

## With Pride, From Your Medical Alumni Association



As we commemorate Pride this month and celebrate our LGBTQ community, we are reminded that inclusion and allyship are key for both our peers and the populations we serve.

I have come to realize that being an ally is so much more than working on systems and processes to try and close the gaps that exist in the care we provide. Being an ally is more than supporting a diversity, equity, and inclusion initiative. For me, personally, being an ally is earnestly listening and being a friend, colleague, and supporter, one-on-one. Being an ally is actively pushing for, promoting, and protecting a culture where everyone has a voice, everyone is supported, and everyone has the opportunity to reach their potential based on their individual effort and drive. Being an ally is working every day to be part of a society and culture where, one day, we won't need allies.

I wish my fellow alumni, friends, and family who identify as LGBTQIA+ a happy Pride Month.

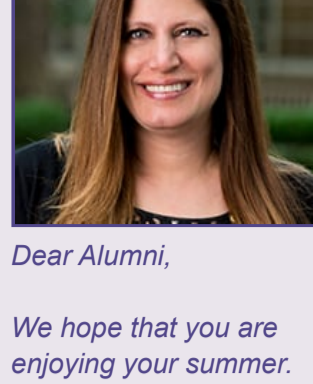


**Christopher Rehm, '98 MD**  
Member, Medical Alumni Association  
Board of Directors  
Member, Inclusion and Allyship  
Subcommittee

The Inclusion and Allyship subcommittee is dedicated to fostering relationships and building allyship across our alumni community. For more information and to get involved, please visit our website and follow the Inclusion and Allyship's [Facebook page](#).

For more on Dr. Rehm's statement on being an ally, please see his piece in [Northwestern Medicine Magazine](#) on the importance of allyship.

## From the Director's Desk:



Dear Alumni,

We hope that you are enjoying your summer. Just a reminder, registration for Alumni Weekend is open! Alumni Weekend 2023 will be held October 13–14. We are currently offering early bird pricing where you can enjoy discounts on paid programming such as Celebrate in Chicago All Alumni Welcome Reception and Dinner, the Women in Medicine Tea, and reunion class dinners. Take a few minutes to register today via the [Alumni Weekend website](#). Please note, early bird pricing ends August 15. If you have any questions, please [contact our team](#).

We look forward to seeing you in October!

Thank you,  
Babette

**Babette Henderson '21**

**CERT**

Senior Director, Alumni

Engagement

312-503-0855

FIND US ON  
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INSTAGRAM (NEW!)

## 2023 Northwestern Alumni Medalist: Charles S. Modlin Jr. '83, '87 MD



**Charles S. Modlin Jr. '83, '87 MD**, former MAA Board member, has been named a 2023 recipient of the Northwestern Alumni Medal—the highest honor given by the Northwestern Alumni Association (NAA).

Since 1932, the Alumni Medal has celebrated alumni who have made a transformative impact in their fields, performed exemplary volunteer service to society, or demonstrated an outstanding record of support for the University. This year's [Alumni Medalists](#) join a distinguished group of more than 100 past recipients who truly exemplify the ideals of the University through their life, work, and service.

A nationally known speaker on reducing health disparities, Dr. Modlin is a urologist and kidney transplant surgeon at MetroHealth, a Cleveland, Ohio–based health system. He also serves as the inaugural director of health equity and medical director of MetroHealth's Office of Equity, Inclusion, and Diversity. In 2003, Dr. Modlin created an annual event that provided free health screenings, examinations, and education to men of color. In addition to serving on the Medical Alumni Association Board, he helped to establish the MD Class of 1987 endowed scholarship. Dr. Modlin earned a BS in chemistry from the Weinberg College of Arts and Sciences and an MD from Feinberg.

This year's Alumni Medalists will be celebrated during Homecoming and Reunion Weekend. Please visit the Northwestern Alumni Medal [website](#) to learn more about the recipients.

