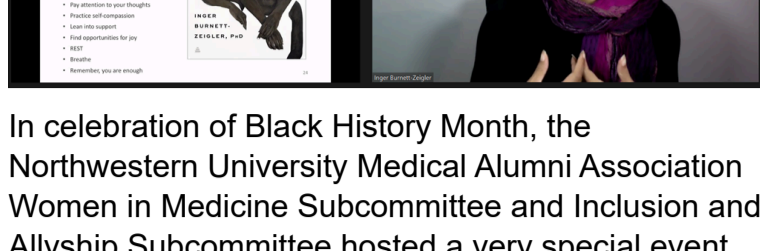


Celebrating Black History Month

The Emotional Lives of Black Women

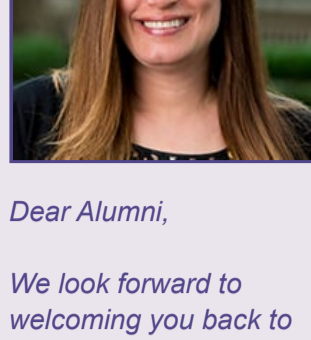


In celebration of Black History Month, the Northwestern University Medical Alumni Association Women in Medicine Subcommittee and Inclusion and Allyship Subcommittee hosted a very special event on February 17, *The Emotional Lives of Black Women*, with associate professor of Psychiatry and Behavioral Sciences, **Inger E. Burnett-Zeigler, '09 PhD**. This event was moderated by MAA Board member **Sabrina Kendrick '86, MD, '95 GMEF**. In this presentation, Dr. Burnett-Zeigler discussed themes from her book [Nobody Knows the Trouble I've Seen: The Emotional Lives of Black Women](#).

She examined how Black women's strength is intimately tied to their unacknowledged suffering and explored how trauma and adversity have led to deep emotional pain and shaped how they walk through the world.

Thank you to all who attended! For more information on this topic or any of our events, please contact us at medalumevents@northwestern.edu.

From the Director's Desk:



Dear Alumni,

We look forward to welcoming you back to campus for our Alumni Weekend which will cover 39 reunion classes from the 2020, 2021, and 2022 reunion cycles. As we send this newsletter, we are only **64 days** away from Alumni Weekend. Please register by **February 28** to take advantage of significant savings with early bird pricing! Activities include our All-Alumni Reception and Dinner, Pancakes and Perspectives Breakfast, a wide variety of CME-credit forums, tours of campus, and, of course, class dinners on Saturday evening. Please let me know if you have any questions, and we look forward to seeing you in the spring!

Thank you,
Babette

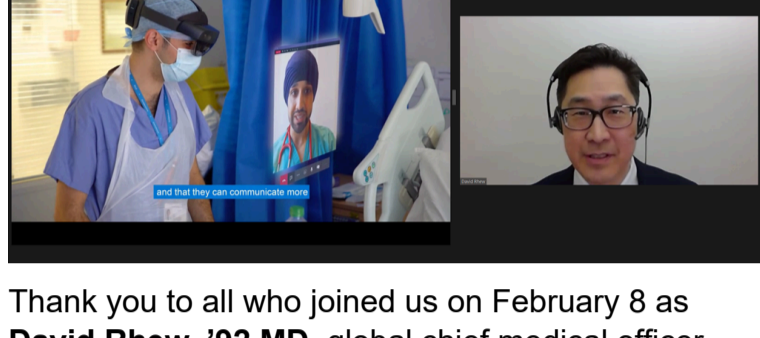
Babette Henderson '21 KSM

Senior Director, Alumni Engagement

312-503-0855

LIKE & FOLLOW US ON FACEBOOK

Major Trends and Opportunities in Digital Health



Thank you to all who joined us on February 8 as **David Rhew, '92 MD**, global chief medical officer and vice president of Healthcare for Microsoft, gave a fantastic presentation for alumni and students highlighting major trends in digital health and provided examples of how artificial intelligence can be applied to transforming virtual care. He also described some of the limitations and opportunities of remote patient monitoring in healthcare today. The presentation was followed by a Q&A with moderator David M. Liebovitz, MD, internal medicine physician and co-director of the [Center for Medical Education in Data Science and Digital Health](#) within the Institute for Augmented Intelligence in Medicine at Northwestern University Feinberg School of Medicine.

