

Alumni and Student Network

CONNECT • HOST • MENTOR



Announcing the New Alumni and Student Network!

We are excited to announce that we've made some updates to our online mentoring program. You will now have the opportunity to virtually mentor students, host a student in your home, and connect with your peers all in one spot!

Formerly Virtual Heart to-Hearts, our [Alumni and Student Network](#) helps bring our Northwestern community together through meaningful connections. The platform allows alumni to connect with students, provide mentorship, offer career advice, and broaden your professional network. We've also included a new feature for you to find other alumni in your personal or professional communities and stay connected to your alma mater.

Ready to get involved? If you registered previously for our Virtual Heart-to-Hearts program, take a minute to update your information. If you're new to the platform, register today to create your profile. It's quick and easy!

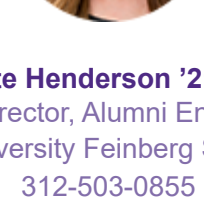
The Alumni and Student Network

From the Director's Desk:

Dear Alumni,

If you are interested in mentoring students, our Alumni Relations team has created many opportunities for you to interact with our students and provide much-needed advice when they are making career decisions and exploring possible specialties. Our programs include our online Alumni and Student Network (formerly Virtual Heart-to-Hearts), Alumni Physicians of Feinberg, and Dinners with a Doc. To learn more about these programs, [visit our website](#). For questions, please reach out to Allison Glibowski at allison.glibowski@northwestern.edu.

Thank you,
Babette



Babette Henderson '21 CERT
Senior Director, Alumni Engagement
Northwestern University Feinberg School of Medicine
312-503-0855

New LinkedIn Group



Calling all Northwestern MDs, students, and faculty with an interest in the business of healthcare! The Business of Medicine committee of your Medical Alumni Association Board is excited to announce the launch of a new LinkedIn group dedicated to fostering connections and empowering those interested in the intersection of medicine and business. Find discussions and resources, discover collaboration, career and mentorship opportunities, and more. Join the conversation at [Northwestern MDs in Business](#).

Northwestern MDs in Business LinkedIn Group

Your MAA: Coast to Coast



This summer, your Medical Alumni Association brought alumni and friends together with a dynamic lineup of events across the country. From the suburbs of our beloved Chicago to the sunny shores of San Diego and the heart of Minneapolis, it was a pleasure to connect with so many of you. Keep reading to relive the highlights from these exciting coast-to-coast gatherings!

Interested in hosting an alumni gathering in your area? Contact us at medalum@northwestern.edu.

Check Out Our Upcoming Events

River Forest: Backyard Patio Party



On July 20, alumni and friends joined us for the Medical Alumni Association's Backyard Summer Patio Party in River Forest, Illinois. Thank you to our MAA Board Alumni and Student Connections committee co-chair **Jeff Schaidler '83, '85 MD**, and his wife, Anna, for hosting the event in celebration of his upcoming 40th reunion! We invite you to check out our [online photo album](#) from the event, and we look forward to continuing to build our local Chicagoland community of alumni.

San Diego: Alumni and Friends Dinner



It was a pleasure connecting with everyone at the Medical Alumni Association Dinner in San Diego on July 29! Thank you for making the evening at Parc Bistro-Brasserie so memorable. For those who couldn't join us, we'll look forward to seeing you at our future MAA San Diego events. Explore our [event photo album](#).



Minneapolis: Art and Cuisine



On August 17, your MAA was thrilled to host alumni and friends at The Walker Art Center in Minneapolis, Minnesota, for a private tour of "Keith Haring: Art Is for Everybody," followed by brunch at Cardamom. Thanks to everyone who joined us for this fun weekend. Experience the art for yourself in our [online photo album](#). We can't wait to head back to the City of Lakes soon!

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Ray Kroc and McDonald's"

Ray Kroc and McDonald's

His Chicago Roots and the Evolution of Fast Food



Joseph Gugenheim, '72 MD

We're thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

In celebration of National Burger Day on August 22, Dr. Gugenheim delves into the life and career of Chicagoland native Ray Kroc, the founder of McDonald's. Kroc's business acumen fueled the global expansion of the iconic fast-food chain and pioneered innovations that became synonymous with the McDonald's brand. Together with his wife, Joan, Ray Kroc donated \$10 million to Children's Memorial Hospital (now Ann & Robert H. Lurie Children's Hospital of Chicago), leaving behind a philanthropic legacy that continues to make a transformative impact.

Dr. Gugenheim presents "**Ray Kroc and McDonald's**."

Thank you, Dr. Gugenheim!