Please join us in congratulating Dr. Modlin!

## Inclusion and Access: Building the Future



Eric G. Neilson, MD

*"To achieve the aspirational goal of health equity, we must increase the critical mass of medical professionals either self-identifying or aligned with the underrepresented communities we serve. We need new ideas, diverse ideas, new science, diverse science. At Northwestern, our goal is simple: to build a relentless force of diverse medical professionals with brilliant ideas capable of meaningful change and future leadership."*

—Clyde Yancy, MD, MSc



Clyde W. Yancy, MD, MSc (right), speaking with Jeffery S. Perry ('21 P), founder and chief executive officer of Lead Mandates

For more information on how you can support these efforts, please contact Tiffany Scaparotti, assistant dean for Development, at [tiffany.scaparotti@northwestern.edu](mailto:tiffany.scaparotti@northwestern.edu).



(Pictured from left to right) Event attendees MAA Board Inclusion and Allyship co-chair **Javier Guevara, Jr., '12 MD**; **Linda I. Suleiman, MD, '17 GMER**; Elzie Higginbottom, president and chief executive officer of East Lake Management Companies; Julius W. Few, MD, founder of The Few Institute of Aesthetic Plastic Surgery and founder of The Few Initiative for Children; Clyde W. Yancy, MD, MSc; Jeffery S. Perry ('21 P), founder and chief executive officer of Lead Mandates; and Juan Salgado, chancellor of the City Colleges of Chicago.

## ISGMH Symposium in DC: State of Sexual and Gender Minority Health

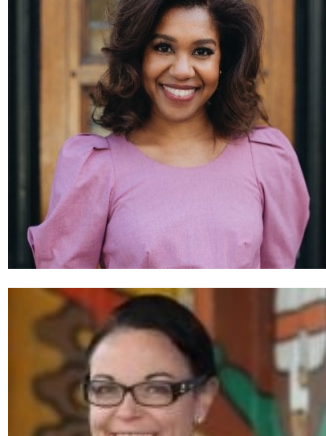


On May 30 in Washington, DC, the Institute for Sexual and Gender Minority Health and Wellbeing (ISGMH) held its annual State of Sexual and Gender Minority Health Symposium. Scientists, policymakers, community organizations, members of the LGBTQ+ community, and members of your Alumni Relations team were in attendance.

Held in collaboration with the American Association for the Advancement of Science and the American Educational Research Association and supported by the Calamus Foundation, Ernst & Young, and Northwestern University Feinberg School of Medicine, "This symposium is the first to bring together federal funding agencies, the White House office that advises the President on science and technology, and the researchers shaping our understanding of how LGBTQ+ people navigate education and employment in STEM fields. Our goals are to educate attendees about the current landscape impacting LGBTQ people in STEM, to share the personal and professional experiences, and to offer real and actionable ideas for addressing disparities," said Brian Mustanski, PhD, director of ISGMH and professor of Medical Social Sciences and of Psychiatry and Behavioral Sciences.

To read more about the ISGMH symposium, visit the [Feinberg News Center](#). For more information on ISGMH or this event, please contact our team at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

## CHET Juneteenth Celebration



On June 15, the Center for Health Equity Transformation (CHET) held its annual Juneteenth Celebration of Black Culture, Art, and Music webinar. This year's event explored persistent health disparities experienced by members of the Black community. **Inger Burnett-Zeigler, '09 PhD** (pictured top left), associate professor of Psychiatry and Behavioral Sciences in the Division of Psychology, was among this year's featured speakers and led a Q&A after the discussion. Dr. Burnett-Ziegler shared insight into her work and research which focuses on mental health treatment barriers often encountered by disadvantaged populations.

This event was supported by the Robert H. Lurie Comprehensive Cancer Center of Northwestern University, Feinberg's Office of Diversity and Inclusion, the Center for Community Health, and the Institute for Public Health and Medicine (IPHAM). For more information on the event, please visit the [Feinberg News Center](#).

