



Happy Halloween, Alumni!

At long last, it's time once again for our spooktacular special Halloween edition of the MAA Newsletter! It's a bloody good issue filled with frightfully fun Northwestern news, mentoring opportunities, and more. You'll scream when you see all the neat things that your Medical Alumni Association has been up to. Read on to see what treats this month's newsletter has in store.

Wishing everyone a safe and fun Halloween!

An Enchanting History

\$ 174.0 MILLION FY19 AWARDS	1,043 REGULAR FACULTY	155 FULL PROFESSORS
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WOMEN IN MEDICINE

NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE

52% MD ENTERING CLASS	50% INCOMING RESIDENTS	50% OF ALL WOMEN FACULTY IN PI OR CO-I ROLES
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855 GRADUATE, PHD & MASTERS STUDENTS	92 SENIOR LEADERSHIP ROLES	379 LEADING CLINICAL TRIALS OR CLINICAL RESEARCH	38 ENDOWED CHAIRS
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At Northwestern University Feinberg School of Medicine, we have a proud **150 year history** of Women in Medicine. In honor of this milestone, we are launching a year-long celebration in honor of our alumnae. Look for stories, trivia, special women in medicine events, ways to honor those who have made an impact in your life or the field of medicine, and opportunities to get involved. Have stories to share? Please send them to us at medalum@northwestern.edu.

The Women in Medicine (WIM) subcommittee of our MAA board is devoted to highlighting the incredible work being done by our alumnae here at Feinberg and all over the world, while also providing numerous networking and mentoring opportunities for women working in the field of medicine to come together to share their experiences. Join our [WIM Facebook group](#) and grow our network of Northwestern medical alumnae. Share your insights, gain career guidance, form relationships with prospective mentors and mentees, support your women physician colleagues, and engage in a growing movement.

Stay tuned for more to come!

It'll Be a Scream: Join HOST Today!



Pictured: Patricia "Oby" Ekwueme, M4

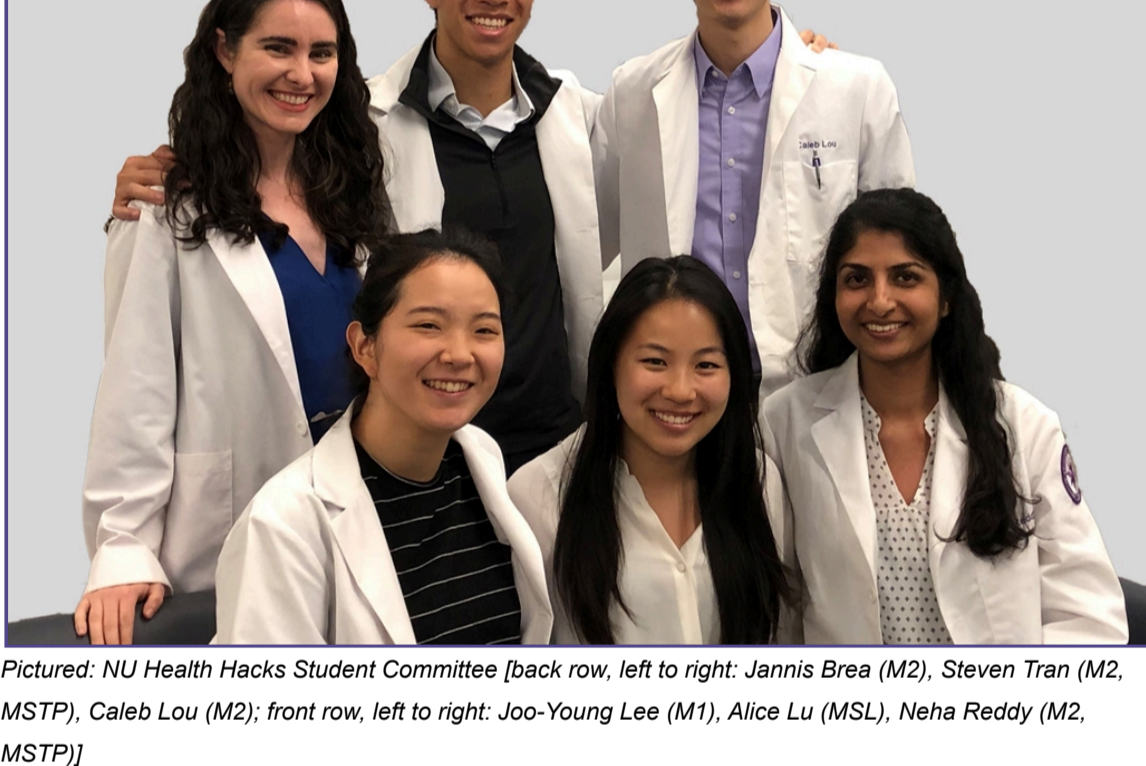
Our [HOST program](#) (Help Our Students Travel) is in full-swing.