For more information on this topic or on the Center for Medical Education in Data Science and Digital Health, please contact us at medalum@northwestern.edu.

Alumni Weekend 2022 Registration Info

Early Bird Discounts End Monday, February 28, at 11:59 p.m. CST



Have you signed up for [Alumni Weekend](#) (April 29–30) yet? Don't miss your chance to save! Early bird registration discounts run through **11:59 p.m. CST on Monday, February 28**.

Join the hundreds of medical alumni and guests who have already signed up and [register today](#).

This year, we welcome our 2022 reunion classes, as well as our 2021 and 2020 reunion classes for their postponed celebrations—all classes whose graduation years end in **0, 1, 2, 5, 6, or 7**.

Not your reunion year? Not a problem! We have so many fun activities planned—our inaugural Half Century Club dinner, campus tours, Chicago sightseeing opportunities, a host of CME offerings, our Women in Medicine Tea, and more!

Don't forget to sign up for our all-alumni "Celebrate in Chicago" party on Friday night to enjoy a delicious dinner catered by Gibsons Steakhouse, dancing, and a photo booth so that you can capture all those Alumni Weekend memories. We hope that you will join us for this very special kickoff celebration, featuring a special salute to our reunion classes.

Also, remember to like and follow us on [Facebook](#) in order to see the fun Throwback Thursday (#tbt) photos that we'll be posting starting next month.

Visit our website to [register today](#) and come celebrate with us!

VISIT OUR WEBSITE TO REGISTER TODAY

COVID-19 Safety Notice: Please note that only fully vaccinated individuals are permitted to attend Alumni Weekend 2022. Proof of full vaccination is required to attend ANY event. Visit our Alumni Weekend [website](#) for more details.

WIM Virtual Yoga

Promoting Self-Compassion and Finding Balance



This winter, the MAA Board Women in Medicine (WIM) Subcommittee was pleased to once again host virtual Vinyasa yoga classes for women in medicine on February 9 and 23. Yogis both seasoned and new joined WIM member and certified RYT-200 yoga teacher, **Anjali Gupta '91, '94 MD, '96 GMEF**, for these early morning sessions.

