Medical Alumni Association Newsletter

April 2023 | Issue No. 69

Springing into Action: Your MAA Board



semi-annually on the medical campus and works diligently throughout the year to foster a spirit of loyalty, professional interaction, mentoring, and philanthropy to ensure the continued success of the medical school as a leader in education, research, and patient care. During this weekend, board members participated in a host of events on both the Chicago and Evanston campuses. The weekend kicked off on April 20, as members had the opportunity to meet incoming

Chicago History Museum.

The following morning, on April 21, the group

attended the Northwestern Leadership Symposium at

the Norris University Center in Evanston. The annual

symposium offers opportunities for alumni to share their knowledge with each other, build and deepen

their networks, and discover tools to enhance and

Northwestern President Michael H. Schill at the



and former board members, as well as members of

Association Board at the WoodWind Restaurant in

Northwestern Memorial Hospital.

the Northwestern University Physical Therapy Alumni



Kim. It is with great pride that we now welcome Nupur

MD, for his outstanding service as MAA president. Dr. Kim has done a fantastic job over the course of his tenure as president working to fully engage our alumni through a variety of events, initiatives, and mentoring opportunities, while helping to shape a dynamic vision and roadmap for the future of the MAA. Thank you, Dr.

Ghoshal, '01 PhD, '03 MD, as our 17th MAA president. In her previous role as chair of the Women in Medicine (WIM) subcommittee, Dr. Ghoshal was instrumental in

During his tenure on the board, Dr. Wethers helped to establish the Inclusion and Allyship subcommittee of the Strategic Initiatives arm and has made transformative contributions to it since its inception. Dr. Wethers will assume the MAA presidency in April 2025. Congratulations to all! Simulation in Healthcare Communication

chair Darren E. Wethers, '88 MD, was named president-elect of the Medical Alumni Association.

education, innovation, and scholarship. They emphasize patient safety, impactful research, and clinical skill acquisition to a high standard among individuals and teams. For more information, we invite you to check out the department's Simulation in Healthcare Education Podcast which focuses on key topics in healthcare simulation education. The series is hosted by alum Jeffrey Barsuk, '99 MD, '02 GMER, '11 MS, executive medical director of Northwestern Simulation; the Robert Hirschtick Professor of Medicine; and professor of Medicine (Hospital Medicine) and Medical Education. Dr. Barsuk leads the discussions by highlighting key issues about principles and practices of simulation-based mastery learning with chapter authors and book editors. To listen to the podcast, visit the Simulation in Healthcare Education Podcast

illnesses. The presentation provided excellent insight into how the Northwestern Simulation Center is transforming medical education. To learn more about the program, contact Meghan Monaghan at meghan.monaghan@northwestern.edu.

The goal of the Northwestern Simulation Center is to transform healthcare via

Thank you to Drs. Vermylen and Wood for your fantastic presentation!

Education Northwestern University

Hello Again, Arizona!

Simulation

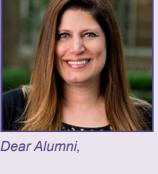
Feinberg School of Medicine

in Healthcare

website.

Director's Desk:

From the



Happy Spring! I would like

to highlight several of the

recent activities of the

Women in Medicine Shelly Vaziri Flais '95, '99 MD, '02 GMER, and Kavitha Gandhi '94, '98 MD, '99 GMER, along Board president, Nupur Ghoshal '01 PhD, '03 MD, recorded a two-part podcast for Northwestern 135a and b: "What Does It Mean to Be a Woman in Medicine?" We invite you STEM event with Westinghouse College

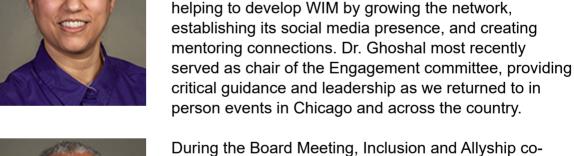
Women in Medicine Tea over Alumni Weekend on Friday, October 13. For more information on the Women in Medicine

LIKE & FOLLOW US ON **FACEBOOK**



subcommittee and how you can get involved, please feel free to reach out to me for further information! Thank you, Babette **Babette Henderson '21** CERT Senior Director, Alumni Engagement 312-503-0855