CHET was founded by **Melissa A Simon MD, MPH, '06 GMEF** (pictured bottom left), who serves as director of the Center. Additionally, Dr. Simon is vice chair of Research in the Department of Obstetrics and Gynecology, the George H. Gardner Professor of Clinical Gynecology, professor of Obstetrics and Gynecology, Preventive Medicine, and Medical Social Sciences, as well as founder/director of the Chicago Cancer Health Equity Collaborative.

For more information on CHET, please visit their [website](#).

## Alumni Weekend 2023 Early Bird Discounts

Don't Miss Your Chance to Save!



**Registration for Alumni Weekend 2023 is open!** Enjoy early bird discounts going on now. Take advantage of big savings on Alumni Weekend events:

- Reunion Class and Half Century Club Dinners
- Celebrate in Chicago All Alumni Reception and Dinner
- Women in Medicine Tea
- Mentoring and Taste of Chicago Lunches
- And much more!

Don't miss your chance to save! **Early bird discounts are here for a limited time and end August 15.**

Please note: Advance registration is required. There is no on-site registration for Alumni Weekend. **You must register prior to Friday, October 6, to be included in any events.**

If you have questions about the online registration process, please contact us at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

Fall Back to Campus and Celebrate in Chicago!

REGISTER FOR  
ALUMNI WEEKEND 2023

## MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Epidemics in Chicago: What Have We Learned?"



We're thrilled to bring you the newest installment of our MAA Digital Series, from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

Long before the COVID-19 pandemic turned the world upside down, Chicago experienced a number of epidemics that ravaged its citizens. From cholera and dysentery to smallpox and polio, these diseases became a part of daily life for Chicagoans. In this month's episode, Dr. Gugenheim explores some of these epidemics' origins, spread, and, in a few fortunate instances, eradication.

Dr. Gugenheim presents "[Epidemics in Chicago: What Have We Learned?](#)"

Thank you, Dr. Gugenheim!

VIEW "EPIDEMICS IN CHICAGO:  
WHAT HAVE WE LEARNED?"

### COMING SOON!

In celebration of National Junk Food Day on July 21, Dr. Gugenheim's next presentation centers on the origins of the Brach's Candy Company and its mysterious vanishing heiress, Helen Brach.

As questions abound, not everything may be as sweet as it seems for the longtime Chicago mainstay and purveyors of iconic classics such as candy corn. Mark your calendar and plan to join us next month for this intriguing episode!

*In the meantime, catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube Channel](#).*

## Alumni Benefits & Perks



Learn about all the perks available to you as a Northwestern alum and start taking advantage of your alumni benefits today:

- **Email for Life:** Sign up for your free Google-powered Northwestern email account.
- **Free Online Courses:** Massive Open Online Courses (MOOCs) are available through the Coursera platform.
- **Access to Galter Library:** Planning a visit to campus? Contact us for your Medical Alumni Association Alumni ID Card.
- **Continuing Medical Education:** Explore conferences and distance learning opportunities.

Graduated recently? Moved? Do you have a new phone number or email address? Please send us your [updated contact information](#).