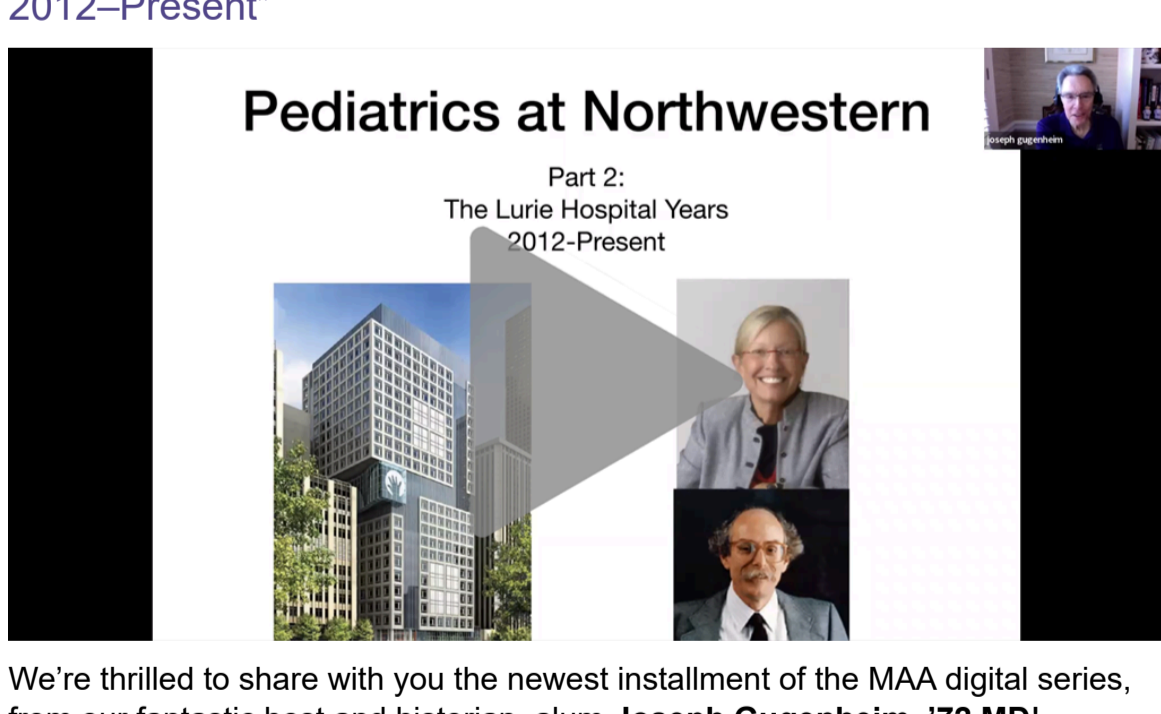


Anjali Gupta '91, '94 MD, '96 GMEF

Join us in March as the series continues. See the "Upcoming Events" portion of this newsletter for more information on how to register. To stay connected with fellow women in medicine and learn more about other upcoming WIM events, join our [WIM Facebook group](#) and follow our [WIM Instagram page](#).

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Pediatrics at Northwestern, Part 2: The Lurie Hospital Years, 2012–Present"



We're thrilled to share with you the newest installment of the MAA digital series, from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**!

Join Dr. Gugenheim for the terrific conclusion to his two-part series on Pediatrics at Northwestern. In this month's presentation, he explores the origins and design of the Ann & Robert H. Lurie Children's Hospital of Chicago and the incredible impact that this state-of-the-art facility has had on children's care since its opening in 2012.

Dr. Gugenheim presents "[Pediatrics at Northwestern, Part 2: The Lurie Hospital Years, 2012–Present](#)."

Thank you, Dr. Gugenheim!

VIEW "PEDIATRICS AT NORTHWESTERN, PART 2: THE LURIE HOSPITAL YEARS, 2012–PRESENT"

COMING SOON:

In March, get ready to play ball as Dr. Gugenheim delves into the history of the heavy hitters behind Chicago's legendary baseball teams. Gear up for Opening Day and tune in next month for "Wrigley and Comiskey: Chicago's Baseball Magnates."

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

Remembering Jeremiah Stamler, MD



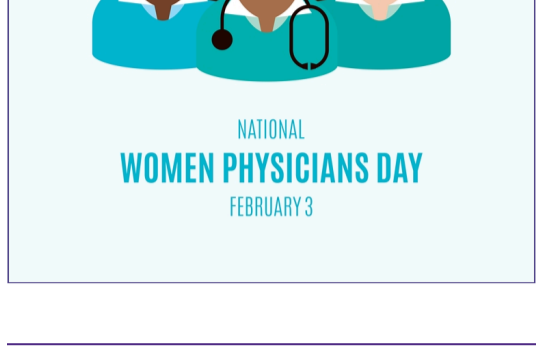
The founder of the department of preventive medicine at Northwestern University is sometimes referred to as the "Father of Preventive Cardiology."

We remember founding chair and professor emeritus of Preventive Medicine, Jeremiah Stamler, MD, who passed away on January 26. Dr. Stamler was 102 years old. Known as the father of preventive cardiology, Dr. Stamler helped transform the understanding of diet and cardiovascular health, discovering novel pathways to treat hypertension and defining innovative strategies for lifelong health. Read more about his life and career in the [Feinberg News Center](#).

