

Happy Holidays

We wish you and your loved ones peace, joy and health. Thank you for all the ways you make countless lives *Better*.

E. G. Neillson
Eric G. Neillson, MD
Vice President for Medical Affairs
Lewis Landsberg Dean
Northwestern University Feinberg School of Medicine

Dean M. Harrison
Dean M. Harrison
Chief Executive Officer
Northwestern Memorial HealthCare

Howard B. Chrisman
Howard B. Chrisman, MD
President and Chief Operating Officer
Northwestern Memorial HealthCare

From All of Us to All of You,

Wishing you and yours a wonderful holiday season, good health, and happiness in the New Year!

Your Medical Alumni Association and Alumni Relations Team

Alumni Physicians of Feinberg Meet Students



What do you say to a parent whose child needs to be placed on the heart transplant list? There are no answers, let alone in a medical textbook.

Yet these are the realities physicians in medicine face every day, and some of the things that our latest **Alumni Physicians of Feinberg (APF)** discussed with current medical students this month.

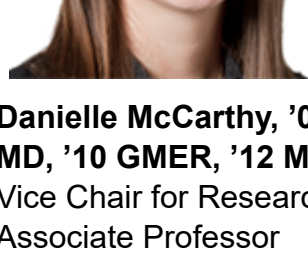
This December, **Danielle McCarthy, '06 MD, '10 GMER, '12 MS**; MAA Board Member **Elfriede Pahl Schuette, '83 MD, '86 GMER, '00 GMEF**; and **Ronak M. Patel '05, '08 MD, '13 GMER**, each met with a group of about 10-12 students as part of the APF mentorship program connecting medical students with our distinguished alumni.

Students asked featured speakers everything from, "What should we know when deciding whether to go into emergency medicine?" to "What made you keep going on the days you wanted to quit?"

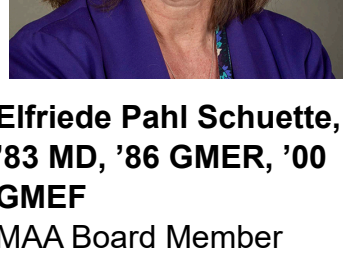
Their questions also reflected the type of physicians they aspire to be: "What can we do as medical students to help with patients suffering from opioid abuse?" to "What advice do you have for medical students who want to improve communication with patients who have lower health literacy in emergency situations?"

Between our alumni and our students, the present and future of medicine are bright. From the bottom of our hearts, thank you.

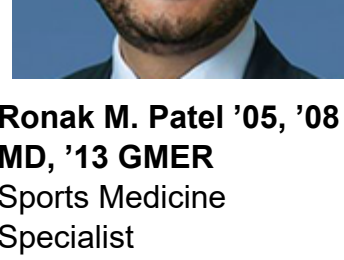
Special Thanks to Our APFs of December



Danielle McCarthy, '06 MD, '10 GMER, '12 MS
Vice Chair for Research
Associate Professor
Department of
Emergency Medicine



Elfriede Pahl Schuette, '83 MD, '86 GMER, '00 GMEF
MAA Board Member
Pediatric Cardiologist
Professor Emerita

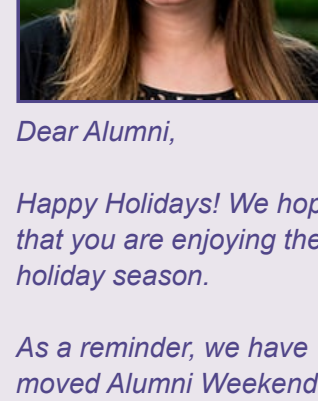


Ronak M. Patel '05, '08 MD, '13 GMER
Sports Medicine
Specialist
Orthopaedic Surgeon

[LEARN ABOUT ALUMNI PHYSICIANS OF FEINBERG](#)

LIKE & FOLLOW US ON FACEBOOK

From the Director's Desk:



Dear Alumni,
Happy Holidays! We hope that you are enjoying the holiday season.

