M Northwestern Medicine®

Feinberg School of Medicine

Medical Alumni Association Newsletter

May 2023 | Issue No. 70

Welcome to the Medical Alumni Association!



Congratulations to our 2023 MD, PA, PT, NUPOC, and GME graduates!

Your late nights, early mornings, hard work, and dedication have all led to this moment. We applaud you. As part of the Medical Alumni Association, you now join a network of 33,000+ fellow graduates who once stood where you now stand. We are so proud to call you our alumni and can't wait to watch your journeys unfold.

Welcome to the Medical Alumni Association!

To read more about this year's graduation, check out <u>Feinberg's event coverage</u>.

Click on the images below for more content on this year's graduating classes.

MD Graduation: May 15



PA Graduation: May 6



From the Director's Desk:



Dear Alumni,

We will open our Alumni Weekend 2023 website for registrations in early June and hope that you can join us in Chicago on October 13–14. We have many fabulous events planned throughout the weekend, including CME forums, Celebrate in Chicago—our all-alumni event on Friday evening, our Commitment to Scholarships Luncheon on Saturday afternoon, and The Founders Society Reception and **Reunion Class Dinners** on Saturday evening.

Alumni Weekend is for all alumni, not just those in reunion classes. We also welcome all Half Century Club members (those alumni past their 50-year reunion) for special programming throughout the weekend including a special Half Century Club dinner, Pancakes and Perspectives breakfast, and many general interest forums from top faculty at Northwestern.

Stay tuned for full details coming next month, and please email me with any questions.

Congratulations to all of our graduates, the newest members of the Medical

PT Graduation: April 21



NUPOC Graduation: March 24



Alumni Association!

Thank you, Babette

Babette Henderson '21 CERT Senior Director, Alumni Engagement 312-503-0855

> FIND US ON FACEBOOK

FOLLOW US ON INSTAGRAM (NEW!)

CALLING RECENT GRADS:

New Address, Phone, or Email?

We want to hear from you. Please update your information with us. Let's stay connected!

UPDATE YOUR

Breaking News: Your MAA Is Now on Instagram!





It's official: We're on the 'Gram! We're thrilled to be able to connect with you on this new platform, as well as on our existing MAA <u>Facebook page</u> and <u>YouTube</u> <u>channel</u>.

Be sure to follow us (<u>@numedalum</u>) to keep your finger on the pulse of alumni news and events.

FOLLOW THE MAA ON INSTAGRAM

MAA Names 2023 Viste Award Recipient



Congratulations to **Maria Gomez-Roas, '23 MD**, this year's winner of the **Kenneth M**. **Viste, '66 MD**, Student Service Recognition Award. Presented by the MAA at the annual Honors Day ceremony that was held on May 12, the Viste Award is presented in grateful recognition of outstanding volunteer service to Northwestern University Feinberg School of Medicine. Congratulations to Maria and all of the awardees!

For a full listing of this year's Honors Day recipients, please visit our <u>website</u>.

A special thank you to **Javier Guevara Jr., '12 MD**, MAA board member and co-chair of the Inclusion and Allyship committee, for

presenting Maria with the award. Dr. Guevara also gave a wonderful speech afterwards at the Dean's Graduation Luncheon, welcoming this year's MD graduates to the Medical Alumni Association. Thank you, Dr. Guevara!

It's Coming: Alumni Weekend 2023 Registration



It's almost time! Your Alumni Relations and Special Events teams are putting the finishing touches on our **Alumni Weekend 2023** details. Join us to celebrate **October 13–14** and salute our 2023 reunion classes, as well as our Half Century Club members (alumni past their 50-year reunion).

Registration for Alumni Weekend will officially open in early June. Be sure to take advantage of our early-bird registration discount! We have a fun-filled weekend planned with a wide selection of talks, CME forums, Chicago sightseeing opportunities, class dinners, an all-alumni celebration, and so much more!

Not your reunion year? Not a problem! There's so much to do and see. This is a truly all-alumni weekend. All alumni, guests, and family members are welcome to attend.

Stay tuned next month for more information, our full schedule of events, and details on how to register.

Mark your calendars now. Fall back to campus and come celebrate with us!

