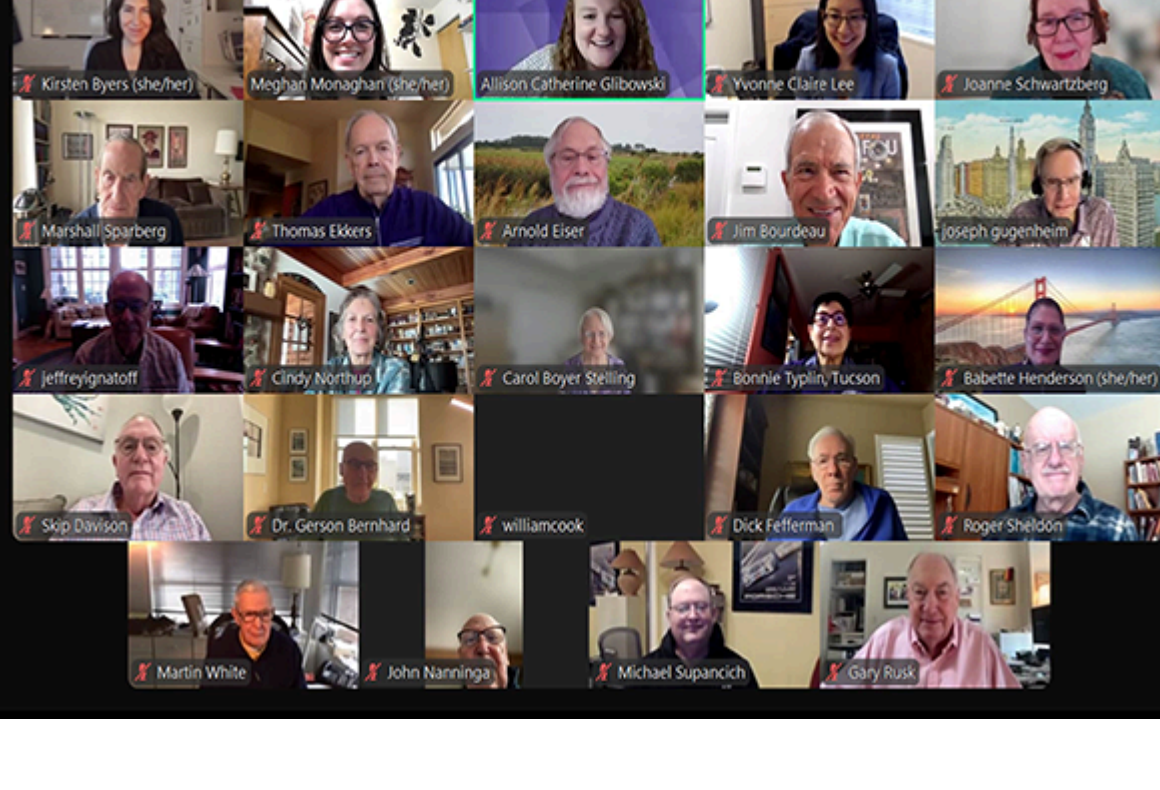


# Medical Alumni Association NEWSLETTER

February 2025 | Issue No. 89



## Join the Growing Half Century Club!

The [Half Century Club \(HCC\)](#) is thriving, and we want you to be part of it! We recently hosted two fantastic events, bringing alumni together to reconnect and engage in meaningful discussions. We're looking ahead to even more opportunities—including special HCC programming at **Alumni Weekend 2025, May 2–3**.

On February 11, our virtual *Have Coffee and Conversations* event (*pictured above*) featured Yvonne C. Lee, MD, MMSc, who shared insights on managing osteoarthritis and chronic pain in rheumatoid arthritis. Alumni appreciated the chance to learn from Dr. Lee and connect with one another.