The MAA Spring Board Meeting also featured a special presentation from alumni Julia Vermylen, '11 MD, MPH, '14 GMER, '16 GMEF, and Gordon Wood, MD, '07 GMEF, '07 MS, co-directors of the Northwestern Simulation Program in Healthcare Communication. Their team uses Mastery Learning to train students how to have conversations with patients and families surrounding serious

with our incoming MAA Intersections—*Episodes* to take a listen! Additionally, the subcommittee will be hosting a Women in Prep High School on

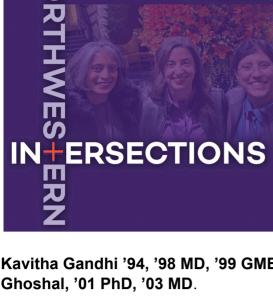


connect with alumni and friends of the medical school. On March 30, in honor of national Doctors' Day, we hosted a get-together at The Henry in Phoenix at which friends old and new were able to connect and reminisce about their days at Northwestern. The next morning, on March 31, we welcomed alumni and friends to a brunch at the JW Marriott in sunny Scottsdale. Do you live or summer in Arizona? Please make sure that we have your most upto-date contact so that we can reach out to you next time we head your way. Let's

stay connected! Email us at medalum@northwestern.edu. **Northwestern Intersections Podcast** What Does It Mean to Be a Woman in Medicine? Part 2

On the Northwestern Intersections ER 135 how key experiences have propelled

podcast, alumni share stories about



episode 135b with you.

them in their life's work. Alumni guests share what they've done right and wrong and what they've learned at each intersection along the way. What Does It Mean to Be a Woman in Medicine? Part 2 Episode 135b once again features

Vaziri Flais '95, '99 MD, '02 GMER, and Kavitha Gandhi '94, '98 MD, '99 GMER, as well as MAA Board President Nupur

WIM Committee co-chairs Shelly

In last month's issue of this newsletter, we shared the first episode of this special two-part series. We are thrilled to be able to continue the conversation and share "It started with the first Women in Medicine Tea hosted at The Drake Hotel in

Association Board is to elevate and amplify the voices of fellow women in medicine. In part 2 of this episode, Drs. Flais, Gandhi, and Ghoshal share their thoughts on work-life balance for women in medicine, how allies can help move the needle forward, and the importance of showing up with intention." To listen to the episode, visit the Northwestern Intersections website. Northwestern Intersections is available to listen and subscribe to on most podcast streaming apps.

Chicago in 2017. It was a chance for Feinberg alumnae across generations to come together in one place to freely share their stories, their challenges, and their victories. Dr. Ghoshal recalls asking, 'How do we bottle this moment?' The mission of the Women in Medicine (WIM) subcommittee of the Medical Alumni

NORTHWESTERN INTERSECTIONS: WHAT DOES IT MEAN TO BE

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

Holy Cow!

A WOMAN IN MEDICINE?

"Holy Cow! How Major League Baseball Came to Chicago"



Chicago." Thank you, Dr. Gugenheim!

> VIEW "HOLY COW! HOW MAJOR LEAGUE BASEBALL CAME TO CHICAGO"

> > **COMING SOON!**

Tune in next month as Dr. Gugenheim takes you through "A Century of Progress." Did you know that there was another World's Fair in Chicago? Chicago's second

Dr. Gugenheim presents "Holy Cow! How Major League Baseball Came to

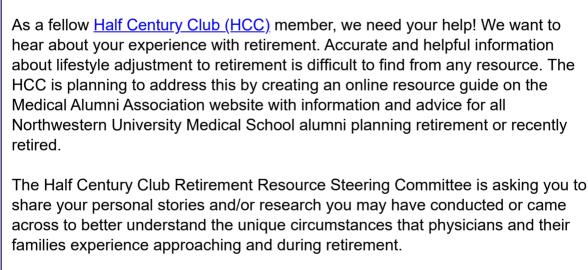
your peanuts and Cracker Jacks handy for this one.

World's Fair titled "A Century of Progress" ran from 1933 through 1934, and its attendance surpassed that of its famous 1893 predecessor. Learn more about the fascinating history of this lesser-known, but major event in the Windy City's

history.

In the meantime, catch up on all previous episodes of our MAA Digital Series on our MAA website and YouTube Channel.

Half Century Club Members: We Want to **Hear From You!**



You can review our proposed outline for the website linked here and consider describing your own experience and thoughts which can be incorporated into the

Did you graduate 50 years ago or more from Northwestern University's School of

or your family? Did you struggle with retirement? We want to hear your experience. Please share your retirement journey via the submission button below. Or please send an email to medalum@northwestern.edu and title it "HCC." Thank you for your help.