On August 11, 2021, we were pleased to host a special webinar honoring the work of Dr. Stamler, *That Was Then, This Is Now: The Evolution of Preventive Cardiology*, moderated by Donald M. Lloyd-Jones, MD, ScM, FACC, FAHA, and featuring Sadiya S. Khan '05, MSc, '09 MD, '12 GMER, '16 GMEF, and Neil J. Stone '66, '68 MD, '74 GMER, '75 GMEF. This and many of our virtual presentations are now available via our digital archive. If you missed this presentation or would simply like to revisit the conversation, we invite you to explore the new [virtual event recording archive](#) on our website.

VIEW OUR VIRTUAL EVENT RECORDING ARCHIVE

National Women Physicians Day



February 3 is National Women Physicians Day. We were thrilled to have the opportunity to celebrate our incredible physician alumnae this month!

Thank you for your dedication, sacrifice, and commitment to advancing human health and wellness. 📞📧

2022 Alumni Engagement Brochure

Stay Connected With Your Medical Alumni Association



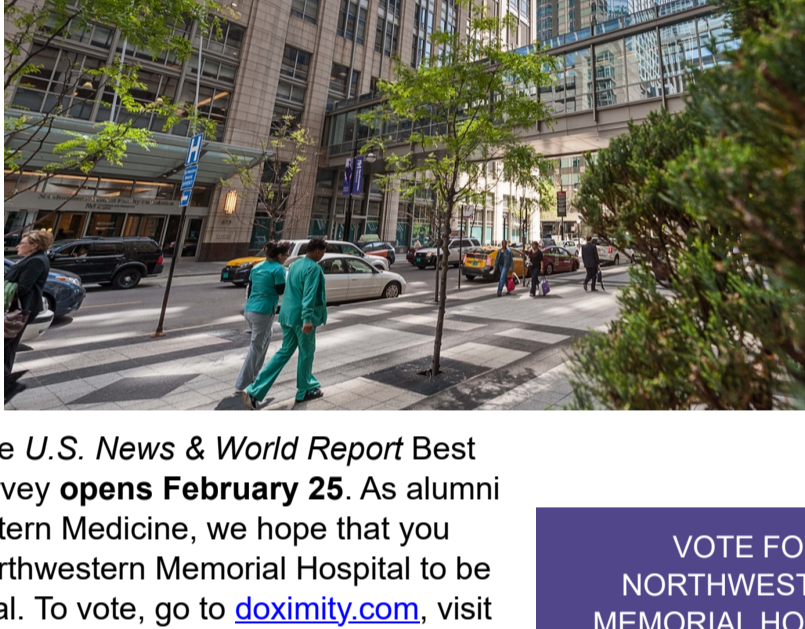
In this year's [four-page brochure](#), you'll find information on the diverse array of alumni programming and events offered by your Medical Alumni Association.

These resources provide opportunities to engage with your fellow alumni and share your insight and experience with our current medical students.

We hope that you'll take a minute to read more about how you can stay connected with your alma mater.

VIEW OUR 2022 ALUMNI ENGAGEMENT BROCHURE

Vote: Northwestern Memorial Hospital



Voting for the *U.S. News & World Report* Best Hospital Survey opens **February 25**. As alumni of Northwestern Medicine, we hope that you consider Northwestern Memorial Hospital to be a top hospital. To vote, go to [doximity.com](#), visit your profile page, and click the VOTE button.

VOTE FOR NORTHWESTERN MEMORIAL HOSPITAL

Thank you for your support!

A Day in the Life



Wondering how medical school has changed since you were on campus? Follow M2 James Guo as he shares an inside look at a typical day at Feinberg.

Follow James throughout the day (and to his Anatomy Lab class) to learn more about what he's doing during this phase of medical school via our interactive [timeline and videos](#).