MAA Spring Event Recaps

Your MAA was hard at work this spring, hosting events for alumni and friends of the medical school both virtually and in person around the country. We're grateful for these opportunities to connect with alumni, meet new friends, and share exciting updates with you on your alma mater. Read on to learn more about these terrific events.

Nashville Events



On April 27, Daniel M. Corcos, PhD, professor of Physical Therapy and Human Movement Sciences, led exciting discussions with alumni and friends on aging and the beneficial effects of exercise in Nashville, Tennessee. Dr. Corcos shared information about the latest research on how aging affects the brain as well as the neuromuscular system.

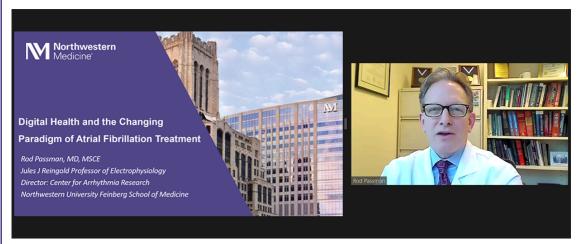
In advance of his birthday, Dr. Corcos was presented with a commemorative, personalized Nashville Predators jersey in recognition of all that he has done to raise awareness and education about Parkinson's disease and exercise. The jersey was presented to Dr. Corcos by former National Hockey League player Brent Peterson, founder and chief executive officer of the Peterson Foundation for Parkinson's, and his wife, Tami. Mr. Peterson is a current advisor and former assistant coach for the Predators.

While in Nashville, Dr. Corcos, along with members of our team, also had the privilege to attend the Michael J. Fox Foundation for Parkinson's Research's Gala and Benefit Concert on April 26 that celebrated the strides that have been made toward curing Parkinson's and discussed the road that lies ahead.

Thank you to Dr. Corcos, our hosts, and all who joined us at these wonderful events!

VIEW THE NASHVILLE PHOTO ALBUM

Webinar: Digital Health and the Changing Paradigm of Atrial Fibrillation Treatment



On May 2, the MAA was pleased to host a very popular webinar, "Digital Health and the Changing Paradigm of Atrial Fibrillation Treatment," featuring Rod S. Passman, MD, MSCE, director of the Center for Arrhythmia Research; the Jules J. Reingold Professor of Electrophysiology; and professor of Medicine, Cardiology, and Preventive Medicine.

In his presentation, Dr. Passman shared with us the history of wearable heart monitors and the promise they show in improving health and personalizing medicine for those with atrial fibrillation. Dr. Passman also provided insight into the \$37 million National Institutes of Health grant for Feinberg to lead a 100-site, 5,400-patient clinical trial that has the potential to change the way atrial fibrillation —which affects about 35 million people—is treated worldwide. The REACT-AF study will start enrolling participants in June.

Thank you to the 500 people who registered for this event! If you were unable to attend or would just like to revisit the conversation, we invite you to visit our <u>Virtual Event Recording Archives</u> to view the presentation.

VIEW THE VIRTUAL EVENT RECORDING ARCHIVES

A Night With Northwestern in San Francisco



On May 10, in collaboration with the Northwestern Alumni Association (NAA), Feinberg once again hosted a presentation as part of the NAA's "A Night With Northwestern" series. From our <u>Potocsnak Longevity Institute</u>, outstanding faculty panelists (*pictured above, left to right*) Farzaneh A. Sorond, MD, PhD; Donald M. Lloyd-Jones, MD, ScM; **Frank J. Palella '83, MD, '90, '92 GMER**; and Douglas E. Vaughan, MD, tackled questions such as why do some people age faster than others? And since tests can now pinpoint how long an individual will live, do you want to know and what's next? The presentation touched on how industry focus has shifted from prolonging lifespan to extending "healthspan" and what that might mean for your future healthcare.

Thank you to all of our San Francisco alumni who joined us and to our panelists for an excellent event!



For more information on any of these topics or spring events, please contact our team at <u>medalum@northwestern.edu</u>.

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"The 1933 Century of Progress: Chicago's Other World's Fair"



We're thrilled to bring you the newest installment of our MAA Digital Series, from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

In this month's presentation, join Dr. Gugenheim as he takes you through Chicago's oft-forgotten other World's Fair. Titled a "A Century of Progress," Chicago's second World's Fair ran from 1933 through 1934 and boasted attendance numbers that surpassed its famous 1893 predecessor. After this month's episode, you'll find that this major event in the Windy City's history ought not to be forgotten.

