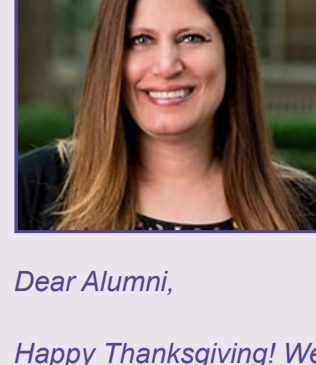




From the Director's Desk:



Dear Alumni,

Happy Thanksgiving! We hope that you have a wonderful Thanksgiving holiday. We are planning some great virtual programming for the new year, which we will feature in the December issue of the newsletter. We encourage and welcome you to share your recent accomplishments with us, so that we can feature them in an upcoming issue of the newsletter. As a reminder, our Medical Alumni Association (MAA) Newsletter is for ALL programs that fall within the MAA, which include MD, Dental, Physical Therapy, Physician Assistant, Residency, Fellowship, MPH, PhD, Nursing, Medical Scientist Training, and Prosthetics-Orthotics. We are so proud of all our alumni from these distinguished programs!

As always, please reach out with any questions.

Thank you,
Babette

Babette Henderson

Senior Director, Alumni Engagement
312-503-0855

We're Thankful for You!

In this season of gratitude, we want to thank and acknowledge you—**our incredible alumni**—for your service and generosity this past year. Your commitment to your alma mater and its students is both evident and critical, allowing us to collectively further our goals as an institution and offer a greater level of service to our students. Because of you, we are able to achieve more each year. Whether you volunteered your time, made a gift, mentored a student, or participated in an MAA event—we thank and appreciate you.

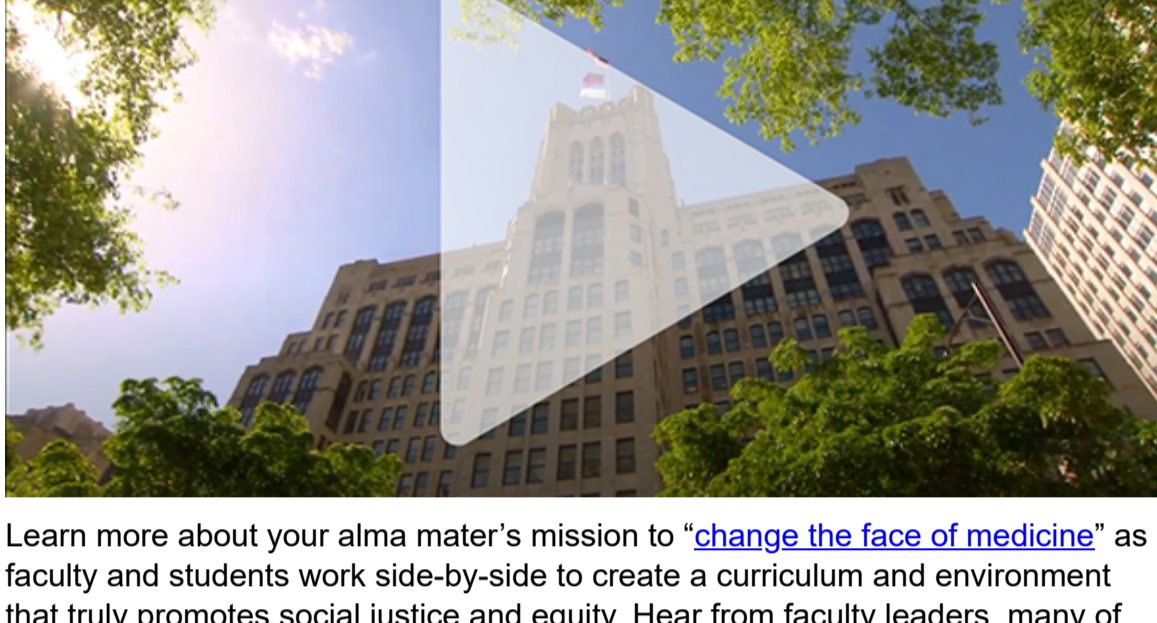
In FY20:

- 316 alumni registered for our HOST Program
- 129 alumni volunteered for our Virtual Heart-to-Hearts program
- 13 alumni participated in our Alumni Physicians of Feinberg series
- 9 alumni hosted a "Dinner with a Doc"
- Alumni participated in 107 student mentoring events
- 159 alumni gave advice to graduating M4s
- 123 alumni purchased white coats for the incoming medical students
- 1,074 alumni participated in 15 alumni engagement events and 2 virtual events
- Alumni across the country joined us (pre-COVID) for events in 7 cities and 5 states
- 1,968 alumni made a gift to the medical school
- 219 alumni made a gift to the medical school for the first time
- 326 alumni made a gift to the medical school in honor of their reunion
- 16,778 alumni subscribed to the MAA Newsletter
- 966 alumni followed the MAA Facebook Page

We're grateful for your incredible support this past year!

Thank you!

Changing the Face of Medicine



Learn more about your alma mater's mission to "[change the face of medicine](#)" as faculty and students work side-by-side to create a curriculum and environment that truly promotes social justice and equity. Hear from faculty leaders, many of whom are alumni themselves, as they share more on the medical school's intentional approach to these issues.

For more information, visit Feinberg's [Diversity and Inclusion](#) website.

VIEW "CHANGING THE FACE OF MEDICINE"

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Lake Shore Drive"



We're thrilled to share with you the newest installment of the MAA digital series from our favorite historian, alumnus **Joseph Gugenheim, '72 MD!**

In this episode, Dr. Gugenheim explores the rich and vibrant history of Chicago's famed Lake Shore Drive, as well as its evolution and landmarks. Fans of his Alumni Weekend Walking Tours will even recognize a few of the sites along the way...

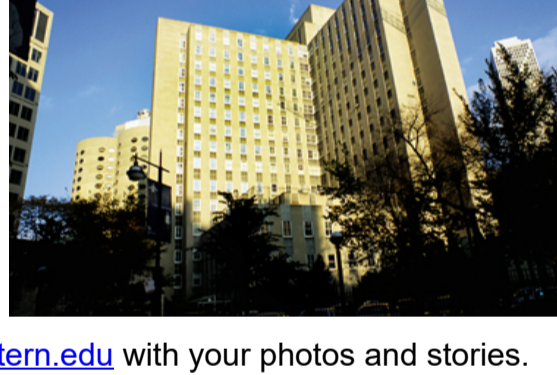
Cruise along with Dr. Gugenheim as he presents "[Lake Shore Drive.](#)"

Thank you, Dr. Gugenheim!

VIEW "LAKE SHORE DRIVE"

Calling All Alumni: Training at the VA

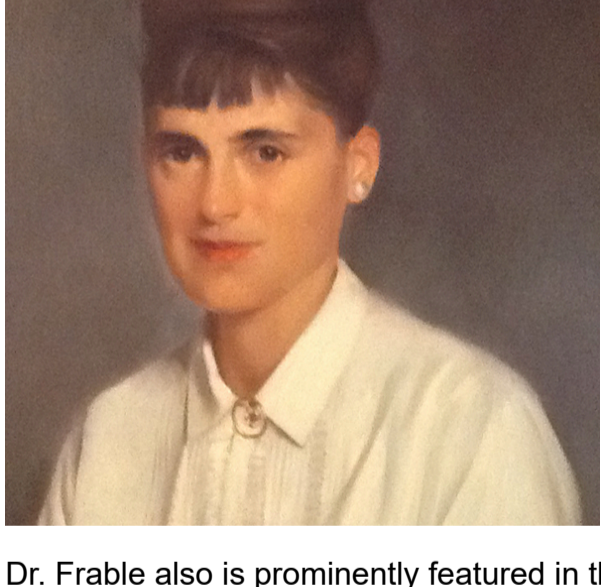
Did you spend time working at the Lakeside VA or the Jesse Brown VA Medical Center? Do you have photos or remembrances to share? We want to hear from you! The coming new year marks the 75th anniversary of medical school affiliations with VA hospitals, and Northwestern was the first to foster this relationship.