As a reminder, we have moved Alumni Weekend to October 13-14, 2023. Alumni Weekend is open to all alumni to reconnect, take CME courses, and enjoy tours of the city and campus. We will start reaching out to reunion classes in the next couple of months.

Please also make sure that we have your updated contact information and reach out with any questions.

I hope that you have a great New Year!

Thank you,
Babette

Babette Henderson '21 CERT

Senior Director, Alumni Engagement
312-503-0855

Connect with Students: Feinberg Mentorship Opportunities

Your Chance to Guide the Next Generation of Physicians

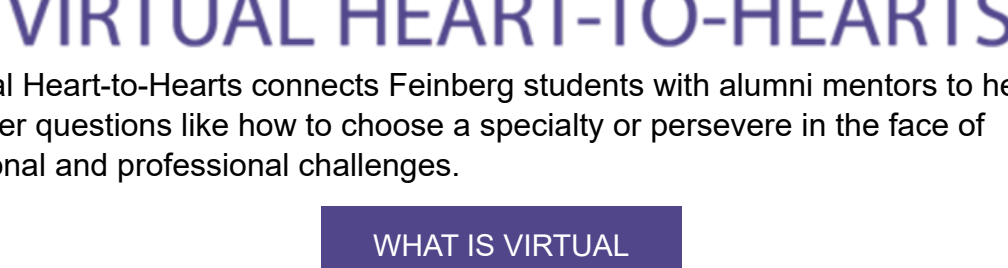
Mentorship is an important part of a student's time at Northwestern University Feinberg School of Medicine. Alumni mentors like you can make a difference in the next generation of physicians by providing invaluable guidance and support as students navigate pre-med and medical school.

At Feinberg, there are various [mentorship opportunities](#) available, including:

- [Virtual Heart-to-Hearts](#)
- [HOST \(Help Our Students Travel\)](#)
- [Dinners with a Doc](#)

Contact Allison Glibowski at allison.glibowski@northwestern.edu for more information and how you can get involved. There is no greater gift than giving back.

Virtual Heart-to-Hearts

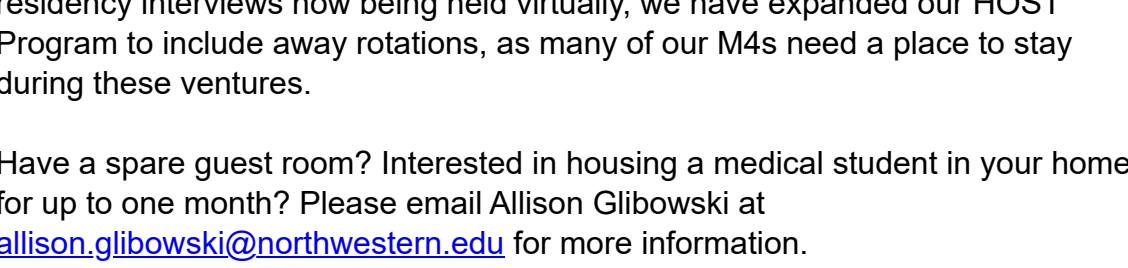


VIRTUAL HEART-TO-HEARTS

Virtual Heart-to-Hearts connects Feinberg students with alumni mentors to help answer questions like how to choose a specialty or persevere in the face of personal and professional challenges.

[WHAT IS VIRTUAL HEART-TO-HEARTS?](#)

HOST: Help Our Students Travel!



Our HOST Program is back after being on hiatus due to the pandemic! With most residency interviews now being held virtually, we have expanded our HOST Program to include away rotations, as many of our M4s need a place to stay during these ventures.

Have a spare guest room? Interested in housing a medical student in your home for up to one month? Please email Allison Glibowski at allison.glibowski@northwestern.edu for more information.

A Special Night at the Museum | Colorado

Thank You for Joining Us at the U.S. Olympic & Paralympic Museum!



On November 9, we were thrilled to host alumni and friends for a very special evening at the U.S. Olympic and Paralympic Museum in Colorado Springs, Colorado. We hope that you enjoyed your museum experience. Thank you to **Dr. Daniel Corcos** for his fantastic presentation on the intersection of aging and exercise, and the future of **Parkinson's disease research** at Northwestern.

