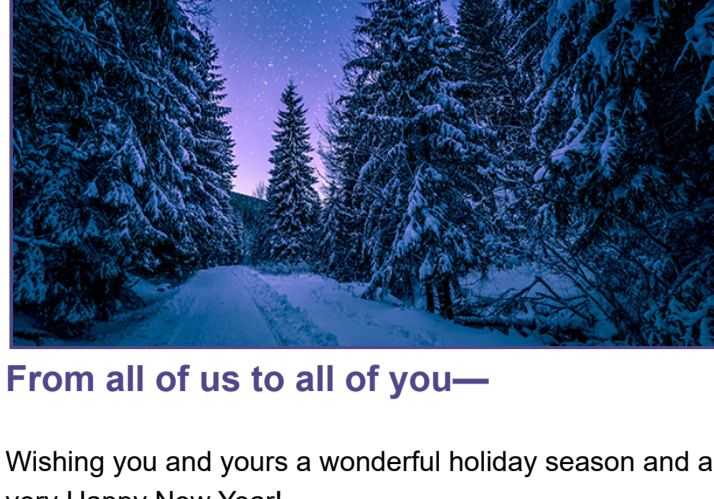


## Happy Holidays!



### From all of us to all of you—

Wishing you and yours a wonderful holiday season and a very Happy New Year!

**Your Medical Alumni Association and Alumni Relations Team**



## Alumni Weekend 2020: Celebrate in Chicago

Preparations for **Alumni Weekend 2020** are well under way! Join us back on campus **April 24—25** as we celebrate the classes of 1955, 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000, 2005, 2010, and 2015!

Registration for Alumni Weekend will officially open on **Thursday, January 2**. Be sure to take advantage of our early-bird registration discount! We have a fun-filled weekend planned with a wide selection of talks, forums, Chicago sightseeing opportunities, class dinners, an all-alumni celebration, and more! If you'd like a sneak peek of the weekend's events, please visit our Alumni Weekend [website](#).

Not your reunion year? Not a problem! This is an all-alumni weekend. All alumni, guests, and family members are welcome to attend.

If this is your reunion year, and you are interested in becoming more involved with your class committee, please let me know. Reunion weekend would not be possible without our incredible alumni volunteers.

Mark your calendars and come celebrate with us!



*Jillian Kurtz Brubaker*

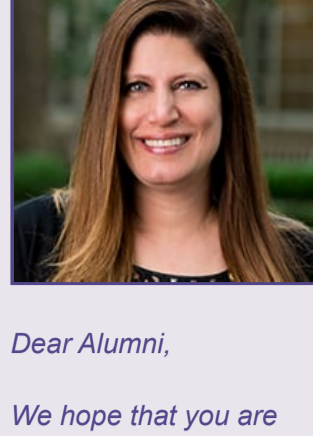
**Jillian Kurtz Brubaker**

Assistant Director, Alumni

Communication and Reunions

[jillian.brubaker@northwestern.edu](mailto:jillian.brubaker@northwestern.edu)

## From the Director's Desk:



Dear Alumni,

We hope that you are having a wonderful holiday season! We are looking forward to our winter activities and will be heading to Corona Del Mar, California, for an alumni networking event on January 23. We also will be holding our annual brunch in Naples, Florida, on February 5, at Quail West Country Club, featuring Dr. Phyllis Zee. See the "Upcoming Events" portion of this newsletter for more details on both of these events.

If you live in, or winter, in either of these areas, you will be receiving an invitation, but if you are new to the area or have a secondary address, please make sure you [update your information with us](#) so that we can be sure to include you.

Happy Holidays!

Thank you,

Babette

**Babette Henderson**

Director, Alumni Engagement

312-503-0855



## Diversity and Inclusion Winter Newsletter

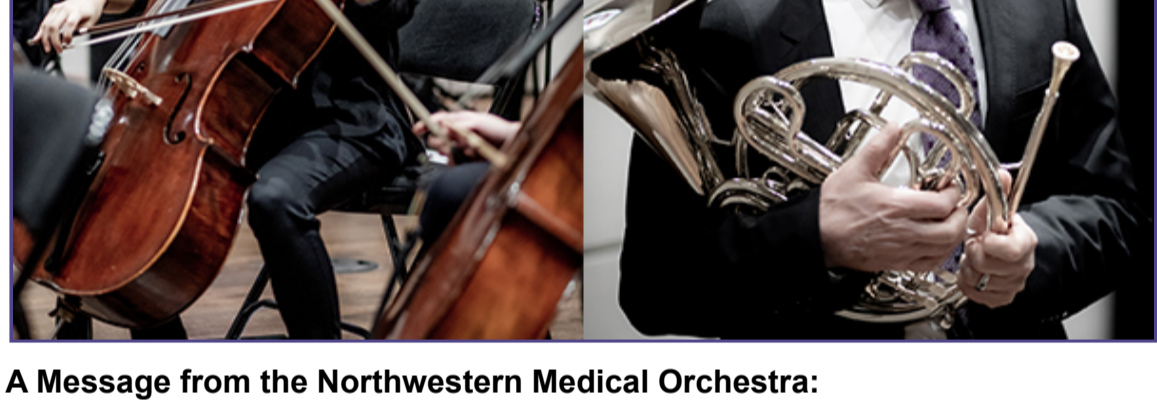


The Office of Diversity and Inclusion teamed up with the Northwestern McGaw Underrepresented Residents and Fellows Forum (NMRUFF) to hold a networking mentoring event for more than 100 faculty, medical students, and administrators on December 11.

We invite you to check out the winter newsletter from the medical school's Office of Diversity and Inclusion! Hear from our vice dean of Diversity and Inclusion and learn how Northwestern pipeline programs are inspiring the next generation of physicians and scientists.