Please contact us at medalum@northwestern.edu with your photos and stories.

An Enduring Legacy

Mary Ann Smith Frable, '59 MD, '64 GMER



Our dear friend, **Mary Ann Smith Frable, '59 MD, '64 GMER**, was posthumously featured in the film "*Four Days in Boston: A History of the AAO-HNS Section for Women in Otolaryngology (WIO).*" Produced by the WIO Section of the American Academy of Otolaryngology (AA)–Head and Neck Surgery, the film made its premiere on October 3. This documentary honors Dr. Frable and the other trailblazing women pioneers in field of otolaryngology. The Academy has generously made the film [available to view](#) in its entirety.

Dr. Frable also is prominently featured in the Academy's [virtual historic timeline](#) which highlights and celebrates the significant impact women have made in otolaryngology.

Dr. Frable was a proud and distinguished medical school alumna, whose visionary leadership was instrumental in supporting and promoting merit-based medical school scholarship funds at Northwestern.

Read more about her remarkable life and impact [here](#). Though Dr. Frable passed away on January 11, her legacy lives on and serves as an inspiration to all those following in her footsteps.

VIEW "FOUR DAYS IN BOSTON" FILM

VIEW THE AAO's VIRTUAL TIMELINE

George L. Royer, Jr., '62 MD

In 1979, **George L. Royer, Jr., '62 MD**, along with his wife, Carole, started Special Days Camps, the second-longest running camp in the world for children and their families living with cancer. Today, the Michigan-run camp is over 40 years old and has touched thousands of lives, serving more than 300 campers each year. Though most of the children who attend are from Michigan, some, as well as a significant number of their staff, are from the Chicago area. The Royers were actively involved with the camp, attending every year until their passing in 2019. The Royer family shared that several healthcare professional careers have been born from the experience of camp. Dr. and Mrs. Royer's daughters are carrying on the legacy of Special Days Camps, which was forced to move to a virtual format this year in light of the pandemic. As daughter Lynne Royer-Willoughby shared, "This has been a year of challenges but also of growth. We remain committed to bring camp to our families, even when we can't join together in person." The legacy of Dr. and Mrs. Royer will certainly live on through the important work of their camp.



For more information about Special Days Camps, visit their [website](#).

Spotlight On...Our Nursing Alumni

In this feature, we highlight the biography of one of our incredible nursing alumni. We are grateful for the opportunity to shine a light on the tremendous professional and personal accomplishments of our alumni and applaud their tremendous achievements as they reflect on their lives and careers.

If you would like to share a recent accomplishment or career reflection, please contact us at medalum@northwestern.edu.

This month, we are pleased to feature **Dianne (Dee-Dee) Patrick '87**, who shared with us the following letter:

"I am a 1987 graduate of Northwestern's Nursing Program. After earning my BSN, I enrolled directly into Rush University's MS Program and received a master's in Psychiatric/Mental Health Nursing in 1988.

I returned to Northwestern in 1993 as a clinical nurse manager in Inpatient Psychiatry and worked in that position for seven years. After that, I continued at NMH in a part-time position which focused on departmental policies and procedures, accreditation visits, and medical record review for patient complaints filed through the Guardianship and Advocacy Commission.

While at Northwestern, I was president of our state of Illinois Chapter of the Psychiatric Nurses Association and also president of the Peer Assistance Program for Nurses of the Illinois Nurses' Association.