For more helpful discussions on daily topics such as [Parkinson's](#) and [Women's Health in Aging](#), check out our [MAA Virtual Event Recording Archives](#).

Reception in Nashville

We Hope to See You Again Soon!



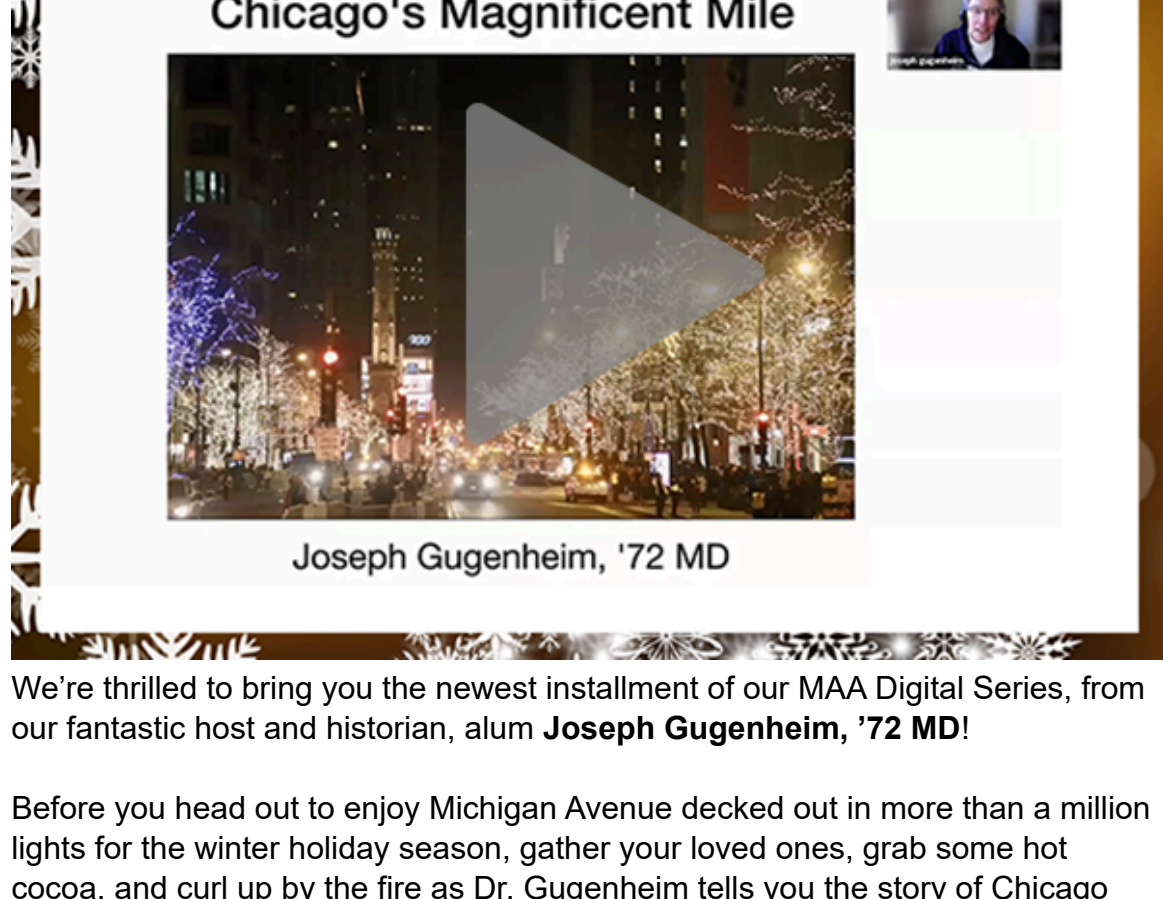
Thank you to all who joined us on November 13 for our get-together in Nashville, Tennessee. What lively conversation with new and old friends! Thank you for another wonderful night and for being a valued member of our alumni community.