On February 20, HCC alumni gathered for a luncheon in the northern suburbs of Chicago (*pictured below*). Guests were thrilled for the opportunity to attend an event closer to home and enjoyed catching up over lunch. The luncheon was a great opportunity for alumni to reconnect and enjoy meaningful conversations in person.

### Be part of what's next!

Join us at our next *Have Coffee and Conversations* on **Friday, May 2, from 8:30–9:45 a.m. CDT**, in person on campus or via Zoom. This year's special topic for Alumni Weekend is *Dementia Dialogue: Discussing Evaluation through Care Options*, featuring Medical Alumni Association Board president **Nupur Ghoshal, '01 PhD, '03 MD**. As a leading expert in neurology and neurodegenerative disorders, Dr. Ghoshal will lead an interactive discussion on care options for loved ones with dementia.

This forum is part of Alumni Weekend programming. To attend in person, please register through our [Alumni Weekend website](#). Stay tuned for details on how to join virtually via Zoom, coming soon.

### The HCC is your opportunity to stay engaged!

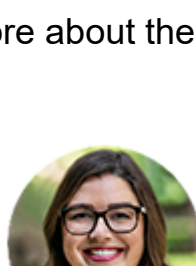
For all alumni past their 50-year reunion, the Half Century Club provides opportunities to connect with fellow alumni, attend exclusive HCC events, enjoy early registration and discounts for alumni programs, park for free on the Chicago campus for alumni events, and more! Membership is automatic.

Get involved—your alumni community is waiting!

Register for Have Coffee  
and Conversations at  
Alumni Weekend



For questions or to learn more about the HCC, contact:



#### Meghan Monaghan '19 CERT

Associate Director  
Northwestern University Feinberg School of Medicine  
[meghan.monaghan@northwestern.edu](mailto:meghan.monaghan@northwestern.edu)  
312-503-1091



#### Allison Glibowski

Assistant Director  
Northwestern University Feinberg School of Medicine  
[allison.glibowski@northwestern.edu](mailto:allison.glibowski@northwestern.edu)  
312-503-0788

## From the Director's Desk:

Dear Alumni,

**Alumni Weekend early bird pricing ends February 28.** We are offering some great discounts on our activities for those who register before the end of the month. Additionally, some of our more popular sessions are filling up, so register now via the [Alumni Weekend website](#) to secure your spot.

Please reach out with any questions. We look forward to seeing you May 2–3 in Chicago!

Thank you,

Babette



#### Babette Henderson '21 CERT

Senior Director, Alumni Engagement  
Northwestern University Feinberg School of Medicine  
[babette.henderson@northwestern.edu](mailto:babette.henderson@northwestern.edu)  
312-503-0855

## Register Today for Alumni Weekend 2025: Early Bird Discounts End February 28



Alumni Weekend is just around the corner. Join us in Chicago May 2–3 for a memorable celebration with fellow alumni, faculty, students, and guests.

Take advantage of early-bird pricing before it ends on **February 28**. Our most popular events are filling up fast, so don't wait. Register now via the [Alumni Weekend website](#).

Alumni Weekend is for everyone! Whether it's your reunion year, you're a Half Century Club member, or you just want to reconnect, all



alumni, guests, and family members are welcome. Enjoy free offerings like CME forums, campus tours, and complimentary parking. Attend for the full weekend or drop in for an event or two—it's up to you!

Register Now for Alumni Weekend 2025



If this is your reunion year and you are interested in becoming more involved with your class committee, please reach out to Katie Ferris.