VIEW A DAY IN THE LIFE OF JAMES GUO

MS in Reproductive Science and Medicine



The [Master of Science in Reproductive Science and Medicine \(MS-RSM\)](#) is a full-time, terminal Master of Science degree focusing on human reproductive biology and medicine. The program offers reproductive science coursework, including a hands-on laboratory course, as well as professional development. The program also includes mentored research with Northwestern University faculty. Students will be part of a vibrant community of reproductive scientists through the [Center for Reproductive Science](#).

Application Deadline March 31, 2022

Rolling Admissions

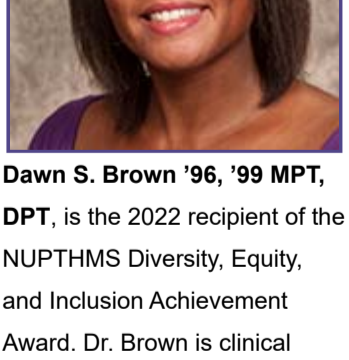
Email crs@northwestern.edu for more information, or sign up for one of our [info sessions](#) and meet with leadership and current students in the program.

Congrats Are in Order!

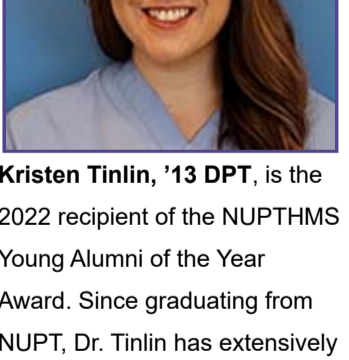
2022 Northwestern University Physical Therapy and Human Movement Sciences (NUPTHMS) Alumni Award Winners



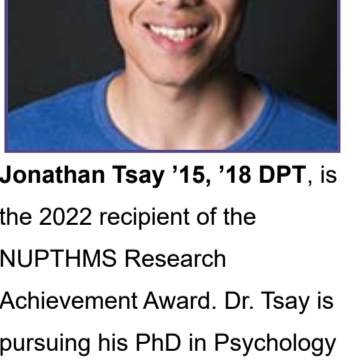
Jennifer Gilbertson '87, MHS, DPT, is the 2022 recipient of the NUPTHMS Alumni of the Year Award. Since graduating from NUPT, Dr. Gilbertson has continued her education, culminating in receiving her DPT and orthopedic clinical specialty certification. She has served as the assistant director of Outpatient Therapy services at UChicago Medical Center, improving the interdisciplinary relationship of healthcare professionals and fostering a supportive, respectful, compassionate, and empathetic team environment. Congratulations, Dr. Gilbertson!



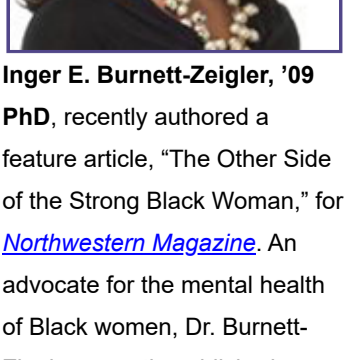
Dawn S. Brown '96, '99 MPT, DPT, is the 2022 recipient of the NUPTHMS Diversity, Equity, and Inclusion Achievement Award. Dr. Brown is clinical assistant professor and director of Clinical Education in the Northern Illinois University Doctor of Physical Therapy Program. With over 21 years of clinical and educational experience, she is currently completing her dissertation in the Doctor of Education Program in Higher Education Administration at Northern Illinois University. Dr. Brown earned board-certification in orthopaedic physical therapy from the American Board of Physical Therapy Specialists and uses this content expertise in her teaching and clinical practice. Congratulations, Dr. Brown!