If you enjoyed this event and want to strengthen your network of alumni and peers, visit our [events calendar](#) for more information. Your [Alumni Relations Team](#) is always traveling and would love to meet you when our travels next align!

MAA Digital Series:

Hosted by Joseph Gugenheim, '72 MD

"Chicago's Magnificent Mile"



We're thrilled to bring you the newest installment of our MAA Digital Series, from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD!**

Before you head out to enjoy Michigan Avenue decked out in more than a million lights for the winter holiday season, gather your loved ones, grab some hot cocoa, and curl up by the fire as Dr. Gugenheim tells you the story of Chicago and the history of its truly Magnificent Mile.

In this special holiday episode, we see the past and present of Chicago's iconic landmark and the Magnificent Mile Lights Festival tradition that began in 1959.

Without further ado, Dr. Gugenheim presents "[Chicago's Magnificent Mile.](#)"

And as another year draws to a close, we want to **THANK YOU, Dr. Gugenheim,** on behalf of a grateful MAA for your monthly dedication to this much-beloved series that continues to engage, teach, and delight viewers year after year. Your captivating storytelling celebrates the rich history of our distinguished medical school and brings to life this beautiful city of Chicago that we call home.

[VIEW "CHICAGO'S MAGNIFICENT MILE"](#)

STAY TUNED!

The celebration will continue...

Join us next month for the follow-up episode as Dr. Gugenheim kicks off our 2023 MAA Digital Series with "[The Future of the Magnificent Mile.](#)"

In the meantime, catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube Channel](#).

Master of Science in Reproductive Science and Medicine

Applications for Fall 2023 Are Now Open!



The [Master of Science in Reproductive Science and Medicine](#) is a full-time, terminal Master of Science degree focusing on human reproductive biology and medicine. The program offers reproductive science coursework, including a hands-on laboratory course, as well as professional development. The program also includes mentored research with Northwestern University faculty. Students will also be part of a vibrant community of reproductive scientists through the [Center for Reproductive Science](#).

Application Deadline: March 31, 2023 (Rolling Admissions)

Email crs@northwestern.edu for more information or sign up for one of our [info sessions](#) to meet with leadership and current students in the program.

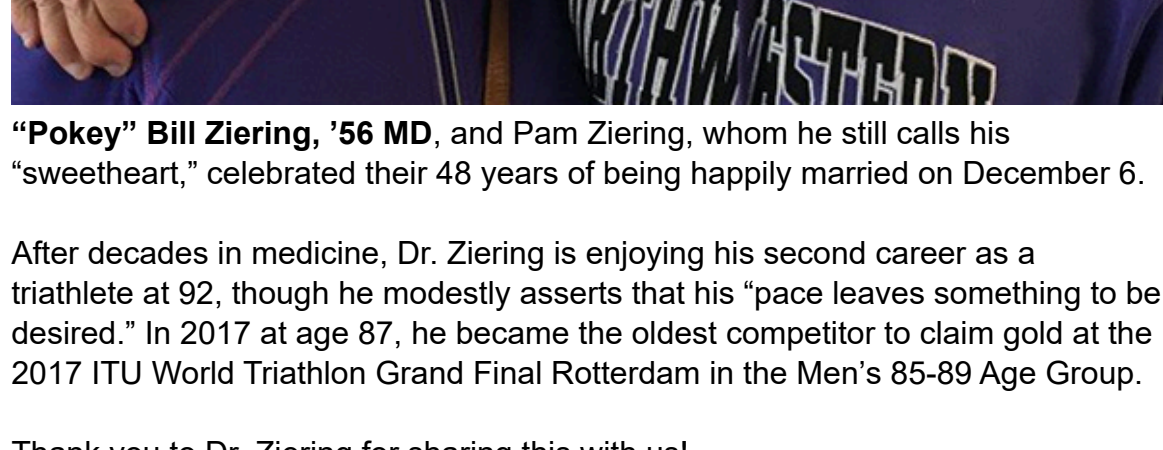
Halfway Across the World: Wildcats in Egypt



Left to right: **Charles Drucek, III '67, '71 MD, '77 GMER; Ruta Ripecky '75, '77 MMus; Jane Vincent Drucek '69, '91 MA, '97 PhD; and Andrew Ripecky '72, '76 MD,** happened to run into each other in Egypt this fall on a Northwestern Alumni Association trip!