**Katie Ferris**  
Assistant Director, Reunion and Leadership Giving  
Northwestern University Feinberg School of Medicine  
[katie.ferris@northwestern.edu](mailto:katie.ferris@northwestern.edu)  
312-503-0111

## Northwestern Together in NYC



On February 12, Northwestern alumni, parents, and friends gathered at the American Museum of Natural History in New York City for a special event hosted by the University. The evening, which featured President Michael H. Schill, JD, and Trustee **Purnima Puri '93**, highlighted the University's global impact and key priorities. Among the distinguished speakers was Feinberg faculty member Abel N. Kho, MD, MS, FACMI, director of the Institute for Artificial Intelligence in Medicine and the Institute for Public Health and Medicine (IPHAM)—Center for Health Information Partnerships and professor of Medicine in the Division of General Internal Medicine and of Preventive Medicine in the Division of Biostatistics and Informatics. Dr. Kho shared how Northwestern is harnessing the power of data analytics and artificial intelligence to advance the future of medicine. The event provided a valuable opportunity for alumni to reconnect while learning about the exciting work being done at Northwestern. Thank you to everyone who joined us!

Northwestern Together in NYC Photo Album

## MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

### “Precious Lord, Take My Hand: Chicago’s Thomas Dorsey and Gospel Music”

#### Precious Lord, Take My Hand

Chicago’s Thomas Dorsey and Gospel Music



Joseph Gugenheim, '72 MD

We're thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

In honor of Black History Month, Dr. Gugenheim takes us on a journey through the life and legacy of Thomas A. Dorsey, the “Father of Gospel Music.” Once a blues musician, Dorsey found his true calling in gospel, transforming Chicago into the genre’s beating heart. Explore the deep ties between gospel and the Great Migration, uncover the origins of this powerful music, and hear the story behind classics like “Precious Lord, Take My Hand.” Dorsey’s influence shaped the sound of gospel and left a lasting mark on American music.

Dr. Gugenheim presents “**Precious Lord, Take My Hand: Chicago’s Thomas Dorsey and Gospel Music.**”

Thank you, Dr. Gugenheim!

Stream “Precious Lord, Take My Hand”

### COMING SOON:

In celebration of Women’s History Month, join Dr. Gugenheim as he highlights “Four Inspiring Women Who Made a Difference” in shaping Northwestern and the Chicago medical community: Clara Abbott, Ann Lurie, Margaret Morton, and Elizabeth Ward. Their visionary philanthropy and dedication to education, healthcare, and scientific progress left an enduring impact. Learn how their generosity helped establish key institutions, advance groundbreaking research, and shape the future of medical education and training.

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

## Guiding the Next Generation: Alumni Mentorship in Action



The Medical Alumni Association kicked off 2025 with a series of impactful mentoring events, bringing together alumni, faculty, and students for meaningful discussions about career paths in healthcare.

As part of our NUPOC Alumni of Feinberg series, our January 29 event featured **Jeffrey M. Brandt '01 Cert** (pictured above in the center with NUPOC students), connecting students with alumni of the Northwestern University Prosthetics-Orthotics Center (NUPOC). The discussion explored the daily realities of the field, work-life balance, and career lessons learned. NUPOC continues to advance technology, education, and patient care, improving the lives of those who use prosthetic and orthotic devices.



That same day, in partnership with the Department of Physical Therapy and Human Movement Sciences, the Medical Alumni Association welcomed students from the My Block, My Hood, My City Explorers after-school program (*pictured below*). Through inspiring conversations with alumni and faculty, students gained insight into careers in healthcare and the various paths that lead to them.

On February 24, the Women in Medicine committee hosted a Women in White Coats event, featuring **Sharon Krejci Mowat, '99 MD**, and **Margaret Beth Schneider, '87, '89 MD**. This virtual discussion, "Leading with Impact: Women Transforming Healthcare Leadership," brought together students and accomplished alumni to discuss career paths, leadership roles, and strategies for navigating challenges in medicine. Open to all students, Women in White Coats is a new mentoring program designed to connect students and alumni for candid conversations about career development and work-life balance.

A special thank you to all the alumni volunteers and students who participated in these mentoring events. We enthusiastically invite all alumni to get involved in the MAA's mentoring programs and support the next generation of healthcare professionals.