It's not too late to support 4th-year MD students like Oby (*pictured above*) as they travel for their residency interviews.

It's a great way to support our Class of 2020, and if you match with a student, they will bring you a special gift from your Alumni Relations team.

[Join HOST today!](#)

NU Health Hacks Put a Spell on Us!



Pictured: NU Health Hacks Student Committee [back row, left to right: Jannis Brea (M2), Steven Tran (M2, MSTP), Caleb Lou (M2); front row, left to right: Joo-Young Lee (M1), Alice Lu (MSL), Neha Reddy (M2, MSTP)]

Northwestern's first interdisciplinary healthcare hackathon, NU Health Hacks, invites innovators from all disciplines, skill levels, and backgrounds to explore and solve challenges in healthcare. Over a two-day period, participants will form interdisciplinary teams around a specific challenge and brainstorm solutions with resources and mentorship from community experts. The best solutions will be awarded cash prizes to implement their idea.

The event will take place **November 1—2, 2019** on the **Chicago Campus** and is open to all members of the Northwestern community.

The group is seeking day-of hackathon mentors, judges, and support from alumni. "We need mentors who are comfortable teaching and guiding students of all different backgrounds and skill levels. We are looking for experts in design thinking, problem solving, innovation and entrepreneurship, healthcare quality improvement, and operations. We'd especially value mentors who have experience working with student volunteers or community clinics. If this sounds like your area of expertise, we would love to work with you!"

The group can be reached at NUHealthHacks@gmail.com.

Scared You Missed It? Reunion Honor Roll is LIVE!

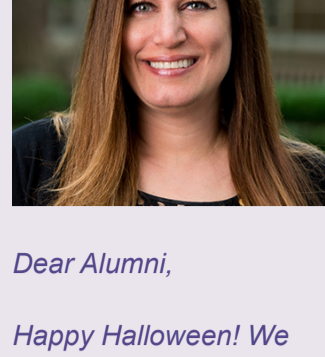


Did you celebrate your reunion in 2019? The [2019 Reunion Giving Honor Roll](#) is LIVE. Thank you for your generosity during your reunion year! We are grateful to all of our alumni who gave back to the medical school in honor of their reunion. [Find your name](#) listed on our Honor Roll.

Is your name missing in error? Please contact us at medalum@northwestern.edu.

FIND YOUR NAME ON THE HONOR ROLL

Devilish Details from the Director's Desk:



Dear Alumni,

*Happy Halloween! We hope that you're having a great fall season. This year, we are celebrating 150 years of women at Northwestern and celebrating their tremendous accomplishments in the field of medicine. Look for special events, stories, ways to honor those who have made an impact, and opportunities to get involved. Additionally, we hope that you will join us in New York City for the Women's Health in the 21st Century event on November 14 (hosted by the Women's Initiative of Northwestern in partnership with Feinberg), and also in Chicago on November 19, for Northwestern Faculty Live, featuring **Melissa Simon, MD, '06 GMEF**. See the "Upcoming Events" portion of this newsletter for more information.*

Have a safe and happy Halloween!