Stream "Ray Kroc and McDonald's"

COMING SOON:

Join Dr. Gugenheim in September as he explores Chicago's historic Grant Park, which has been the site of many major events in recent years including the NFL Draft, Lollapalooza, and the Taste of Chicago. Spanning over 300 acres, Grant Park is home to landmarks like Buckingham Fountain, Millennium Park (featuring Cloud Gate, also known as "The Bean"), the Museum Campus, the Art Institute of Chicago, Maggie Daley Park, and more. Once a landfill that fell into disrepair as recently as the 1980s, Grant Park has been transformed into a centerpiece of Chicago's landscape. Stay tuned next month as Dr. Gugenheim takes a stroll through "Chicago's Front Yard."

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

It's Time: Book Your Hotel for Alumni Weekend 2025

Friday and Saturday | May 2-3, 2025



The time has come to make your travel plans for Alumni Weekend 2025. Book your hotel now! Room blocks have been arranged at various local hotels at discounted rates.

Though our website still reflects a recap of our recent Alumni Weekend 2024, the hotel arrangements that we've made for you for Alumni Weekend 2025 are available now on our site. So, if you'd like to book your hotel early, there are several local hotels offering discounts.

Please visit the **2025 Travel and Accommodations** portion of our [Alumni Weekend website](#) for more information. Aloft Chicago Mag Mile, Hyatt Centric, The Peninsula Chicago, and The Ritz-Carlton, Chicago are offering discounted rates on a first-come, first-served basis.

Visit Our "2025 Travel and Accommodations" Page

The full Alumni Weekend schedule and event details will be made available via our website in December 2024. Reunion and Half Century Club alumni should keep an eye on their mailbox for a special Alumni Weekend brochure at the end of the year. Invitations for invite-only Alumni Weekend events, such as the **Commitment to Scholarships Luncheon** and **The Founders Society Reception**, will be sent in early 2025.

Mark your calendars: **Alumni Weekend registration opens January 6, 2025**. Registering online has never been easier!

Society Olympics 2024



The Ricketts Society—Society Olympics champions for the fourth year in a row.

The Medical Alumni Association was thrilled to take part in this year’s Society Olympics on August 16. Students from the four medical student societies—Ricketts, Lawless, Thompson, and Cooper, all named after distinguished alumni—battled it out in a series of physical and mental challenges to claim the top spot.

The Ricketts Society (pictured above) emerged victorious, bringing home the Feinberg Cup after an impressive performance. This marks their fourth consecutive win at the Society Olympics. Congratulations, Ricketts, on an outstanding achievement!

View Feinberg’s [Flickr album](#) to see more photos from Society Olympics 2024. Kudos to all the participants!

Society Olympics Photo Album

NUPOC Alumni of Feinberg



Jim Kaiser '76 CERT led an outstanding NUPOC Alumni of Feinberg session on August 8 for our prosthetics-orthotics students. He is the former chief executive officer of Scheck and Siress Prosthetics, Inc. We’re grateful to Mr. Kaiser for sharing his time, insights, and advice with our students.

To learn more about mentoring opportunities available through the Medical Alumni Association, [visit our website](#).

Northwestern Medicine Magazine



Explore the [most recent issue](#) of Northwestern Medicine Magazine:

- Take a [“A New Vantage Point”](#) with MAA Board President **Nupur Ghoshal, '01 PhD, '03 MD**, as she looks back at Alumni Weekend 2024 through our student and future leaders’ eyes in the Alumni President’s Message
- Learn about the significance of [“Opening Doors to Healthier Communities”](#) as **Scott Hamstra, '85 MD**, discusses how his experience at Feinberg sparked his dedication to improving the health of underserved and vulnerable populations in our Alumni Perspective section
- Discover more in our Alumni Profile feature, [“Global Health Giant,”](#) about 2024 Distinguished Medical Alumni Award recipient **Thomas Quinn, '74 MD, MSc**, who traced the origins of the AIDS pandemic and is now hunting for a cure
- Look back at [Alumni Weekend 2024](#), where alumni returned to campus for a fun-filled weekend, reconnecting with their classmates and reminiscing about their days on campus
- Visit our [“In Memoriam”](#) section as we honor the lives and legacies of our alumni and dear friends
- Check out the alumni [“Progress Notes”](#) to hear personal and professional updates from your fellow alumni
- And more!

Check Out the Latest Edition of NM Magazine

Congrats Are in Order!



Jeremy S. Frank, '04 MD, was selected as the head team physician for the US Olympic wrestling teams. An orthopedic surgeon at Joe DiMaggio Children’s Hospital in Hollywood, Florida, Dr. Frank was appointed head physician for both the men’s and women’s wrestling teams at the Paris 2024 Summer Olympics. Although this is Dr. Frank’s first Olympic Games, he has worked with USA Wrestling for over a decade and has cared for athletes during World Championship games. Dr. Frank’s ties to the sport even date back to his medical school days, when he volunteered as an assistant coach for the Northwestern University wrestling team during his first two years of medical school. Read more about his career in the [Miami Herald](#). Congratulations, Dr. Frank!