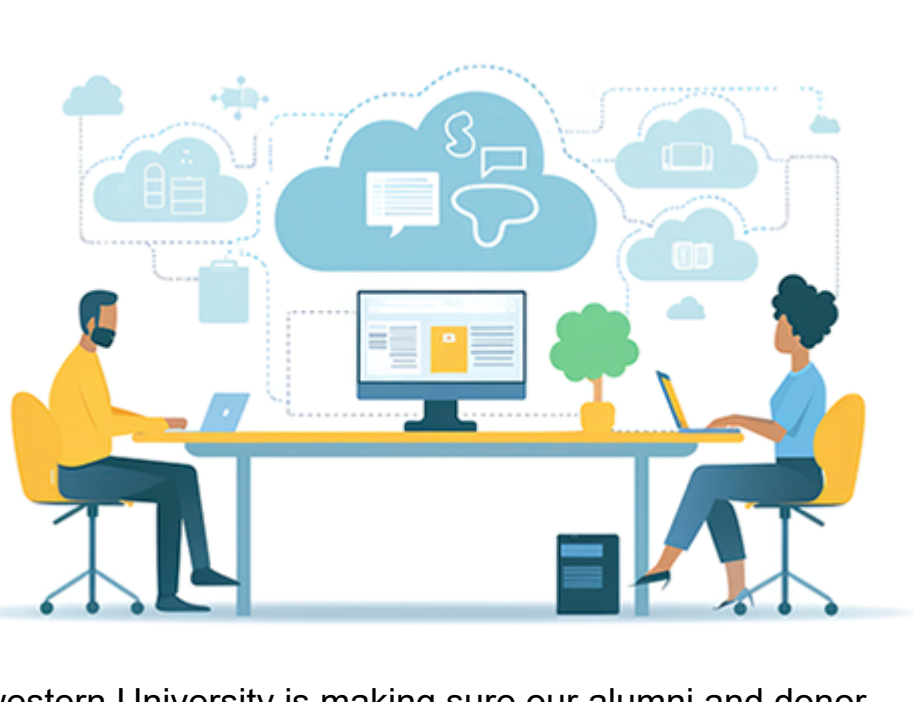


Interested in mentoring? Contact Allison Glibowski.



**Allison Glibowski**  
Assistant Director  
Northwestern University Feinberg School of Medicine  
[allison.glibowski@northwestern.edu](mailto:allison.glibowski@northwestern.edu)  
312-503-0788