Kristen Tinlin '13 DPT, is the 2022 recipient of the NUPTHMS Young Alumni of the Year Award. Since graduating from NUPT, Dr. Tinlin has extensively worked with and educated nursing and therapy staff in critical care, treating patients who are severely burned in central Indiana. She has worked with Harry Dyer and The Harry Dyer Burn Center in Kenya to increase access to patient care in Africa which has significantly improved patient mortality and recoveries for improved quality of life. Dr. Tinlin earned her lymphedema clinical specialty certification and is a certified wound therapist. She also has a love of dogs and is certified in canine rehabilitation, providing orthopaedic care for canines throughout central Indiana at Paws Rehab. Congratulations, Dr. Tinlin!



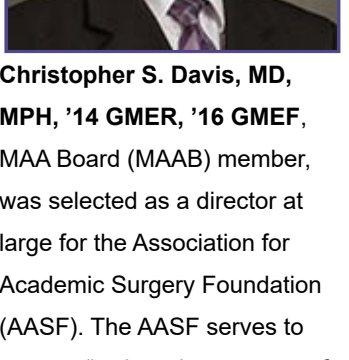
Jonathan Tsay '15, '18 DPT, is the 2022 recipient of the NUPTHMS Research Achievement Award. Dr. Tsay is pursuing his PhD in Psychology and Cognitive Neuroscience at the University of California, Berkeley. He has seven publications, five upcoming, and has been a peer reviewer for several medical journals in the areas of neuro-rehabilitation, motor learning, proprioception, cerebellar ataxia, and Parkinson's disease. Congratulations, Dr. Tsay!



Inger E. Burnett-Ziegler '09 PhD, recently authored a feature article, "The Other Side of the Strong Black Woman," for [Northwestern Magazine](#). An advocate for the mental health of Black women, Dr. Burnett-Ziegler recently published a



Jessica Cohen '16 DPT, has been named head athletic trainer for the Portland Trail Blazers, becoming the only woman to currently serve as head athletic trainer in the NBA. Dr. Cohen previously served as the team's assistant athletic



Christopher S. Davis, MD, MPH, '14 GMER, '16 GMEF, MAA Board (MAAB) member, was selected as a director at large for the Association for Academic Surgery Foundation (AASF). The AASF serves to support "...the advancement of

book, [Nobody Knows the Trouble I've Seen: The Emotional Lives of Black Women](#), in which she offers Black women a new framework in which to understand how their life experiences have impacted them and offers strategies to adopt practices for body and mind health. Dr. Burnett-Zeigler is associate professor of Psychiatry and Behavioral Sciences at Feinberg. Congratulations, Dr. Burnett-Zeigler!

trainer/physical therapist since her arrival in 2019. Dr. Cohen spent seven seasons in the WNBA, serving as head athletic trainer and physical therapist for two seasons with the Atlanta Dreams and for five seasons with the Chicago Sky. Dr. Cohen also worked with the National Lacrosse League's New England Black Wolves and toured with celebrity performers. She is a certified performance, strength and conditioning, and sports physical therapy specialist. Congratulations, Dr. Cohen!

surgical care by providing resources and education to young surgeon scientists." As a proud surgeon-scientist and educator himself, Dr. Davis values this opportunity to impact the future generation of surgeons early in their careers, and to give back in a similar way to those who gave a jumpstart to his own early successes. Dr. Davis shared that he is "grateful for the opportunity to have learned so much from membership on the MAAB," and that he "looks forward to utilizing this experience to forward the mission of the AASF as well." Congratulations, Dr. Davis!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Post it on our [Facebook](#) page or email us at medalum@northwestern.edu.

Join Us for These Upcoming Events!



VISIT THE MAA'S
PLAN IT
PURPLE PAGE

Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple](#) calendar?

With the [Plan It Purple](#) calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the [MAA calendar](#) or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Northwestern Medical Orchestra Winter 2022 Chamber Music Concert | Hybrid: In-Person and Online

Friday, February 25, 2022 | 7:00 p.m. CST

The Northwestern Medical Orchestra (NMO) is pleased to invite you to its Winter 2022 Concert on February 25. Join the NMO for an evening of chamber music performances including pieces by Brahms, Beethoven, Mendelssohn, and much more!