## NEW! Join the Alumni Authors CATalogue

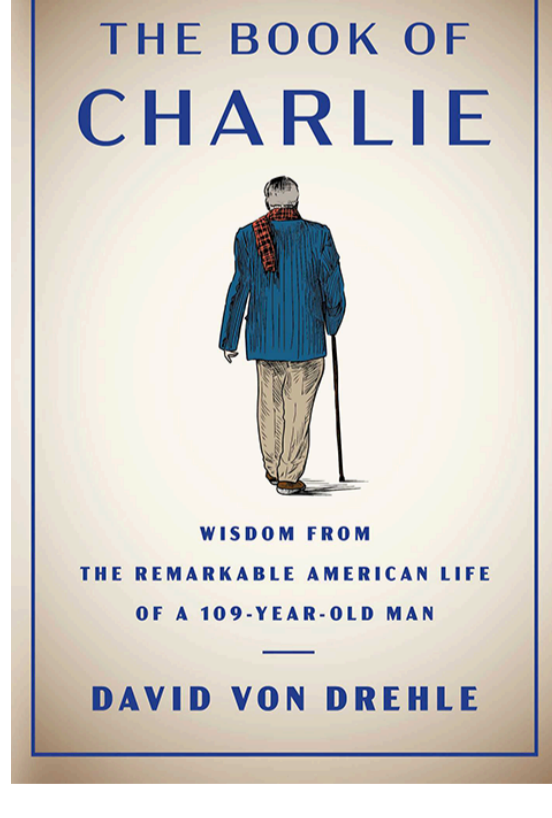


The Northwestern Alumni Association (NAA) is excited to announce their new Alumni Authors CATalogue (The CATalogue), a collection of books authored by Northwestern alumni. The CATalogue is designed to help thousands of alumni book lovers identify their next great read from the Northwestern alumni community, while helping alumni authors promote their books. They're collecting listings now with plans to launch the CATalogue this fall.

For more information, please visit the NAA's [website](#).

JOIN THE ALUMNI  
AUTHORS CATALOGUE

## Wisdom and Wit: *The Book of Charlie*



**Charles H. White, '30 MD**, a self-taught saxophonist and one of the first anesthesiologists in Kansas City, is the subject of the recently-published book, *The Book of Charlie: Wisdom from the Remarkable American Life of a 109-Year-Old Man*.

From author David Von Drehle, Dr. White and his remarkable story are forever immortalized in this new novel.

About the book:

**One of our nation's most prominent writers finds the truth about how to live a long and happy life in the centenarian next door.**

*When a veteran Washington journalist moved to Kansas, he met a new neighbor who was more than a century*

*old. Little did he know that he was beginning a long friendship—and a profound lesson in the meaning of life. Charlie White was no ordinary neighbor. Born before radio, Charlie lived long enough to use a smartphone. When a shocking tragedy interrupted his idyllic boyhood, Charlie mastered survival strategies that reflect thousands of years of human wisdom. Thus armored, Charlie's sense of adventure carried him on an epic journey across the continent, and later found him swinging across bandstands of the Jazz Age, racing aboard ambulances through Depression-era gangster wars, improvising techniques for early open-heart surgery, and cruising the Amazon as a guest of Peru's president.*

*David Von Drehle came to understand that Charlie's resilience and willingness to grow made this remarkable neighbor a master in the art of thriving through times of dramatic change. As a gift to his children, he set out to tell Charlie's secrets. The Book of Charlie is a gospel of grit—the inspiring story of one man's journey through a century of upheaval. The history that unfolds through Charlie's story reminds you that the United States has always been a divided nation, a questing nation, an inventive nation—a nation of Charlies in the rollercoaster pursuit of a good and meaningful life.*

For more information on the book and its author, visit the Simon & Schuster [website](#).

Thank you to **Meryl H. Haber '56, '59 MS, MD ('13, '18 GP)**, for sharing this fascinating read with us!