If you have your own photos or memories to share with us, please contact us at medalum@northwestern.edu.

Still Sweethearts, 46 Years Later



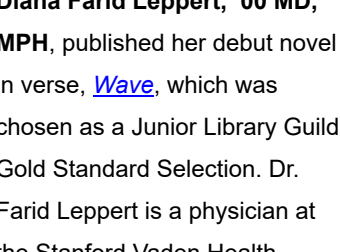
"Pokey" **Bill Ziering, '56 MD,** and Pam Ziering, whom he still calls his "sweetheart," celebrated their 48 years of being happily married on December 6.

After decades in medicine, Dr. Ziering is enjoying his second career as a triathlete at 92, though he modestly asserts that his "pace leaves something to be desired." In 2017 at age 87, he became the oldest competitor to claim gold at the 2017 ITU World Triathlon Grand Final Rotterdam in the Men's 85-89 Age Group.

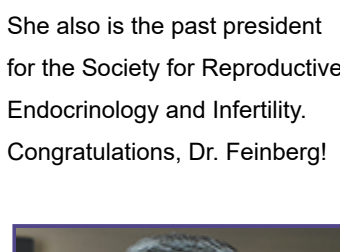
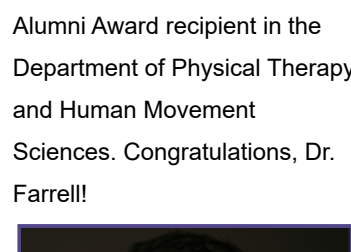
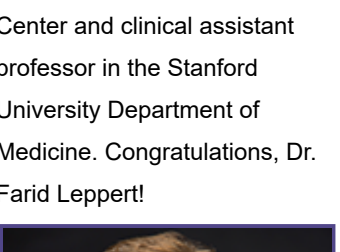
Thank you to Dr. Ziering for sharing this with us!

Alumni, tell us your love story! Share your own sweethearts with us for a **Valentine's Day special** in our upcoming February newsletter. Space is limited, so email us your picture and love story today at medalum@northwestern.edu.

Congrats Are in Order!



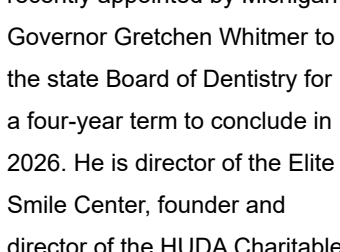
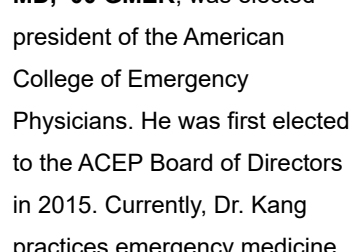
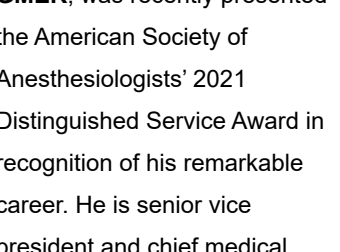
Lily Henson '84, '86 MD, '87 GMER, chief executive officer (CEO) at Piedmont Henry Hospital, was named president and CEO of the Piedmont Augusta Hub. She will assume the position on January 9, 2023. A nationally recognized neurologist, Dr. Henson began her Piedmont career in 2015 as chief of neurology before progressing to chief medical officer of Piedmont Henry a year later and then as CEO of the hospital. Congratulations, Dr. Henson!



Diana Farid Leppert, '00 MD, MPH, published her debut novel in verse, [Wave](#), which was chosen as a Junior Library Guild Gold Standard Selection. Dr. Farid Leppert is a physician at the Stanford Vaden Health Center and clinical assistant professor in the Stanford University Department of Medicine. Congratulations, Dr. Farid Leppert!