In a consulting firm I founded, I served as an expert witness representing both the defense and plaintiffs in numerous cases pertaining to the standards of nursing care in inpatient psychiatric units and psychiatric patients evaluated or treated in other settings. During this time, I taught clinical nursing on inpatient psychiatric units to students in Rush's College of Nursing.

I retired from nursing in 2004, and my involvement now includes several volunteer positions that remain healthcare-related. I served on a state of Arizona board for Colorectal Cancer and am currently president of a retired nurses' group in the community in which I reside 6 months out of the year in Goodyear, Arizona. I also am the director of our community's Health & Wellness program, which involves organizing and overseeing annual distribution of influenza vaccines, blood collection drives, CPR/AED training, and a large Health & Wellness Fair with over 70 vendor participants.

Guess you can never take the RN out of the nurse!"

—Dianne (Dee-Dee) Patrick, MS, RN

Thank you to Dee-Dee Patrick for sharing this wonderful reflection!

Tips for Staying Safe and Connected This Holiday Season



VIEW OUR HOLIDAY TIPS

We've gathered together some helpful holiday tips, courtesy of Northwestern Medicine and Charles D. Dillon, MD, clinical assistant professor of Medicine (General Internal Medicine and Geriatrics) at Feinberg, to help you stay safe and connected this holiday season!

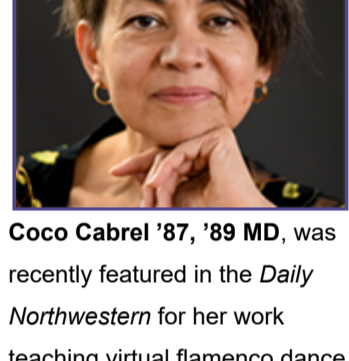
Head over to our "[Holiday Tips](#)" Kudoboard for ideas on how to make this unique holiday season extra special and memorable for you and your loved ones.

Congrats Are in Order!

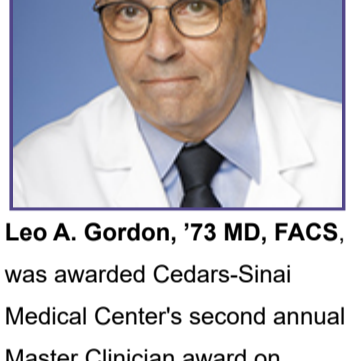


(Pictured) MD Class of 1973 at their 45th Reunion in 2018

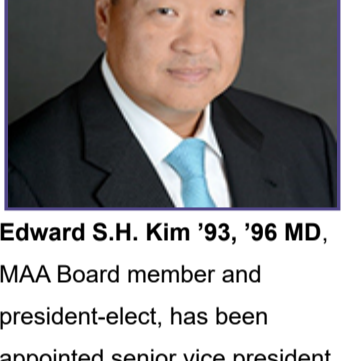
Congratulations to the MD Class of 1973 who recently endowed their class scholarship! Your class legacy has been established and will live on forever through your class scholars. Thank you for your generous support of our medical students. Look for more information about your new scholar coming soon!



Coco Cabrel '87, '89 MD, was recently featured in the *Daily Northwestern* for her work teaching virtual flamenco dance classes and guided meditation to boost mental health during the pandemic and for offering these resources to help students reduce their stress levels during the quarantine. As Dr. Cabrel shared, "In the alone times, when there is nobody to talk to, students can listen to a guided meditation and find solace from that. You can feel good, feel peace, and feel uplifted enough to keep going." Read the full article [here](#). Congratulations, Dr. Cabrel!



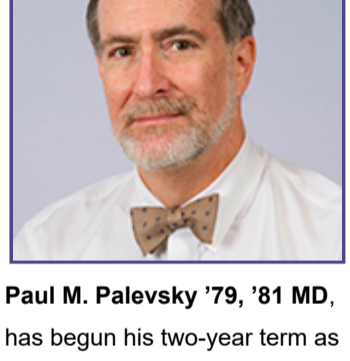
Leo A. Gordon, '73 MD, FACS, was awarded Cedars-Sinai Medical Center's second annual Master Clinician award on November 2. Dr. Gordon is professor of Surgery at the Cedars-Sinai in Los Angeles, California, and senior consultant in Clinical Surgery at the Surgery Group of Los Angeles, a surgical multispecialty group. He is the prior recipient of Cedars-Sinai's Medical Chief of Staff Award, a recognition of safe, quality patient care, and the Golden Apple Award for excellence in clinical teaching. Congratulations, Dr. Gordon!