## Alum at the Stanley Cup Championship

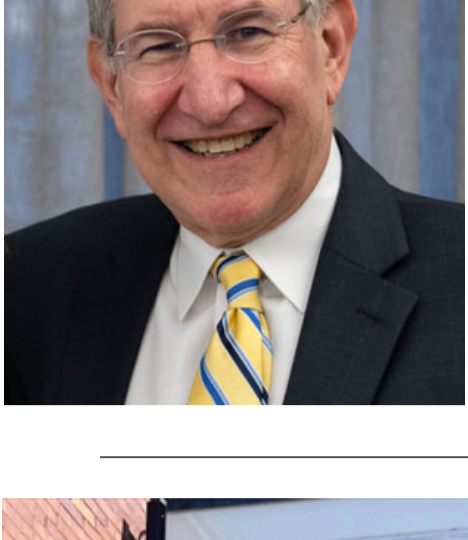


Alum and friend of the medical school **Stephen M. Stahl '73, '75 MD, PhD**, and his wife Shakila Stahl, were in attendance at the T-Mobile Arena in Las Vegas on Tuesday, June 13, as the Las Vegas Golden Knights won the National Hockey League's (NHL) Stanley Cup in the team's sixth-ever NHL season. The Golden Knights beat the Florida Panthers, 9-3, in a historic four to one series. Thank you to Dr. Stahl for sharing this awesome photo with us!

Have photos to share with your fellow alums? Please send them our way! We love to see and share what our alums are up to.

ALUMS: SEND US YOUR PICS!

## Congrats Are in Order!



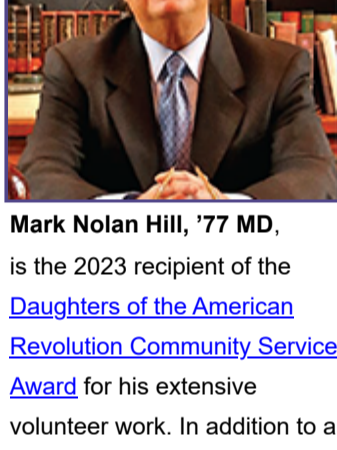
**Robert S. Feder '76, '78 MD, '95 MBA ('12 P)**, was awarded Northwestern Medicine's Gary A. Mecklenburg Distinguished Physician Award during the Northwestern Memorial Hospital Medical Staff Quarterly Meeting. One of the hospital's most prestigious awards, the peer-nominated Mecklenburg Award is presented each year to a physician who "embodies professionalism and humanism and who demonstrates a strong commitment to enriching the lives of others through research, teaching, patient care, or community outreach." Read the award announcement on the Northwestern Medicine [website](#). Dr. Feder is director of Cornea Service in the Department of Ophthalmology and professor of Ophthalmology at Feinberg. Congratulations, Dr. Feder!



**Sara Stotts '98 MPT, DPT**, is co-writer and co-producer of *MotherFreakingHood!*, an "irreverent, original musical comedy following three unlikely—and uncensored—friends as they take on the world from pregnancy tests to empty nests...one bottle at a time!" *BroadwayWorld* describes the show as "...without a doubt the funniest musical comedy of the theater season." The musical closed its most recent run on June 11, 2023, at the Mercury Theater's Venus Cabaret in Chicago. Members of the Northwestern University Department of Physical Therapy and Human Movement Sciences (NUPTHMS) Class of 1998 came to show their support for Dr. Stotts. Pictured above, left to right, are **Wendy Wagner '98 MPT**; **Kristen Lipsey '98 MPT**; NUPTHMS Alumni Board President **Tasha Weatherspoon '98 MPT, DPT**; co-writer and co-producer **Sara Stotts '98 MPT, DPT**; **Kate Nugent '98 MPT**; **Natalie Sandino Moran '98 MPT** (who traveled all the way from California to show her support); **Kellie Cunningham '98 MPT**; and **Kammye Matz '98 MPT** who, along with three of her sisters, drove from Wisconsin. Dr. Stotts's classmates shared that the musical was funny, relatable, endearing, and had an extremely talented cast. Congratulations to Dr. Stotts!



**Murad Alam, MD, '15 MS, MBA**, has been appointed president of the American Society for Laser Medicine and Surgery. Dr. Alam is vice-chair of Dermatology; professor of Dermatology, Otolaryngology, and Surgery; and chief of the Cutaneous and Aesthetic Surgery section at Feinberg. Congratulations, Dr. Alam!