Joseph P. Farrell '76 PT, DPT, was the keynote speaker at the University of Maryland Orthopaedic Fellowship graduation. A coterminous faculty member, Dr. Farrell is also a past Distinguished Alumni Award recipient in the Department of Physical Therapy and Human Movement Sciences. Congratulations, Dr. Farrell!

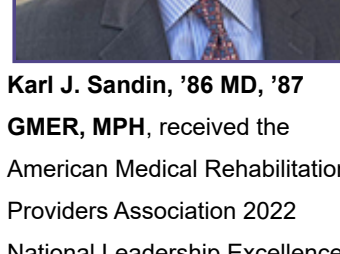
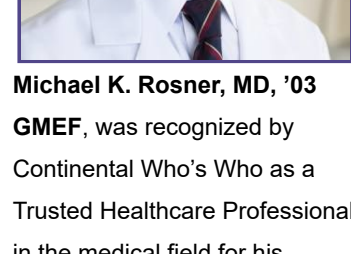
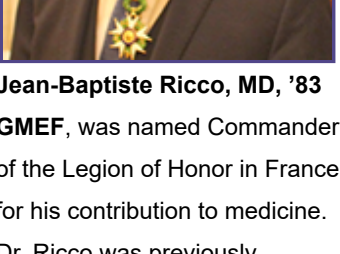
Eve Feinberg, MD, '04 GMER, was appointed to the American Society for Reproductive Medicine's Board of Directors. Dr. Feinberg is associate professor of Obstetrics and Gynecology at Northwestern. She also is the past president for the Society for Reproductive Endocrinology and Infertility. Congratulations, Dr. Feinberg!



James D. Grant, MD, MBA, '83 GMER, was recently presented the American Society of Anesthesiologists' 2021 Distinguished Service Award in recognition of his remarkable career. He is senior vice president and chief medical officer at Blue Cross Blue Shield of Michigan in Detroit. Congratulations, Dr. Grant!

Christopher S. Kang '92, '96 MD, '00 GMER, was elected president of the American College of Emergency Physicians. He was first elected to the ACEP Board of Directors in 2015. Currently, Dr. Kang practices emergency medicine at Madigan Army Medical Center and Providence St. Peter Hospital in Washington. Congratulations, Dr. Kang!

Shakeel A. Niazi, '89 DDS, was recently appointed by Michigan Governor Gretchen Whitmer to the state Board of Dentistry for a four-year term to conclude in 2026. He is director of the Elite Smile Center, founder and director of the HUDA Charitable Volunteer Clinic, and adjunct faculty member at the University of Michigan Dental School. Congratulations, Dr. Niazi!



Jean-Baptiste Ricco, MD, '83 GMEF, was named Commander of the Legion of Honor in France for his contribution to medicine. Dr. Ricco was previously appointed a Knight in the Order of the Legion of Honor. He also is emeritus professor of Vascular Surgery at the

Michael K. Rosner, MD, '03 GMEF, was recognized by Continental Who's Who as a Trusted Healthcare Professional in the medical field for his career in neurosurgery and in acknowledgment of his work at George Washington University Hospital (GWUH) in Washington, DC. Dr. Rosner is

Karl J. Sandin, '86 MD, '87 GMER, MPH, received the American Medical Rehabilitation Providers Association 2022 National Leadership Excellence Award for his work in physician relations, governance, and quality. He is president of Excellence in Rehabilitation Medical Group and assistant

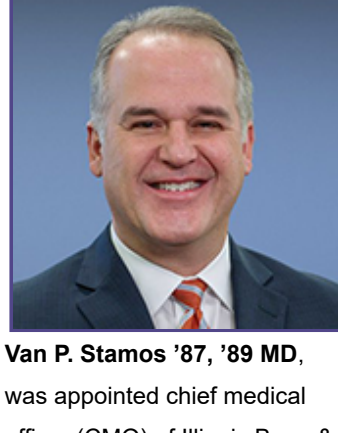
University of Poitiers.
Congratulations, Dr. Ricco!

interim chair and professor of
Neurological Surgery at GWUH.
Congratulations, Dr. Rosner!

professor of surgery at
Creighton University School of
Medicine in Omaha, Nebraska.
Congratulations, Dr. Sandin!



