric A. Secemsky '05, '09 MD, has joined the Beth Israel Deaconess Medical Center CardioVascular Institute as director of Vascular Intervention. He also is the newest investigator at the Smith Center for Outcomes Research in Cardiology. Congratulations, Dr. Secemsky!



Geraldine Fox, MD, '86 GMER, was named chair of the Department of Psychiatry at the University of Illinois, College of Medicine Rockford, effective September 1. Dr. Fox will continue to serve as associate dean for Wellness and Resilience for all of the University of Illinois College of Medicine campuses. Congratulations, Dr. Fox!



Gabriel M. Kind, '86 MD, '94 GMER, has been appointed to the American Board of Plastic Surgery Advisory Council and has been nominated to be a director of the Board. Congratulations, Dr. Kind!



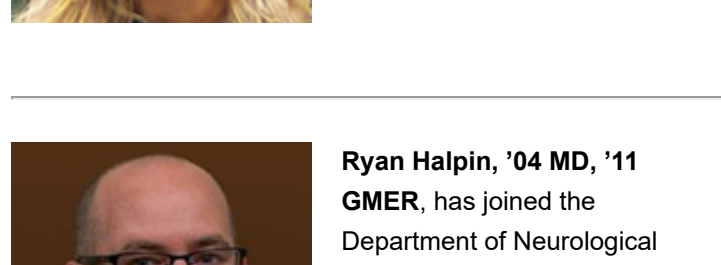
Elizabeth Springer, '86 MD, '90 GMER, and her team will join Pinnacle Dermatology as Pinnacle acquires Duneland Dermatology. Congratulations, Dr. Springer!



Ryan Halpin, '04 MD, '11 GMER, has joined the Department of Neurological Surgery at Mason General Hospital and Family of Clinics in Shelton, Washington. Congratulations, Dr. Halpin!

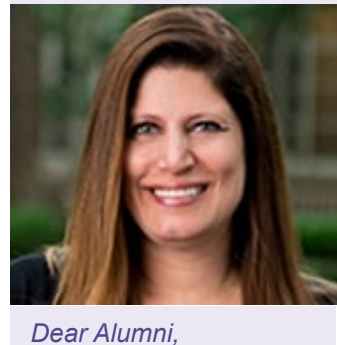
Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter? Post it on our [Facebook page](#) or email us at medalum@northwestern.edu.

Upcoming Events



- **9/11—PITTSBURGH, PA** (5:30 – 7:30 p.m.) Home of **Ritu Thamman '88, '91 MD**. Medical Alumni Association Get-Together. [RSVP for the Pittsburgh Get-Together](#).
- **9/13—PHILADELPHIA, PA** (5:30 – 7:30 p.m.) Home of **Christina Clay '83, '85 MD**, and Tom

From the Director's Desk:



Dear Alumni,

The end of summer was a very productive one. We held an event in Washington, DC, at the Watergate Apartments with featured speaker David J. Smith, '81 MD. We also held alumni mixer events in Bloomfield Hills and Ann Arbor, Michigan. As we head into fall, we have some exciting September events planned in Pittsburgh and Philadelphia, Pennsylvania. Additionally, save the date for the Northwestern vs. Notre Dame football game on Saturday, November 3. Stay tuned for updates on when tickets will go on sale.

As always, please reach out with any questions or suggestions. We love to hear from you!

Thank you,

Babette Nyka

Babette Nyka
Director, Alumni Engagement
312-503-0855



MAA YouTube Channel

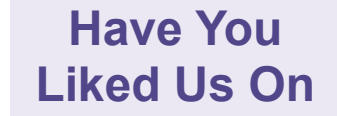


The Medical Alumni Association has a [YouTube channel!](#) Watch and share clips from Alumni Weekend, Founder's Day, Society Olympics, and more. Never miss a minute of what's happening at your alma mater!

SUBSCRIBE TO OUR YOUTUBE CHANNEL



Have You Liked Us On



Facebook Yet?

Like and follow us on Facebook to get up-to-the-minute event updates, alumni news, and campus highlights. Have a story or a photo to share? [Post it on our page!](#)

CLICK HERE FOR OUR FACEBOOK PAGE!



Ramsey. Medical Alumni Association Get-Together.

[RSVP for the Philadelphia Get-Together.](#)

- *Stay tuned for more information on our exciting fall events!*



Questions? We're here for you!

Call 312-503-8012 or email medalum@northwestern.edu

[Medical Alumni Association](#) | 420 East Superior Street, Rubloff 9th Floor | Chicago, IL 60611

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