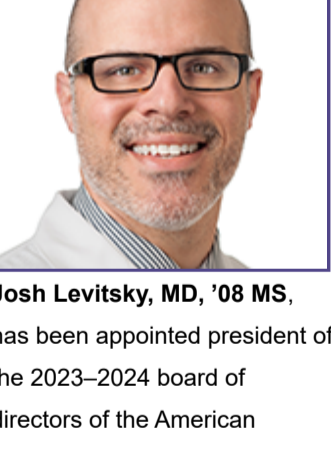


**Mark Hill, '77 MD**, is the 2023 recipient of the [Daughters of the American Revolution Community Service Award](#) for his extensive volunteer work. In addition to a commemorative plaque, the organization bestowed upon him a hand-sewn Quilt of Valor in recognition of his service as a veteran of the Navy. For decades, Dr. Hill has been a pillar of the Highland Park, Illinois, community, representing the City of Highland Park in the Great Lakes and St. Lawrence Cities Initiative for 20 years; serving as member, former chair, and citizen advisor of the Highland Park Natural Resources Commission for 30 years; volunteering at a free medical clinic; serving as a member of the Highland Park Division Lake County Medical Reserve Corp; coordinating the Highland Park Middle School's Project Citizen; and organizing Warriors and Art: A Path to Healing at the Highland Park Art Center, representing therapeutic veteran's art to the public. Additionally, Dr. Hill's Beatles cover band, Dr. Mark and the Sutures, has played pro bono for 36 years at local benefits, charities, and community events. Dr. Hill is professor of Surgery at The Chicago Medical School, adjunct professor of Surgery at the Kansas College of Osteopathic Medicine, and president and chief executive officer of North Shore Surgical Associates. Congratulations, Dr. Hill!

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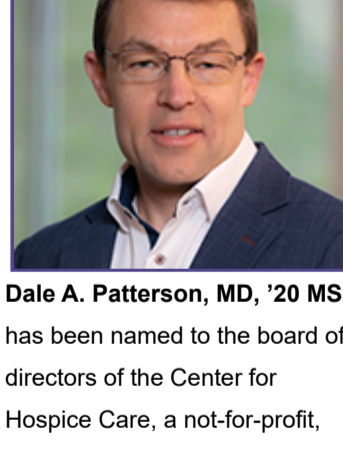
**Ken Kobayashi, '86 MD, '91 GMER**, has been appointed to the Medical Strategy Advisory Board of Dr. Evidence, an evidence-based insights platform for life sciences. Dr. Kobayashi has a deep background as a clinician-scientist, regulator, scientific diplomat, and drug developer across the US, Europe, Latin America, and Japan/Asia. As a senior executive in top-tier pharmaceutical companies including Pfizer, Daiichi Sankyo, AstraZeneca, Janssen, and Novartis, he has successfully overseen the introduction of more than 28 investigational agents and been directly involved with 60 programs, including in the areas of signal transduction inhibitors, epigenetic modifiers, and inflammation/immunotherapy. His experience also includes roles at the National Cancer Institute and the Food and Drug Administration. Congratulations, Dr. Kobayashi!



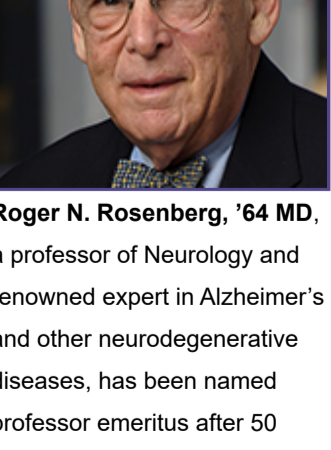
**Josh Levitsky, MD, '08 MS**, has been appointed president of the 2023–2024 board of directors of the American Society of Transplantation. Dr. Levitsky is professor of Medicine (Gastroenterology and Hepatology), Medical Education, and Surgery (Organ Transplantation) at Feinberg. Congratulations, Dr. Levitsky!