NMO musicians include alumni, physicians, medical students, staff, and other members of the Northwestern community.

If attending in person at Hughes Auditorium, doors open at 6:30 and seating is first come, first serve—no ticket required. All attendees must wear masks. Advance registration required for virtual attendance.

For questions or more information about the Northwestern Medical Orchestra, please contact nmorchestra@u.northwestern.edu.

REGISTER TODAY

WIM Virtual Yoga Classes

Friday, March 4, 2022 | 6:30–7:00 a.m. CST | "Finding Balance"

Thursday, March 17, 2022 | 7:30–8:00 a.m. CST | "Building Trust"

The MAA Women in Medicine subcommittee invites you to save the date for our March WIM Virtual Yoga Classes. Whether you are a regular yogi or a brand new one, come be part of our Vinyasa classes for women in medicine with **Anjali Gupta '91, '94 MD, '96 GMER**, a certified RYT-200 yoga teacher. All levels are welcome.

Advance registration required.

REGISTER TODAY

A Night With Northwestern at the Theater: Moulin Rouge! The Musical

Thursday, April 14, 2022 | 7:30 p.m. CST

The Northwestern Alumni Association and School of Communication invite you to *A Night With Northwestern at the Theater: Moulin Rouge! The Musical*. Enter a world of splendor and romance, of eye-popping excess, and of glitz, grandeur, and glory! A world where Bohemians and aristocrats rub elbows and revel in electrifying enchantment. Welcome to *Moulin Rouge! The Musical*. Baz Luhrmann's revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza. An exclusive post-show discussion will follow featuring E. Patrick Johnson, dean of the School of Communication and the Annenberg University Professor of Performance Studies and African American Studies.

James M. Nederlander Theatre

Register by April 6 (or until tickets sell out). Please contact alumnieducation@northwestern.edu with questions.

Per the theatre's COVID-19 guidelines, every attendee must show a photo ID and either a physical or digital copy of their vaccination card or proof of a negative COVID-19 test result. Audience members are also required to wear masks. Visit broadwayinchicago.com/covid19 for further details.

REGISTER TODAY

Northwestern Women in Medicine: Celebrating Our Voices | Hybrid: In-Person and Online

Friday, April 22, 2022 | 8:00 a.m. – 4:30 p.m. CST

Women physicians face unique challenges and obstacles throughout their professional careers. These challenges may affect leadership development and opportunities for women in medicine resulting in a gender gap in the governance of academic medical centers. This fourth annual symposium will help to identify the obstacles that contribute to gender inequity and start the discourse to bridging it while shedding light on gender disparities and sharing experiences and tools to overcome the barriers that exist in medicine for female physicians, so as to empower and create a network to lean upon.

For more information about this event, contact Amanda Harrison at amanda.harrison@northwestern.edu.

REGISTER TODAY

Alumni Weekend 2022 | Chicago, Illinois

Friday, April 29–Saturday, April 30, 2022

Celebrate in Chicago

Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome back our 2022 reunion classes, as well as our 2021 and 2020 reunion classes for their postponed celebrations. See you in Chicago!

REGISTER TODAY

Feinberg's Breakthroughs Podcast Archives | Claim CME Credit

Available Now

Stay in tune with Feinberg faculty through candid interviews in the [Breakthroughs](#) podcast archives. Listen to their insights, explore recent episodes, claim continuing medical education credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

Claim CME Credit—At the bottom of every podcast story page, you'll find the eligible credit amount and a "claim your credit" button, which will take you to Feinberg's CME website. Just sign in and fill out the form.

Feinberg School of Medicine podcasts are available on: [Apple Podcasts](#), [SoundCloud](#), [Spotify](#), and [Stitcher](#).

LISTEN & SUBSCRIBE TODAY