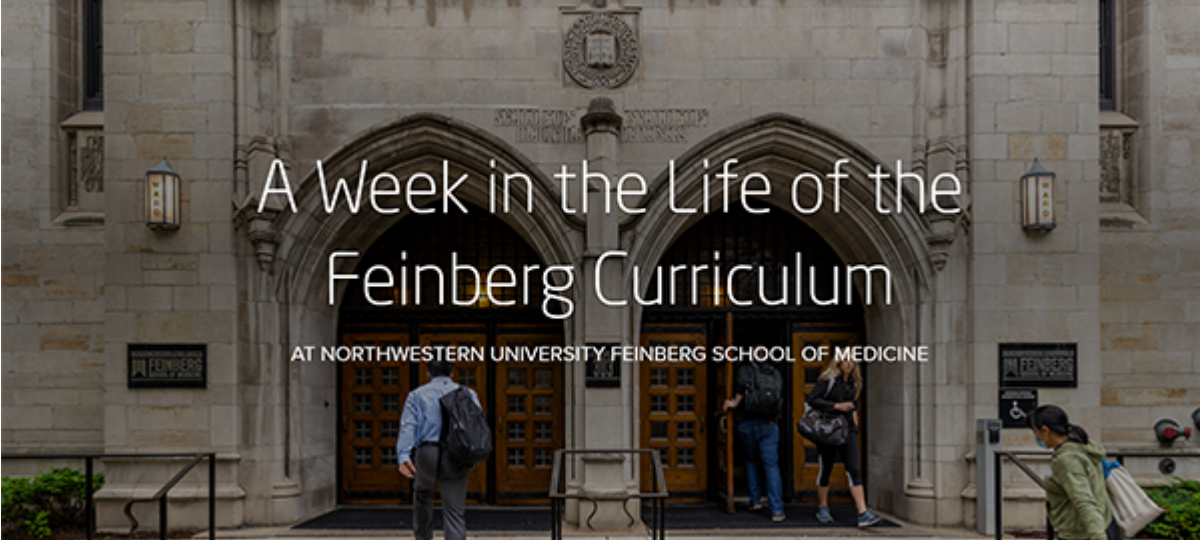
## Tidy Up Your Northwestern Data



Northwestern University is making sure our alumni and donor information is up to date, so you can receive all the latest communications about events and programs near you. Help us tidy up our data by **confirming or updating your contact information by March 26**.

[Update My Info](#)

## A Week in the Life: Feinberg Curriculum



Wonder what life is like for a med student today? Explore the MD program at Feinberg with an inside look at a typical week of learning for our students. Feinberg's approach to medical education centers on a learner-focused, competency-based curriculum designed to leverage our students' experiences and expertise, provide flexibility for their professional development, and maximize their potential. Our curriculum is designed to prepare students as medical professionals in a time of significant change in healthcare delivery. Every component of our program has real-world applications and prepares our students for the field of medicine as it is practiced today and will be in the future.

Learn more about what a week in the life of Feinberg looks like via our [interactive timeline and videos](#).

[A Week in the Life: Feinberg Curriculum](#)

## Celebrating Seattle Club's Win and Future Partnerships



PK Kilty, NU Club of Seattle president; Erika Carey, senior associate director; and **Michael J. Scott, DO, MD, '83 GMER** (*pictured left to right*), connect at the Club's Rainier Club Cocktail Party on January 22. The NU Club of Seattle was recognized as a Northwestern Alumni Association Club of the Year for 2024, thanks to its outstanding membership, events, impact, and activities. With their win in hand, we're looking forward to teaming up with them for future events and engagement opportunities. Congrats, Seattle!

## Reunion in Napa: Connecting with Old Friends

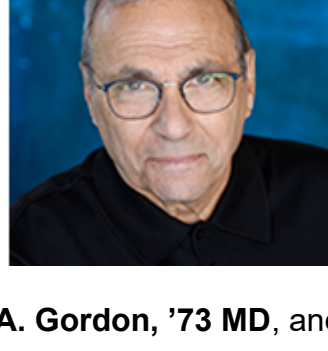


Mary P. Margulies; **David M. Margulies, '61 MD**; Larry Kuhn, associate dean; and Camille Licklider, executive director (*pictured*



left to right), recently caught up in Napa, California. We love opportunities to reconnect with our alumni and friends coast to coast!

## Congrats Are in Order!



**Leo A. Gordon, '73 MD**, and **Daniel Gardner, '73 MD** (pictured left to right), have created the *MedicsMusings* podcast, offering a humorous and insightful look at their careers 50 years after graduating from NUMS. The podcast is designed for NUMS/Feinberg alumni, providing a stimulating and entertaining reflection on the medical profession from their unique perspectives. Drs. Gordon and Gardner shared that early feedback from a sample audience has been highly positive. With a natural connection among Northwestern alumni, they believe this podcast will resonate with the broader alumni community.

*MedicsMusings* is available on [Apple Podcasts](#) and is already making waves with episodes like “Sylvia’s Walker Balls” and “The Iceman Cometh, and the Patient Goeth.” To stream the episodes and for more content, check out the podcast and corresponding audio chatbot, [MedicsMusings: The Wit that Your Doctor Ordered](#). Congratulations, Dr. Gordon and Dr. Gardner!