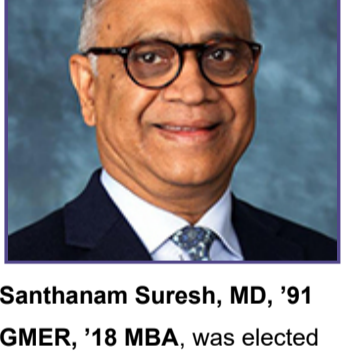
Edward S.H. Kim '93, '96 MD, MAA Board member and president-elect, has been appointed senior vice president and physician-in-chief for City of Hope Orange County. Dr. Kim also will serve as vice physician-in-chief for the City of Hope National Medical Center. He previously served as chair of Solid Tumor Oncology and Investigational Therapeutics, the Donald S. Kim Distinguished Chair for Cancer Research, medical director of the Clinical Trials Office at the Levine Cancer Institute, Atrium Health in Charlotte, North Carolina, and professor of medicine at the University of North Carolina, Chapel Hill. Congratulations, Dr. Kim!



Francis S. Nuthalapaty '94, '98 MD, was appointed program director for the planned Obstetrics and Gynecology residency program at Northeast Georgia Medical Center's Graduate Medical Education program. Dr. Nuthalapaty is a recognized expert in medical education, curriculum development, program management, and mentoring of both faculty and residents. He also will continue to practice while serving as program director. Congratulations, Dr. Nuthalapaty!



Paul M. Palevsky '79, '81 MD, has begun his two-year term as president of the National Kidney Foundation Board of Directors. Dr. Palevsky is internationally recognized as an expert in acute kidney injury and critical care nephrology. He is a member of the National Kidney Foundation's Scientific Advisory Board, professor of Medicine and Clinical and Translational Science in the Renal-Electrolyte Division at the University of Pittsburgh School of Medicine, and chief of the Kidney Medicine Renal Section at the VA Pittsburgh Healthcare System. Congratulations, Dr. Palevsky!



Santhanam Suresh, MD, '91 GMER, '18 MBA, was elected board president of the American Board of Anesthesiology. Dr. Suresh is the Arthur C. King Professor in Anesthesiology, a professor of Pediatrics at Feinberg, and chair of Pediatric Anesthesiology at the Ann & Robert H. Lurie Children's Hospital of Chicago. Read more about Dr. Suresh in the [Feinberg News Center](#). Congratulations, Dr. Suresh!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?
Post it on our [Facebook](#) page or email us at medalum@northwestern.edu.

Join Us Online!



Podcast | Can Exercise Slow Parkinson's Disease Progression?

Available Now

In this episode of Feinberg's [Breakthroughs](#) podcast, Daniel Corcos, PhD, professor of Physical Therapy and Human Movement Sciences, shares his goals for the \$30 million, phase 3 clinical trial that he is leading at Northwestern, which aims to investigate whether exercise can slow Parkinson's disease progression.

The trial will test if high-intensity treadmill exercise is more effective in decreasing the signs of Parkinson's disease in individuals who have not initiated medication for Parkinson's. This is the first time high-intensity endurance exercise is being studied across a large number of sites in both the U.S. and Canada and in a diverse population.

Listen to [Dr. Corcos's podcast](#) today and read more about this groundbreaking research in [Northwestern Now](#).

Feinberg School of Medicine podcasts are available on: [iTunes](#), [SoundCloud](#), [Spotify](#), and [Stitcher](#).

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