Orthopaedic Alumni Reception in Vegas

Did you change careers when you retired from medicine? Did you focus on travel

Bunta, '67 MD, '74 GMER.

you to all who joined us!

Andrew Klaus '63, '66 MD

Retirement Resource Steering Committee Lead

Medicine?

guide.

On March 9, during the American Association of Orthopaedic Surgeons Annual Meeting in Las Vegas, Nevada, the Feinberg Department of Orthopaedic Surgery hosted an alumni reception. Terrance Peabody, MD, chair of the Department, welcomed guests, shared some department highlights, and asked for a moment of silence to remember the late Michael Schafer, MD, '72 GMER, and Andrew

Fifty faculty, alumni, and trainees gathered to meet new colleagues, reconnect with friends, and reflect on how the department has grown over the years. Thank

Help Shape Your Alumni Association: Take the Alumni Community Census by June 5



The Northwestern Alumni Association (NAA) is launching its third annual Alumni Community Census.

Please take five minutes to complete the 10-question census by June 5, 2023

and help us build a more connected and dynamic NAA community.

COMPLETE ALUMNI

COMMUNITY CENSUS

Congratulate President Schill



Submit a note, photo, or video for President Schill and your message may be displayed on the inauguration website or at events throughout inauguration

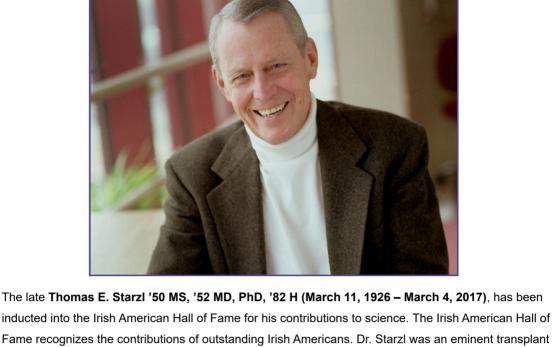
Members of the Northwestern University community are invited to join in commemorating the inauguration of Michael H. Schill as Northwestern's 17th

week. **CONGRATULATE**

PRESIDENT SCHILL

Congrats Are in Order!

president on June 2.



surgeon, mentor, and immunologist and is considered the "Father of Transplantation." Dr. Starzl's most notable accomplishments include performing the first human liver transplant in 1963 and the first successful human liver transplant in 1967. He served on the medical school's faculty from 1958 to 1961 and was awarded the National Medal of Science in 2004 by President George W. Bush. Congratulations to the Starzl family on his enduring legacy!



the Northwestern Alumni Association for all alumni of Northwestern University and runs seasonally, with three, six-episode seasons each year. Congratulations to Drs. Ghoshal, Gandhi, and Flais!



Guangyu (Anthony) Bai,

MD, was recently awarded best



and chief operating officer at

Everside Health, president of new markets and chief growth officer at ChenMed, senior vice president at Lumeris, and the first chief medical officer and president of healthcare delivery, finance, and integration at SSM Health Care. Congratulations, Dr. Dayal!

Bruce F. Scharschmidt '68,

president, recently published

'70 MD, former MAA Board

Released on Earth Day (April 22, 2023), the book is titled Tina the First Tooth Fairy. The book offers a unique reimagining of the tale children know and love. "A shortage of fairy dust has the fairy community anxiously scratching their heads. How will they carry on when they run out of dust? Empowered by the support of her big sister, Tiny Tina sets off on a mission to find a sustainable source and discovers it in the most unlikely of places-baby teeth!" Dr. Scharschmidt previously served as professor of Medicine and chief of Gastroenterology at the University of California, San Francisco (UCSF), where he helped start the UCSF liver transplant program. He has authored over 200 scientific papers and book chapters and served as editor-in-chief of the and president of the American Society for Clinical Investigation. He also served on the National Board of Directors



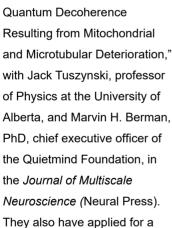
Modlin founded the event over

twenty years ago and is

passionate about helping men take control of their health by finding concerns early and getting treatment. For more information visit metrohealth.org/mmhf. Congratulations, Dr. Modlin!

Amish M. Shah '97, '01 MD.

has announced that he is running for U.S. Congress. Dr.