Dr. Gugenheim presents "The 1933 Century of Progress: Chicago's Other World's Fair."

Thank you, Dr. Gugenheim!

VIEW "THE 1933 CENTURY OF PROGRESS: CHICAGO'S OTHER WORLD'S FAIR"

COMING SOON!

Tune in next month as Dr. Gugenheim explores the long history of epidemics in Chicago. In days gone by, cholera, smallpox, and polio each raged through the city. Learn more about how these diseases would affect the lives of Chicagoans.

In the meantime, catch up on all previous episodes of our MAA Digital Series on our <u>MAA website</u> and <u>YouTube Channel</u>.

Announcing a New Type of Journal Club A Message from Joel Shalowitz, MD, '80 GMER, '82 MBA



We don't make medical decisions based solely on opinions and hearsay, so why should we base our assessments about health policy and management on those sources?

Just like in clinical medicine, those two subjects have extensive, peer-reviewed literature that can be used as the basis for informed decisions.

We are exploring interest in an alumni journal club that will be devoted to reading and discussing literature about health policy and management.

I will be the convener of this quarterly activity which will be modeled after a successful journal club conducted at the Kellogg School of Management. I served as a professor and director of the Health Industry Management Program at Northwestern's Kellogg School of Management for 28 years and am now an adjunct professor in Preventive Medicine at Feinberg.

If you're interested in participating, please indicate your interest via this <u>online</u> <u>form</u>.

We hope that you'll join us! Joel Shalowitz, MD, '80 GMER, '82 MBA

> COMPLETE OUR JOURNAL CLUB INTEREST FORM

Feinberg Continues to Rank Among Top Medical Schools



Your alma mater has again been recognized among the best medical schools in the nation. According to the latest *U.S. News & World Report* rankings, Feinberg ranks 13th among research-oriented institutions—the 16th year in a row that Feinberg has been listed in the top 20 of research-oriented medical schools. The 2024 rankings featured a significantly changed methodology in response to criticism of the rankings' methodology and the decision of some law schools and medical schools to opt out of participating in the ranking process. For more information, please visit the <u>Feinberg News Center</u>.

READ MORE IN THE FEINBERG NEWS CENTER

Help Shape Your Alumni Association: Take the Alumni Community Census by June 5



The Northwestern Alumni Association (NAA) is launching its third annual Alumni Community Census.

Please take five minutes to complete the 10-question census by June 5, 2023, and help us build a more connected and dynamic NAA community.

> COMPLETE ALUMNI COMMUNITY CENSUS

May Celebrations: Alumni Spotlights

We proudly shine a spotlight on several of our alumni groups during this month. May is Asian American and Pacific Islander Heritage Month, National Nurses Month, and Jewish American Heritage Month. We appreciate you and are grateful for this opportunity to celebrate you.



Asian American and Pacific Islander Heritage Month



National Nurses Month



Jewish American Heritage Month



Explore the most recent issue of Northwestern Medicine Magazine:

- Read a final note from outgoing MAA Board President Edward S.H. Kim '92, '96 MD, with an inspiring message: "Let's Make Happiness Go Viral"—in the "Alumni President's Message"
- · Learn more about Christopher Kang, '96 MD, '00 GMER, the first Asian-American president of the American College of Emergency Physicians (ACEP) and a 20-year veteran of emergency medicine in this issue's alumni profile, "Steady Hand"
- Discover more about teen health in our Q&A with teen health advocate Laura Offutt, '94 MD, founder of the annual International Adolescent Health Week (IAHW) in our "Alumni News" section
- · Enjoy an interview with Andrew Ripecky '72, '76 MD, in which he shares how he and his wife, Ruta Panchuk Ripecky '75, '77 MMUS, are supporting students pursuing psychiatry, primary care, and beyond in our "Alumni Giving" section
- · Visit our "In Memoriam" section as we honor the lives and legacies of our alumni and dear friends
- Explore the alumni "Progress Notes" to hear personal and professional updates from your fellow alumni
- And more!