Lydia Pleotis Howell '79, '81 MD, received the Distinguished Service Award from the Association of Academic Pathology (AAPath) at its 2024 annual meeting in Washington, DC. Honored for her service to academic pathology, including 13 years as a department chair, Dr. Howell also was recognized for her contributions to cytopathology and women’s career development. She served as AAPath’s president during the COVID-19 pandemic and is a founder of AAPath’s Academy of Distinguished Pathology Educators, Pathology Leadership Academy, and Leadership Development and Diversity Committee. A past president of the American Society of Cytopathology, Dr. Howell served on many federal and state advisory committees to improve women’s health. She is currently AAPath’s deputy director and a distinguished professor and chair emerita at the University of California, Davis, where she spent 37 years on faculty. She is enjoying retirement with her husband, **Stephen Howell, '81 MD**, and their family. Congratulations, Dr. Howell!



Christina “CJ” L. Jenkins, '00 MD, has been appointed to the Board of Directors of Medical Solutions, a healthcare staffing company. Dr. Jenkins has served as a board member, C-suite advisor, and healthcare venture capital investor, focusing on improving health outcomes through technology. She has supported growth strategies for organizations ranging from startups to billion-dollar companies. Dr. Jenkins serves on the board of Help at Home and as an advisory board member for Independence Health Group. She previously chaired the Quality and Performance Committee at NYC Health and Hospitals. As the founding chief executive officer of OneCity Health Services, she led a \$1.2 billion initiative for value-based payment readiness. Dr. Jenkins also is co-founder and general partner at Convergent Ventures, where she directs health investment strategies. She previously served as a clinical instructor of Medicine at Mount Sinai Medical Center. Congratulations, Dr. Jenkins!



A team of four Northwestern alumni served as the US Soccer Women's National Team medical support staff at the Paris 2024 Summer Olympics. Team physical therapist **Katie Jeanfreau, '18 DPT**, head trainer **Juliet E. Barnes '15 MA**, orthopaedic surgeon **Vehniah K. Tjong, MD, '16 GMEF**, and lead team physician **Monica E. Rho '01, '05 MD, '09 GMER**, helped the team bring home the gold at this year's Olympics. Congratulations to our alums on their team's incredible win!

Do you have news to share with us or know of an alum we should recognize in the newsletter? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at medalum@northwestern.edu.

Upcoming Events



Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Visit the MAA Plan It Purple Calendar

Wellness Walks | Chicago, Illinois

Spring–Fall 2024

Chicago Parks Foundation (CPF) presents Wellness Walks, a seasonal walking program where medical professionals lead 45-minute park walks and informal discussions on health-related topics like sleep, nutrition, and exercise. CPF is partnering with students and healthcare providers from local medical institutions including Northwestern Medicine to lead their walking program.

CPF's Wellness Walks are a free, low-pressure way to get some movement, connect with fellow community members, learn about your health, and enjoy your beautiful parks. Get outside and join us!

Visit the Wellness Walks Website

Have Coffee and Conversations | MAA Virtual Event

Tuesday, September 10, 2024 | 10–11 a.m. CDT

Calling all Half Century Club members (alumni who graduated 50+ years ago)!

Our "Have Coffee and Conversations" series is a unique opportunity for you to reconnect with fellow alumni, share your experiences, and enjoy meaningful conversations in a relaxed setting.

Have Coffee and Conversations with [Linda Van Horn, PhD, RDN](#): "Diet and Healthy Aging"

Virtual via Zoom: Link will be provided when you register.

This virtual discussion will feature Linda Van Horn, PhD, RDN, professor emeritus and chief of the Nutrition Division in the Department of Preventive Medicine at Northwestern University Feinberg School of Medicine.

What can be done to help maintain a healthy weight as you age? We will discuss the benefits of healthy eating and why it can help you live longer. Dr. Van Horn will share some of her research findings and audience members will have the opportunity to ask questions at the end of her remarks.

Register for Have Coffee and Conversations

MAA Events: Lunching and Brunching with Alumni 'Cats in Seattle! | Seattle, Washington

Friday, September 20–Saturday, September 21, 2024

Before the Northwestern Wildcats take on the Washington Huskies, we invite you to join Northwestern medical alumni, friends, family, and supporters in Seattle for these additional exciting (and complimentary!) events:

Medical Alumni Association Luncheon
Friday, September 20, 2024
Time: 12 noon
Location: Cortina | 621 Union Street | Seattle, WA 98101

Northwestern Alumni Association Brunch
Saturday, September 21, 2024
Time: TBD (depending on kickoff time)
Location: TBD

The exact timing of the brunch event is TBD, depending on the time of the football game, which is normally set 1–2 weeks in advance of the date. Once the timing and location are confirmed, we will send you this information via email after you sign up.