Trent William Nichols, Jr., '69

MD, '76 GMER, '78 GMEF,

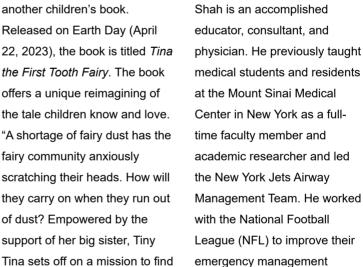
recently published "Medical

Alzheimer's Disease as

Hypothesis: Reconceptualing

third US Patent-Photobiomodulation using Near Infrared (NIR) Light in Alzheimer's, Parkinson's, other **Dementias and Memory Loss** Disorders along with Neuronics Limited after achieving statistical significance in several placebo-controlled clinical trials in early to mid-Alzheimer's and Parkinson's dementia using NIR transcranially after two months of BID wearing for seven as chief medical officer for ICARE Foundation for the past three years and now as chief medical officer of Quietmind NIR Light has achieved statistical significance in **Executive Functioning and** Alzheimer's and Parkinson's





emergency management through research over a concern for potentially catastrophic injuries, later presenting his work at the NFL Physicians' Society. Dr. Shah has served as a member of the Arizona House of Representatives since 2019. Congratulations, Dr. Shah!

the First Tooth Fairy is available for purchase on Amazon. Congratulations, Dr. Scharschmidt!

of the American Liver

Foundation and participated in

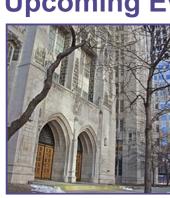
vaccines and therapeutics. Tina

the development of multiple

Post it on our **Facebook** page or email us at **medalum@northwestern.edu**. **Upcoming Events: Mark Your Calendars!**

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Medical Alumni Association: Plan It Purple Calendar



Did you know that the MAA has its very own Plan It Purple calendar?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!



You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the MAA calendar or visit the MAA home page to keep tabs on all of our upcoming events.

2023 Reproductive Aging Conference <u>Chicago</u> Sunday, April 30 – Wednesday, May 3, 2023

Omni Chicago Hotel | 676 Michigan Avenue | Chicago, IL 60611

The Reproductive Aging Conference is the only meeting of its kind and is an

experts that bridge the disciplines of reproductive and aging biology, defining new research paradigms. This is an initiative with profound societal consequences, as the end of fertility not only influences every decision in a woman's life planning, it sets off a cascade of negative health effects throughout her body. If we are to ensure equal access to the benefits of healthy longevity research, we must also aim to extend reproductive lifespan. Join expert researchers from Northwestern who are leading these efforts at this event! Questions can be directed to info@gcrle.org.

unparalleled opportunity to stimulate collaborations and discussions between

Webinar | Digital Health and the Changing Paradigm of Atrial Fibrillation Treatment

Tuesday, May 2, 2023 | 4:00 - 5:00 p.m. CDT

REGISTER TODAY

Northwestern University Feinberg School of Medicine Medical Alumni Association invites you to a virtual event featuring Rod S. Passman, MD, MSCE, director of the Center for Arrhythmia Research; the Jules J. Reingold Professor of Electrophysiology; and professor of Medicine, Cardiology, and Preventive

Medicine.

Department of Psychiatry and Behavioral Sciences.

potential to change the way we treat atrial fibrillation worldwide—which affects about 35 million people. The REACT-AF study will start enrolling participants in June. This webinar will give you an inside look into the study. You can submit your questions for Dr. Passman in advance or during the webinar. Advance registration required.

In August 2022, Dr. Passman received a \$37 million National Institutes of Health

grant for Feinberg to lead a 100-site, 5,400-patient clinical trial that has the

RSVP TODAY Portrait Unveiling and Reception Honoring the Memory of John Csernansky, MD, Former Chair of the Department of

Psychiatry | Chicago, IL

Thursday, May 4, 2023 | 4:30 p.m. CDT (with a reception following) Memorial and Portrait Unveiling for John Csernansky, MD, former chair of the

Simpson Querrey Biomedical Research Center **Hughes Auditorium** 303 East Superior Street Chicago, IL 60611

If you have any questions, please email Andrew Christopherson at andrew.christopherson@northwestern.edu or call 312-503-3080.