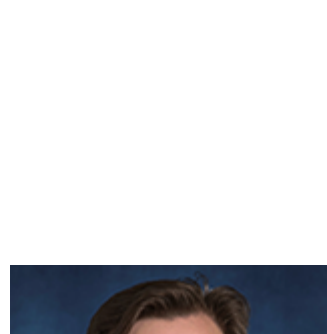
**David T. Chung '94, '98 MD**, has been reappointed as a member of the Illinois State Board of Health. For over 20 years, Dr. Chung has practiced general family medicine at Sparta Community Hospital, serving rural Southern Illinois. He was recently named medical health officer for the Randolph County Health Department and mentors students as a community physician preceptor at the University of Illinois College of Medicine at Rockford. Dr. Chung is an active member of several medical organizations, including the Southern Illinois Medical Association, the Illinois State Medical Society, the American Academy of Family Practice, and the American Medical Association. Congratulations, Dr. Chung!



**Travis Gayles, MD, PhD, '12 GMER**, was recently appointed chief executive officer of Howard Brown Health in Chicago, Illinois. Dr. Gayles brings extensive experience in public health, healthcare policy, and clinical practice, having previously served as chief health and medical officer for large public and private health entities. [Read more online](#) about his appointment. Congratulations, Dr. Gayles!



**Brian Lewis, '86 MD**, sends best wishes to beloved friends of the classes of '86 and '85, with hopes to reconnect with them at this year’s reunion weekend. Dr. Lewis’s 21st year leading clinical reviews of industry proposals for clinical trials and approvals of next-generation pacemakers and defibrillators in the US took on new challenges in pacing (directed to the heart’s native conduction system) and nationwide device recalls (requiring development of patient- and physician-friendly care recommendations affecting hundreds of thousands of Americans). Dr. Lewis shared that weekly practice, including clinic and surgery at the Washington, DC VA Medical Center, puts it all into perspective taking care of Veterans’ atrial fibrillation, heart failure, and prevention of cardiac arrest. Dr. Lewis hopes alumni friends visiting the DC area will arrange visit time to reconnect ([drbrianlewis@gmail.com](mailto:drbrianlewis@gmail.com)). Congratulations, Dr. Lewis!



**Brian J. Miller, '11 MD**, was promoted to associate professor of Medicine at Johns Hopkins University School of Medicine in Baltimore, Maryland. Dr. Miller also was appointed to the Board of Trustees for the North Carolina State Health Plan, a \$3 billion/year organization providing coverage to over 700,000 state employees, their dependents, and retirees. Congratulations, Dr. Miller!



**Leena Bhattacharya Mithal '04, '08 MD, '15 GMEF, '16 MS**, is the lead author of a recent study exploring how umbilical cord blood biomarkers may improve care for preterm infants. The study suggests that identifying specific biomarkers could help predict complications in preterm infants, ultimately advancing neonatal care strategies. Dr. Mithal is associate professor of Pediatrics in the Division of Infectious Diseases at Feinberg. Read more about the study in the [Feinberg News Center](#). Congratulations, Dr. Mithal!

Do you have news to share with us or know of an alum we should recognize? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

## Upcoming Events



### Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you’ll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Visit the MAA Plan It Purple Calendar



### NMO Winter Chamber Music Concert | Chicago, Illinois

Friday, March 7, 2025 | 7 p.m. CST

The Northwestern Medical Orchestra (NMO) invites you to its Winter Chamber Music Concert, showcasing talented members of the Northwestern medical community. Come out to enjoy an evening of short performances of music by Beethoven, Dvořák, Hisaishi, Schumann, and Vivaldi, jazz and pop favorites, and more!

**Northwestern University Pritzker School of Law, Thorne Auditorium**  
375 East Chicago Avenue | Chicago, Illinois

**Suggested Donation:** \$10 for adults; \$5 for students and children

This concert will be held in-person only.

The [Northwestern Medical Orchestra](#) is comprised of over 120 Northwestern medical students, trainees, faculty, staff, alumni, and community members.



For more information about the Northwestern Medical Orchestra, please contact [nmorchestra@u.northwestern.edu](mailto:nmorchestra@u.northwestern.edu).