READ THE LATEST **EDITION OF NMM**

Kirsten Byers Named a 2023 Recipient of the Garfield Award



We'd like to give a big congratulations to our very own Kirsten Byers '19 CERT, '21 MS who recently received the prestigious Garfield Award from Northwestern University during our Alumni Relations and Development (ARD) Town Hall on May 10. Kirsten is our medical school alumni team's senior associate director of Annual Giving.

Since 2005, ARD has presented the Garfield Award to recognize an Alumni Relations staff member whose performance is truly exceptional, shines brightly, furthers the Northwestern mission, embodies Northwestern values, and shows outstanding service to others.

Kirsten has been with the Feinberg Development and Alumni Relations office for 11 years and with Northwestern for 13. She is an outstanding colleague, teammate, and friend and is extremely deserving of this recognition.

Congratulations, Kirsten!

Send Us Your Northwestern Connections!



Did you recently get together with your classmates? Did you and your significant other meet during your days at medical school? Is your child or grandchild also a Wildcat? Is your physician a Northwestern alum too?

Send us your photos. We want to hear from you! We would love to feature your Northwestern connection in an upcoming issue of this newsletter! Email us at medalum@northwestern.edu.

> EMAIL MY NORTHWESTERN CONNECTION

Congrats Are in Order!



Jerome C. Cohen '77, '79 MD, '82 GMER ('04 P), was recently



Sadiya Khan '05, '09 MD, '14 MSc, '12 GMER, '16 GMEF, is



Norman A. Paradis, '84 MD, founder and chief executive

elected president of the Medical Society of the State of New York (MSSNY). Dr Cohen previously served as vice president, speaker, and trustee of MSSNY. He has served as a senior attending gastroenterologist for **Bassett Healthcare Network** since 2015 and is clinical assistant professor of Medicine at the Cooperstown campus of Columbia University Vagelos College of Physicians and Surgeons. A bio-terrorism first responder volunteer, Dr. Cohen previously served as president of the Broome County Medical Society and as past chair of the American Medical Association's Council on Constitution and Bylaws. Dr. Cohen's wife, Elaine V. Drelich, '80 DDS, is a fellow Northwestern alum and graduate of the NU Dental School. Congratulations, Dr. Cohen!

the lead author of a new Northwestern Medicine study published in the Journal of the American Medical Association (JAMA) that finds that CT scans are better at predicting a middle-aged person's risk for a heart disease, such as a heart attack, than genetics. According to Dr. Khan, the results of this study "can help doctors and patients in managing risk for heart disease, which is the leading cause of death in the U.S." For more information on the study, visit the JAMA website. Dr. Khan is assistant professor of Medicine in the Division of Cardiology and of Preventive Medicine and a Northwestern Medicine cardiologist. Congratulations, Dr. Khan!

officer of CPR Therapeutics, Inc., a medical device startup company, has received a \$1.6 million federal funding award as part of the National Institutes of Health National Heart Lung and Blood Institute Direct-To-Phase II Small Business Innovation Research Award. The award is in support of a multimodal integrated system for improved cardiopulmonary resuscitation (CPR). This advancedtechnology automated CPR system will be the first of its kind to integrate and synchronize multiple technological innovations into a single system. The project will be a collaboration with Johns Hopkins Hospital in Baltimore, Maryland. Dr. Paradis is an emergency medicine physician and professor of Medicine at the Geisel School of Medicine at Dartmouth College. Congratulations, Dr. Paradis!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Post it on our **Facebook** page or email us at **medalum@northwestern.edu**.

Upcoming Events: Mark Your Calendars!



VISIT THE MAA'S PLAN IT PURPLE PAGE

Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own <u>Plan It</u> <u>Purple</u> calendar?

With the <u>Plan It Purple</u> calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the <u>MAA calendar</u> or visit the <u>MAA home</u> <u>page</u> to keep tabs on all of our upcoming events.

30th Annual Lurie Cancer Center Cancer Survivors' Celebration Walk & 5K | Chicago, IL

Sunday, June 4, 2023 | Grant Park

Robert H. Lurie Comprehensive Cancer of Northwestern University is hosting the 30th Annual Cancer Survivors' Celebration Walk & 5K, a one-of-a-kind opportunity for people who have faced or are facing cancer to connect as a community and celebrate milestones with the families, friends, physicians, scientists, and care providers who support them every step of the way.