[CHECK OUT THE LATEST ISSUE OF THE NEWSLETTER](#)

## Calling All Musicians to the NMO



### A Message from the Northwestern Medical Orchestra:

The [Northwestern Medical Orchestra](#) (NMO) is seeking musicians for its Spring 2020 Concert cycle! The Orchestra brings together members of the Northwestern Medical Community of all ages including alumni, medical students, housestaff, and current Northwestern Medicine physicians. We rehearse every Tuesday from 7–9 p.m. at the Shirley Ryan AbilityLab and are looking forward to making music together and performing concerts in April and/or May. Our past repertoire has included symphonies by Dvorak, overtures by Beethoven and an NM physician, film music by John Williams, and much more.

Please fill out the form below if you are interested in joining us.

[FILL OUT THE NMO INTEREST FORM](#)

## Celebrating 150 Years of Women in Medicine at Northwestern



### Did You Know?

**Mary Harris Thompson, MD**, was the first woman to earn her medical degree from the Chicago Medical College (Northwestern University). She was the founder of the Chicago Hospital for Women and Children, the first hospital staffed by female physicians and devoted to women's and children's health, and the Woman's Hospital Medical College, which filled the educational gap for hundreds of women who earned medical degrees. Thompson specialized in pelvic and abdominal surgery and invented a widely-used abdominal needle. She became a professor in 1870, and she was the first woman surgeon in Chicago and one of the most famous surgeons—male or female—in the country at that time.

## Congrats Are in Order!



**Laura A. Offutt, '94 MD**, was recently featured on CNN as part of Dr. Sanjay Gupta's special report, [Here's to Your Health](#), regarding teen health and the dangers of vaping. View the full report [here](#).

Dr. Offutt is the founder of the annual [International Adolescent Health Week](#) (IAHW). This upcoming year, IAHW will take place March 15–21, 2020. IAHW's goal is to "reach as many youth as possible around the world [in order] to improve the lives and health of adolescents all over the globe." Dr. Offutt is an international member in the Society for Adolescent Health and Medicine and the International Association of Adolescent Health. She also serves on the Board of Directors for the National Alliance to Advance Adolescent Health. Additionally, Dr. Offutt is the host of [Real Talk with Dr. Offutt](#), an interactive digital health resource for adolescents. For more information and to get involved with International Adolescent Health Week, visit the [IAHW website](#). Congratulations, Dr. Offutt!



**Joshua M. Hauser, MD, '07 GMEF**, and **Nora Osman Segar, MD, '16 GMEF, MPH**, were recently featured in the *Wall Street Journal* article "A Prescription of Poetry to Help Patients Speak Their Minds," featuring a recent study in which they, along with other Northwestern doctors, are studying the impact of poetry and the written word on patients in palliative care and on the physicians treating them. Drs. Hauser and Segar are both on faculty at Feinberg. Read the full article [here](#). Congratulations, Drs. Hauser and Segar!



**Melissa A. Simon, MD, '06 GMEF**, was appointed to the U.S. Preventive Services Task Force, an independent, volunteer panel of 16 experts in prevention and evidence-based medicine. Dr. Simon, an upcoming featured speaker at [Alumni Weekend 2020](#), is the founding director of the Center for Health Equity Transformation, vice chair for Clinical Research in the Department of Obstetrics and Gynecology, the George H. Gardner, MD, Professor of Clinical Gynecology, and professor of Obstetrics and Gynecology in the Division of General Obstetrics and Gynecology and of Preventive Medicine and Medical Social Sciences. Congratulations, Dr. Simon!

*Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?*

Post it on our [Facebook](#) page or email us at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

## Join Us for These Upcoming Events!



### Medical Alumni Association Get-Together | Corona Del Mar, California

Thursday, January 23, 2020 | 5:30–7:30 p.m.

Join your Medical Alumni Association for a gathering with alumni and friends on the West Coast!

*This evening is graciously hosted by medical school alumnus, **Dzuy Vu '94, '97 MD**, and his wife, **Anita Moniuszko, DPM**, in their home in Corona del Mar.*

RSVP TODAY

### Partnerships in LGBTQ+ Issues | Palm Springs, California

Saturday, January 25, 2020 | 1–4 p.m.

How do medical research and media reporting intersect for the benefit of the LGBTQ+ community? Join Professor Brian Mustanski, PhD, director of Northwestern's Institute for Sexual and Gender Minority Health and Wellbeing, and Professor Steven Thrasher, PhD, the Daniel H. Renberg Chair at the Medill School of Journalism, Media, Integrated Marketing Communications, for a discussion in Palm Springs and an inspiring update on the University's work at the forefront of the LGBTQ+ movement.

RSVP TODAY

### MAA Brunch: Sleeping Well and Staying in Rhythm for Successful Aging | Naples, Florida

Wednesday, February 5, 2020 | 11:00 a.m.–1:00 p.m.

Join us for a Medical Alumni Association Brunch in Naples hosted by Alan Krensky, MD, vice dean for Development and Alumni Relations, and **Phyllis Zee, MD, PhD, '87 GMER, '89 GMEF**, chief of Sleep Medicine in the Department of Neurology, the Benjamin and Virginia T. Boshes Professor of Neurology, and professor of Neurology (Sleep Medicine).

RSVP TODAY

### SAVE THE DATE: Medical Alumni Association Get-Together | Denver, Colorado

Thursday, February 13, 2020 | 5:00–7:00 p.m.

Save the date and join your Medical Alumni Association for a gathering with alumni and friends in Denver! This event is open to all medical alumni. We are pleased to welcome our physical therapy alumni who are attending the 2020 American Physical Therapy Association Combined Sections Meeting.

*Stay tuned for full details coming soon.*