Malnati Brain Tumor Institute Minds Matter Benefit | Chicago, IL **Benefitting the Lou and Jean Malnati Brain Tumor Institute (MBTI)**

Friday, May 5, 2023 | 6:00 p.m. Cocktail Reception, 7:00 p.m. Dinner

160 East Pearson Street Chicago, IL 60611 Proceeds from this signature event will support the life changing work done at

Lou and Jean Malnati Brain Tumor Institute of Robert H. Lurie Comprehensive Cancer Center of Northwestern University at Northwestern Memorial Hospital, one of the world's leading centers for brain tumor research. Minds Matter is Malnati Brain Tumor Institute's largest annual fundraiser, with Emmy award-

winning journalist and anchor of WGN Evening News Micah Materre serving as Master of Ceremonies. This year, we will commemorate fifteen years of a formalized brain tumor institute at Northwestern University. For more information, please contact Ashley May Coussens at 312-503-0759 or

ashleymay@northwestern.edu.

The Ritz-Carlton, Chicago

orthwestern THE NORTHWESTERN Medical MEDICAL ORCHESTRA PRESENTS

Friday, May 5 7PM

Thorne Auditorium &



NMO musicians include alumni, physicians, medical students, staff, and other members of the Northwestern community. Advance registration for in-person or virtual attendance at this free event is

For questions or more information about the NMO, please contact

Saturday, May 6, 2023 | 12:00 - 6:00 p.m. CDT

Comprehensive Cancer Center of Northwestern University.

Coussens at 312-503-0759 or ashleymay@northwestern.edu.

4th Symphony and music from Harry Potter!

nmorchestra@u.northwestern.edu.

REGISTER TODAY

required.

The Northwestern Medical Orchestra (NMO) is pleased to invite you to its 2023 Spring Concert on May 5 at 7:00 pm for an exciting performance of Tchaikovsky's

Golden Fox Brewing 2874 North Dinneen Street Decatur, IL 62526

For more information, please visit <u>clfullerfoundation.org</u> or contact Ashley May

benefit Lou and Jean Malnati Brain Tumor Institute of Robert H. Lurie

Spring Music and Art Gala Charity Event to Benefit Brain Cancer Research | Decatur, IL

The Carol Lynn Fuller Foundation Ltd. is dedicated to brain cancer research and is holding this inaugural event in memory of Carol L. Fuller. Join local artists and artisans in sharing live music and local brews at this outdoor celebration of life to

more, contact Esmeralda Natividad at 773-404-4121 or enatividad@cubs.com.

A Night with Northwestern in San Francisco Wednesday, May 10, 2023 | 5:15 - 7:30 p.m. PDT Why do some people age faster than others? Tests can now pinpoint how long an

Is Aging Inevitable or Preventable? | San

\$15 - Recent Alumni (undergraduate classes 2012–22) and Current Students \$20 - Alumni and Friends

Reception includes beer, wine, soft drinks, and hors d'oeuvres

Please email alumnieducation@northwestern.edu or call 847-791-7200 with any questions.

REGISTER TODAY

Northwestern to bring awareness to the community.

Showcase on Alzheimer's-related dementia and aging research conducted at

Register by May 5.

PURCHASE TICKETS

Francisco, CA

Francisco, California

NU Day @ Wrigley | Chicago, IL Tuesday, May 9, 2023 | 6:40 p.m. CDT The annual tradition returns! Join the Northwestern Alumni Association (NAA) and thousands of alumni, students, faculty, and staff at Wrigley Field as the Chicago Cubs face the St. Louis Cardinals. Purchase your special-offer ticket through the Chicago Cubs to receive a limitededition Cubs hat in Northwestern colors. The Cubs will make a donation from each ticket sale to Northwestern's Student Activity Assistance Fund, which helps students participate in programs and events at the University.

Tickets for the game will be delivered exclusively as mobile tickets via the MLB Ballpark app. You can pick up your hat at Gallagher Way outside the third-base gate before or during the game. Register with the NAA on their <u>FAQ page</u> to let them know you've purchased tickets, and you'll receive information on Northwestern-related activities at the game and photos from the event afterwards.

A variety of seating and pricing options are available. For groups of fifteen or

individual will live. Do you want to know? Once you know, what's next? Come learn from Northwestern University Feinberg School of Medicine faculty how industry focus has shifted from prolonging lifespan to extending "healthspan" and what that might mean for your future healthcare.

Northwestern University San Francisco | 44 Montgomery Street, Suite 1800 | San

Presented in collaboration with the Northwestern Alumni Association.