Thank you,
Babette

Babette Henderson
Director, Alumni Engagement
312-503-0855



Thrilling Achievements!



Carla R. Hightower '85, '87 MD, '91 GMER, '02 MBA, former MAA Board member, was a recipient of the 2019 Service to Northwestern Award.

Dr. Hightower is active in numerous Northwestern organizations, including the Council of One Hundred, Northwestern University Black Alumni Association, and Kellogg Executive Women's Network. She also has served on the Northwestern Alumni Association Board, Ward Rounds Editorial Board, and Education Advisory Forum. A certified integrative health coach and corporate wellness consultant, Dr. Hightower earned her BS and MD through the Feinberg School of Medicine Honors Program in Medical Education. She completed her anesthesiology residency at Northwestern Memorial Hospital and holds an MBA from the Kellogg School of Management.



Congratulations, Dr. Hightower!



Michael S. Beaubaire, '95 MD, '98 GMER, was appointed to the board of directors of Applied BioSciences, a company focused on developing science-driven biopharmaceuticals and producing products targeting the endocannabinoid system. Most recently, Dr. Beaubaire served as CEO at Immunomodulation. Congratulations, Dr. Beaubaire!



Jeffrey Ryan Cara, DO, '17 GMER, has been appointed director of Spine and Wellness Centers of America's new Palm Beach Gardens-based institute. Dr. Cara is an interventional pain management physician and physiatrist. Congratulations, Dr. Cara!



Jeffrey Sherman, MD, '84 GMER, '85 GMER, MAA Board member, is chief medical officer of Horizon Therapeutics, which was recently recognized in *Crain's Chicago Business* "Most Innovative Companies" list for 2019. Horizon Therapeutics is a company engaged in researching and developing medicines that address metabolic diseases. Congratulations, Dr. Sherman!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?
Post it on our [Facebook](#) page or email us at medalum@northwestern.edu.

It Will Haunt You If You Miss These Upcoming Events!



Women's Health in the 21st Century | New York, New York

Thursday, November 14, 2019 | 6:30 – 8:30 p.m.

The Women's Initiative of Northwestern and the Feinberg School of Medicine invite you to Women's Health in the 21st Century, a unique panel discussion on women's health across the lifespan. Hear from experts in genetics, mental health, and cardiology on ways to lead a healthier lifestyle, strides taking place in research and technology, and the most pressing issues surrounding women's health today.

[RSVP TODAY](#)

Northwestern Faculty Live—Architecture and Design Matter to Health: Lifting Health for All | Chicago, Illinois

Tuesday, November 19, 2019 | 5:30 – 7:30 p.m.

The Northwestern Alumni Association invites you to a night of conversations and learning with **Melissa Simon, MD, '06 GMEF**. Ensuring health for all is a tall order, especially in the face of our evolving demography and healthcare system. Lifting health for every person and population is fundamentally based on how healthcare delivery and other structures related to health are created and designed. At this event, Dr. Simon will discuss her lifelong work championing health equity across Chicago. This event is held in conjunction with the 150th anniversary of women at Northwestern.

[REGISTER TODAY](#)

Save the Date: MAA Brunch: Naples, Florida

Wednesday, February 5, 2020 | 11:00 a.m. – 1:00 p.m.

Save the Date for a Medical Alumni Association Brunch in Naples hosted by Alan Krensky, MD, Vice Dean for Development and Alumni Relations, and **Phyllis Zee, MD, PhD, '87 GMER, '89 GMEF**, chief of Sleep Medicine in the Department of Neurology, Benjamin and Virginia T. Boshes Professor of Neurology, professor of Neurology (Sleep Medicine).

Full details coming in December!