For more information, please contact Ashley May Coussens at 312-503-0759 or <u>ashleymay@northwestern.edu</u>.

Webinar | NU Faculty Live: The Personal and the Political

Tuesday, June 6, 2023 | 2:00 – 3:00 p.m. CDT

In his Tribeca award-winning audio documentary podcast *Mother Country Radicals*, Zayd Ayers Dohrn, writer, professor, and director of the Master of Fine Arts in Writing for Screen and Stage in the Department of Radio/Television/Film at Northwestern University, takes us back to the 1970s, when his parents and their young friends in the Weather Underground Organization teamed up with Black militant groups to rob banks, fight racism, and help build a revolution. Dohrn will discuss the making of the series, the challenges of combining memoir with political history, and the surprising parallels he discovered between his family's story and the radical politics of today.

For more information, please contact Jenna Martin at <u>alumnieducation@northwestern.edu</u>.

REGISTER TODAY

Day 1 Survivors Grand Garden Party and Bocce Tournament for Cancer Care | Wilmette, IL

Benefiting Lurie Cancer Center's Survivorship Program Saturday, June 10, 2023 | Wilmette Harbor Club

Founded by Emmy Award-winning journalist and cancer survivor Dina Bair, Day 1 Survivors' mission is to help anyone facing a cancer diagnosis become a survivor from Day 1. This event is held to raise funds and awareness about the value of patient and family-centered care. Have fun while supporting the Survivorship Institute at Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

For more information or to purchase tickets, please visit the Grand Garden Party & Bocce Ball Tournament's <u>website</u>. For questions, please contact Ashley May Coussens at 312-503-0759 or <u>ashleymay@northwestern.edu</u>.

PURCHASE TICKETS

Webinar | NU Faculty Live: Of Sound Mind Thursday, June 22, 2023 | 2:00 p.m. CDT

The hearing brain is vast, engaging how we think, feel, move, and integrate our senses. **Nina Kraus '81 PhD**, Northwestern University professor, director of the renowned Brainvolts Lab, and author of the recently published *OF SOUND MIND: How Our Brain Constructs a Meaningful Sonic World* examines the partnership of sound and brain, showing that the processing of sound drives many of the brain's core functions and leaves a fundamental imprint on who we are as human beings. Dr. Kraus explores the power of music for hearing every sound as well as the destructive power of noise on cognitive and mental health. She describes why musicians—defined here as anyone who makes music regularly—have measurably better sound minds. The sounds of our lives shape our brains, for better and for worse, and help us build the sonic world we live in.

For more information, please contact Paige Vaughn-Patel at <u>alumnieducation@northwestern.edu</u>.

REGISTER TODAY

Paul A. Knepper, MD, PhD, Vision Research Day | Chicago, Illinois

Friday, June 30, 2023 | Sessions Throughout the Day

You are invited to the 2023 Paul Knepper, MD, PhD, Vision Research Day, sponsored by the Department of Ophthalmology and Northwestern University Feinberg School of Medicine.

The primary goals of Research Day are to showcase the broad spectrum of ophthalmology and vision research taking place throughout the Northwestern community and to catalyze collaborations between investigators in different departments, schools, and campuses.

Highlights of the day will include talks from Northwestern University researchers, poster presentations and the 2023 Robert Miller Memorial Lecture by David Khorram, MD.

Northwestern Memorial Hospital Feinberg Pavilion 251 East Huron Street Chicago, IL 60611

To RSVP, please email Andrew Christopherson at <u>andrew.christopherson@northwestern.edu</u> or call 312-503-3080.

RSVP TODAY

The H Foundation's 21st Annual Goombay Bash | Chicago, IL

Saturday, July 22, 2023 | 5:00 p.m. to Midnight CDT | Aon Grand

Ballroom at Navy Pier

Join us at the 21st Annual Goombay Bash, a Caribbean-themed festival to find a cure for cancer. The Goombay Bash is one of Chicago's largest and liveliest cancer research fundraising events! All proceeds benefit basic science cancer research at the Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

For more information, please visit goombaybash.com/goombay-bash.

PURCHASE TICKETS

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