29th Annual Alzheimer's Day | Chicago, IL Thursday, May 11, 2023 | 9:00 a.m. - 2:30 p.m. CDT

Feinberg Pavilion Conference Center

251 East Huron Street, 3rd Floor

Chicago, IL 60611

RSVP TODAY

Concerts for Concern Benefiting Lurie Cancer Center | Chicago, IL

Friday, May 19, 2023 | Fourth Presbyterian Church of Chicago

Concerts for Concern, an organization founded by violinist, Michelle Wynton, collaborates with local musical talent to increase awareness and to encourage support of the Robert H. Lurie Comprehensive Cancer Center. These free concerts are typically held during lunch hours and are approximately 50 minutes long.

For more information, please contact Ashley May Coussens at 312-503-0759 or <u>ashleymay@northwestern.edu</u>.

Scott Lecture Series: "Genetic Mechanisms of Autoimmune Diseases" | Hybrid

Thursday, May 25, 2023 | 3:30 – 4:30 p.m. CDT

Join the Center for Genetic Medicine for a special lecture with guest Soumya Raychaudhuri, MD, PhD, professor of Medicine and Biomedical Informatics at Harvard Medical School. Dr. Raychaudhuri also is the Coblyn and Brenner Distinguished Chair in Immunology; director of the Center for Data Sciences at Brigham and Women's Hospital; and a member of the Broad Institute.

Dr. Raychaudhuri will present his work mapping risk alleles for autoimmunity and his lab's efforts to link those alleles to disease mechanisms. Dr. Raychaudhuri's work focuses on rheumatoid arthritis, which is the prototypical autoimmune disease. Risk alleles for rheumatoid arthritis are found inside and outside of the major histocompatibility complex (MHC) locus. Alleles within the MHC locus largely map to human leukocyte antigen genes, and Dr. Raychaudhuri will discuss how these alleles alter the identity of T cells by influencing T cell-receptor sequences. He also will discuss other risk alleles and how these alleles alter gene regulation in the cellular context.

This lecture is part of the Scott Lecture Series, created as an educational platform to appeal to the medical community. Funded under the generous bequest of alum **Richard A. Scott, '68 MD**, his wife and family established the lecture series in honor of his lifelong interest in research and learning after his passing.

LEARN MORE AND REGISTER

30th Annual Lurie Cancer Center Cancer Survivors' Celebration Walk & 5K | Chicago, IL Sunday, June 4, 2023 | Grant Park

Robert H. Lurie Comprehensive Cancer of Northwestern University is hosting the

30th Annual Cancer Survivors' Celebration Walk & 5K, a one-of-kind opportunity for people who have faced or are facing cancer to connect as a community and celebrate milestones with the families, friends, physicians, scientists, and care providers who support them every step of the way.

<u>Day 1 Survivors Grand Garden Party and</u>

For more information, please contact Ashley May Coussens at 312-503-0759 or

Bocce Tournament for Cancer Care Wilmette, IL Benefitting Lurie Cancer Center's Survivorship Program Saturday, June 10, 2023 | Wilmette Harbor Club

from Day 1. This event is held to raise funds and awareness about the value of patient and family-centered care. Have fun while supporting the Survivorship Institute at Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

For more information or to purchase tickets, please visit A Grand Garden Party & Bocce Ball Tournament. For questions, please contact Ashley May Coussens at

Founded by Emmy Award-winning journalist and cancer survivor Dina Bair, Day 1 Survivors' mission is to help anyone facing a cancer diagnosis become a survivor

PURCHASE TICKETS

The H Foundation's 21st Annual Goombay

Bash Chicago, IL
Saturday, July 22, 2023 | 5:00 p.m to Midnight CDT | Aon Grand

312-503-0759 or ashleymay@northwestern.edu.

Ballroom at Navy Pier Join us at the 21st Annual Goombay Bash, a Caribbean-themed festival to find a cure for cancer. The Goombay Bash is one of Chicago's largest and liveliest

cancer research fundraising events! All proceeds benefit basic science cancer research at the Robert H. Lurie Comprehensive Cancer Center of Northwestern

University.

For more information, please visit goombaybash.com/goombay-bash.

PURCHASE TICKETS

Feinberg's Breakthroughs Podcast
Archives | Claim CME Credit

Archives | C Available Now

Stay in tune with Feinberg faculty through candid interviews in the <u>Breakthroughs</u> podcast archives. Listen to their insights, explore recent episodes, claim

continuing medical education credit, and subscribe to the show so that you can

claim CME Credit—At the bottom of every podcast story page, you'll find the eligible credit amount and a "claim your credit" button, which will take you to

Feinberg's CME website. Just sign in and fill out the form.

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Spotify, and Stitcher.



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