Register for Our Pre-Game Seattle Events

New Chapter. NU Neighbors. | Worldwide

Tuesday, September 24, 2024

This fall, [New Chapter. NU Neighbors. \(NCNN\)](#) welcomes the Class of 2024 to their new cities and local alumni communities. Held around the world, NCNN events connect alumni and celebrate this new chapter in recent graduates' lives. Undergraduate alumni who graduated in the last ten years and graduate alumni from the last five years are invited and will share recommendations about their cities and how to stay connected to Northwestern.

NEW THIS YEAR:
Alumni from Feinberg, Pritzker, and Kellogg are invited to participate!

MARK YOUR CALENDARS:
The Northwestern Alumni Association will host most events on Tuesday, September 24. Join us at your nearest event. Registration is now open.

If you have any questions about the event, please contact youngalumni@northwestern.edu.

Register for New Chapter. NU Neighbors.

The Landsberg Society Late Night Morning Report and Dinner | Chicago, Illinois

Thursday, September 26, 2024

The Landsberg Society Board is excited to host, with our chief medical residents and special guests, a lively and interactive discussion of interesting cases in the classic case conference format. Prior to the discussion, join fellow alumni and current faculty, residents, and fellows for cocktails, dinner, and camaraderie.

Please email landsbergsociety@northwestern.edu for more information about this event or the Landsberg Society.

Register for Late Night Morning Report and Dinner

.....

SAVE THE DATE: Conversations and Connections in the Beautiful Coachella Valley | La Quinta, California

Saturday, October 26, 2024 | 1-4 p.m.

Thanks to our generous host Steve Rosen, MD, the Northwestern University Medical Alumni Association welcomes alumni, friends, patients, donors, and Dr. Rosen’s classmates from across the country to join us for Conversations and Connections in the beautiful Coachella Valley.

Please join us for brunch and lively conversation at the home of Dr. Steven Rosen this fall—back by popular demand! Dr. Rosen will host our fall meet and greet—“One Northwestern Family”—and provide an opportunity for you to reconnect and swap stories with alumni and friends of the medical school.

This private event will be graciously hosted in the home of **Steven T. Rosen '72, '76 MD, '79 GMER, '81 GMER ('01, '05 P)**.

.....

SAVE THE DATE: Feinberg Reception During the AAMC Medical Education Meeting | Atlanta, Georgia

Sunday, November 10, 2024 | 6:30–8 p.m.

Please save the date and plan to join us for drinks and appetizers during the Association of American Medical Colleges (AAMC) annual meeting. Mingle with fellow Northwestern alumni, Feinberg faculty, and friends. All alumni are welcome, whether you’re attending the AAMC annual meeting or live locally in the Atlanta area!

Advance registration will be required.

.....

SAVE THE DATE: Northwestern Leadership Symposium | Chicago, Illinois

Wednesday, November 13–Friday, November 15, 2024

Join this complimentary symposium for our most engaged alumni volunteer leaders to learn from expert faculty members, network with fellow alumni, and enhance your volunteer role with the University. Events begin Wednesday evening before Homecoming and Reunion Weekend.

The Northwestern Alumni Association will share the full schedule, event registration, and hotel accommodations this summer. Visit the [Leadership Symposium page](#) for additional resources. Information will be updated frequently.

.....

SAVE THE DATE: Alumni Weekend 2025 | Chicago, Illinois

Friday, May 2–Saturday, May 3, 2025

Celebrate in Chicago this spring!

Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome our 2025 reunion classes, as well as all members of our Half Century Club. Not your reunion year? Not a problem! There’s so much to see and do. Plan to spend the weekend with us. See you in Chicago!

Stay tuned for more information coming later this year.

Add Alumni Weekend 2025 to My Calendar

.....

Feinberg’s Breakthroughs Podcast Archives | Claim CME Credit

Available Now

Stay in tune with Feinberg faculty through candid interviews in the [Breakthroughs](#) podcast archives. Discover more about their insights, explore recent episodes, claim continuing medical education (CME) credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

For Physicians Claiming CME Credit: Most episodes are approved for CME credit. After streaming the episode, you will find the eligible credit amount at the bottom of each podcast webpage and a “claim your credit” button, which will take you to Feinberg’s CME website. Just sign in and fill out the form.

Northwestern University Feinberg School of Medicine podcasts are available on [Apple Podcasts](#), [Spotify](#), and [Pandora](#).

Subscribe to the Breakthroughs Podcast

Questions? Contact us anytime at medalum@northwestern.edu.

Thank you for engaging with us and staying connected to your alma mater!