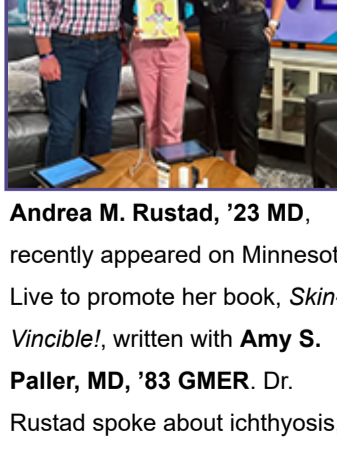
**Brian J. Miller, '11 MD, MBA, MPH**, was recently appointed to the US Government Accountability Office to the Medicare Payment Advisory Commission, the Congressional Advisory Body for the Medicare program. Dr. Miller is assistant professor of Medicine at Johns Hopkins University and a nonresident fellow at the American Enterprise Institute. His research focuses on the Medicare Advantage program, the US Food and Drug Administration's regulation of pharmaceutical products and medical devices, and competition in health care markets. His research leverages his previous experience at the Centers for Medicare and Medicaid Services, the Food and Drug Administration, and the Federal Trade Commission. Congratulations, Dr. Miller!



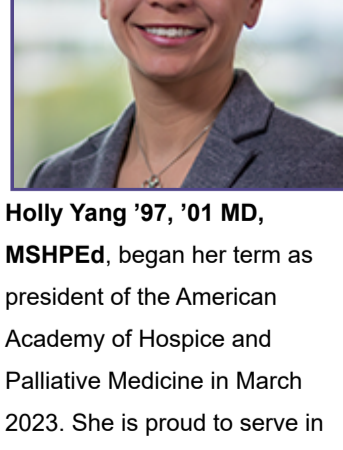
**Dale A. Patterson, MD, '20 MS**, has been named to the board of directors of the Center for Hospice Care, a not-for-profit, community-based organization. Recently, Dr. Patterson also assumed the role of president of Beacon Medical Group within Beacon Health System. He began this new role on January 1, 2023. Congratulations, Dr. Patterson!



**Roger N. Rosenberg, '64 MD**, a professor of Neurology and renowned expert in Alzheimer's and other neurodegenerative diseases, has been named professor emeritus after 50 years at the University of Texas Southwestern (UTSW). Prior to joining UTSW as its inaugural chair of Neurology in 1973, a position he held until 1991, Dr. Rosenberg had been a member of the faculty at the University of California, San Diego. For over 30 years, he served as director of the National Institutes of Health (NIH)-funded Alzheimer's Disease Center, both a patient-care and research center. Dr. Rosenberg also served as president of the American Academy of Neurology from



**Andrea M. Rustad, '23 MD**, recently appeared on Minnesota Live to promote her book, *Skin-Vincible!*, written with **Amy S. Paller, MD, '83 GMER**. Dr. Rustad spoke about ichthyosis, Camp Discovery, and sunscreen on the show. She is a recent 2023 graduate of Feinberg's MD program. Congratulations, Dr. Rustad!



**Holly Yang '97, '01 MD, MSHPEd**, began her term as president of the American Academy of Hospice and Palliative Medicine in March 2023. She is proud to serve in this role through March 2024. Dr. Yang is past president of the San Diego County Medical Society, chair of the Governance Technical Advisory Committee for the California Medical Association (CMA), and a delegate from the CMA to the American Medical Association House of Delegates. She teaches serious illness communication skills with VitalTalk as a strategic partner. She continues to serve as the Scripps Health co-director of the UCSD/Scripps Health Hospice

1991 to 1993, during which he created the AAN Education and Research Foundation, now the American Brain Foundation. He retired from UTSW on January 1, 2023. Congratulations, Dr. Rosenberg!

and Palliative Medicine Fellowship Program and cares for patients in San Diego, California. Congratulations, Dr. Yang!

*Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?*

Post it on our [Facebook](#) page or email us at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

## Upcoming Events: Mark Your Calendars!



VISIT THE MAA'S  
PLAN IT  
PURPLE PAGE

### Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple](#) calendar?

With the [Plan It Purple](#) calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the [MAA calendar](#) or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

## Paul A. Knepper, MD, PhD, Vision Research Day | Chicago, Illinois

Friday, June 30, 2023 | Sessions Throughout the Day

You are invited to the 2023 Paul Knepper, MD, PhD, Vision Research Day, sponsored by the Department of Ophthalmology and Northwestern University Feinberg School of Medicine.

The primary goals of Research Day are to showcase the broad spectrum of ophthalmology and vision research taking place throughout the Northwestern community and to catalyze collaborations between investigators in different departments, schools, and campuses.

Highlights of the day will include talks from Northwestern University researchers, poster presentations and the 2023 Robert Miller Memorial Lecture by David Khorram, MD.

Northwestern Memorial Hospital Feinberg Pavilion

251 East Huron Street

Chicago, IL 60611

To RSVP, please email Andrew Christopherson at [andrew.christopherson@northwestern.edu](mailto:andrew.christopherson@northwestern.edu) or call 312-503-3080.

RSVP TODAY



## Northwestern Medical Orchestra Summer Concert | Hybrid

Friday, July 14, 2023 | 7:00 p.m. CDT



The Northwestern Medical Orchestra is pleased to invite you to its Summer 2023 Wind Band Concert. Join them for an evening of exciting band music including Copland's *Fanfare for the Common Man* and selections from *The Phantom of the Opera*! Come to enjoy the music and meet the musicians.

NMO musicians include alumni, physicians, medical students, staff, and other members of the Northwestern community.

Advance registration for in-person or virtual attendance at this free event is required.

For questions or more information about the NMO, please contact [nmorchestra@u.northwestern.edu](mailto:nmorchestra@u.northwestern.edu).

REGISTER TODAY

## The H Foundation's 21st Annual Goombay Bash | Chicago, IL

Saturday, July 22, 2023 | 5:00 p.m. to Midnight CDT | Aon Grand Ballroom at Navy Pier

Join us at the 21st Annual Goombay Bash, a Caribbean-themed festival to find a cure for cancer. The Goombay Bash is one of Chicago's largest and liveliest cancer research fundraising events! All proceeds benefit basic science cancer research at the Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

For more information, please visit [goombaybash.com/goombay-bash](http://goombaybash.com/goombay-bash).

PURCHASE TICKETS

## A Morning of Children's Theater with Northwestern | Evanston, Illinois

Saturday, July 29, 2023 | 10:00 a.m. CDT

The Northwestern Alumni Association invites you to a morning performance of *Lyle the Crocodile*, a show for young audiences and families.

The Primm family is moving into their first New York City apartment. Imagine their surprise when they find a crocodile asleep in the bathtub! Although things are a bit crazy at first, Lyle soon wins them over with his saxophone-playing, juggling, and dancing ways. Lyle brings joy to everyone he meets; even the neighbors, Ms. Nitpicker and Mr. Grumps, can't resist his charms. A music-filled, dancing treat for the whole family.

This production is brought to you by the Northwestern University School of Communication and Imagine U, a program of the Virginia Wadsworth Wirtz Center for the Performing Arts and the Department of Theatre.

*Lyle the Crocodile* is recommended for ages three and older.

**Ethel M. Barber Theater**

Space is limited. Register by July 25, 2023 (or until tickets sell out). Please email [alumnieducation@northwestern.edu](mailto:alumnieducation@northwestern.edu) or call 847-491-7975 with questions.

PURCHASE TICKETS

## Feinberg's Breakthroughs Podcast Archives | Claim CME Credit

Available Now

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Northwestern University Feinberg School of Medicine podcasts are available on: [iTunes](#), [SoundCloud](#), [Spotify](#), and [Stitcher](#).

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