Register for the NMO Winter Concert

## Pragati: India's Golden Decade | New Delhi, India

Saturday, March 8, 2025 | 8:30 a.m.–5:30 p.m. IST

India is poised for a “Golden Decade” with the potential to double its GDP by 2035. Join Kellogg School of Management Dean Francesca Cornelli and distinguished speakers for insights into the nation’s future growth across various sectors, including demographic shifts, economic growth, innovation, competitiveness, and sustainable growth. The conference will explore actionable strategies to unlock India’s full potential. All are welcome—chief X officers, entrepreneurs, policymakers, academics, and students alike.

JW Marriott Hotel New Delhi Aerocity | Asset Area 4–Hospitality District Delhi, Aerocity, New Delhi, Delhi 110037, India

Cocktail reception to follow.

For more details and to register, visit the [Pragati Conference website](#).

For questions, please email [kellogg-alumni@kellogg.northwestern.edu](mailto:kellogg-alumni@kellogg.northwestern.edu).

Register for the Pragati Conference



## 7th Annual Northwestern Medicine Women in Medicine Conference | Hybrid

*The Time is Now: Forging & Strengthening Our Path in Medicine*

Friday, March 14, 2025 | 8 a.m.–6:30 p.m. CDT

Join us for the 7th Annual Women in Medicine Conference—an inspiring event dedicated to celebrating, empowering, and advancing women in healthcare. Whether you’re a physician, trainee, researcher, educator, or advocate, this conference offers a unique opportunity to connect, learn, and elevate your career while engaging with thought leaders, innovators, and like-minded professionals. All are welcome.

### In-Person Location:

Northwestern Prentice Women’s Hospital, Conference Room L

250 East Superior Street, Chicago, IL 60611

### Virtual Option Available via Livestream

### Evening Cocktail Reception:

For those attending in person, the Women in Medicine Committee of your Medical Alumni Association will co-host the evening’s cocktail reception at 4:30 p.m., in partnership with Northwestern Medicine.

Advance registration is required. For more details and to register, visit the [course website](#).

For questions, please contact Nivia Boykin at [nivia.boykin@northwestern.edu](mailto:nivia.boykin@northwestern.edu).

Register for the NM WIM Conference

## Alumni Weekend 2025 | Chicago, Illinois

Friday, May 2–Saturday, May 3, 2025

Celebrate in Chicago this spring! Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome our 2025 reunion classes, as well as all members of our Half Century Club. Not your reunion year? Not a problem! This is truly an ALL alumni event. There’s so much to see and do. Visit the [2025 Travel and Accommodations](#) portion of our Alumni Weekend website to book your hotel now and take advantage of our discounted room rates.

Explore our full schedule of events on the [Alumni Weekend website](#).

*Please note: Advance registration is required. There is no on-site registration for Alumni Weekend. Registration closes Friday, April 18. You must register prior to Friday, April 18, to be included in any events.*

Make plans to spend the weekend with us. See you in Chicago!

Register for Alumni Weekend 2025

## Feinberg’s Breakthroughs Podcast Archives | Claim CME Credit

Available Now

Stay in tune with Feinberg faculty through candid interviews in the [Breakthroughs](#) podcast archives. Discover more about their insights, explore recent episodes, claim continuing medical education (CME) credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

**For Physicians Claiming CME Credit:** Most episodes are approved for CME credit. After streaming the episode, you will find the eligible credit amount at the bottom of each podcast webpage and a “claim your credit” button, which will take you to Feinberg’s CME website. Just sign in and fill out the form.

Northwestern University Feinberg School of Medicine podcasts are available on [Apple Podcasts](#), [Spotify](#), and [Pandora](#).

Subscribe to the Breakthroughs Podcast

**Questions?** Contact us anytime at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

Thank you for engaging with us and staying connected to your alma mater!

**N Northwestern Medicine**  
Feinberg School of Medicine

Medical Alumni Association