Tanya W. Spirtos, '80 MD, was named California Medical Association president-elect at the association's annual House of Delegates meeting for a one-year term. She is an obstetrician-gynecologist in full-time practice in a group now part of foundation model Packard Medical Group/Stanford Medicine, as well as active medical staff of El Camino Hospital and Sequoia Hospital. Congratulations, Dr. Spirtos!



Van P. Stamos '87, '89 MD, was appointed chief medical officer (CMO) of Illinois Bone & Joint Institute (IBJI). Dr. Stamos, who joined IBJI in 2002, has over 25 years of surgical experience, specializing in adult hip and knee reconstruction and total joint replacement. As CMO, he will help lead IBJI's strategic planning and quality and safety improvements, as well as serve as the lead orthopaedic liaison. Congratulations, Dr. Stamos!



Ursula I. Wesselmann, MD, PhD, DTM&H, '90 GMER, was newly elected as member of the Council of the International Association for the Study of Pain. She is the William A. Lell, MD – Paul N. Samuelson, MD Endowed Professor, as well as professor of Anesthesiology, Neurology, and Psychology at the University of Alabama at Birmingham. Congratulations, Dr. Wesselmann!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Post it on our [Facebook](#) page or email us at medalum@northwestern.edu.

Upcoming Winter Recess Notice

Your Alumni Relations Team Will Be Back in 2023!



Please note Northwestern University will be in **Winter Recess** from *December 23, 2022 – January 2, 2023*.

See you in the new year!

Upcoming Events: Mark Your Calendars!

Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple](#) calendar?

With the [Plan It Purple](#) calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the [MAA calendar](#) or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

LAST CALL: Northwestern Medical Orchestra 2022 Fall Concert | Hybrid

Friday, December 16, 2022 | 7:00 p.m. CST

NORTHWESTERN MEDICAL ORCHESTRA

Fall Concert
Friday, December 16th 2022 | 7PM
Thorne Auditorium
375 E Chicago St, Chicago & Live Webinar

ISLAS
Ascent to the Summit

BRAHMS
Academic Festival Overture

MASCAGNI
Intermezzo from *Cavalleria Rusticana*

TCHAIKOVSKY
Selections from *The Nutcracker*

The [Northwestern Medical Orchestra](#) (NMO) is pleased to invite you to its Fall 2022 Concert featuring members of the Northwestern medical community. Join them for an evening of live music from string orchestra and non-wind soloists and premieres of pre-recorded performances by wind ensemble!

This season, they fielded the largest group of musicians in their history and look forward to sharing the music they've been working on all season. This concert will also be new conductor [Jennifer Huang's](#) first with the NMO. As always, you may either join them in person or tune in via Zoom.

Admission is free, but advance registration is required. Please RSVP [here](#).

For questions or more information about the Northwestern Medical Orchestra, please contact nmorchestra@u.northwestern.edu.

REGISTER TODAY

MAA Brunch: Aging and the Beneficial Effects of Exercise | Naples, Florida

Thursday, February 9, 2023 | 11:30 a.m.–1:30 p.m. EST

The NU Club of Greater Naples and the Half Century Club of Northwestern University's Medical Alumni Association invite you to join us at the **The Ritz-Carlton Naples, Tiburón**, for a discussion on "**Aging and the Beneficial Effects of Exercise**" featuring [Daniel M. Corcos, PhD](#), professor of Physical Therapy and Human Movement Sciences at Northwestern University Feinberg School of Medicine.

Please join us for discussion and brunch is on us!

Advance registration required.

REGISTER TODAY

2023 NU Dental School Midwinter Reception | Chicago, Illinois

Friday, February 24, 2023 | 5:30 p.m.–9:00 p.m. CST

You are cordially invited to the Northwestern University Dental School (NUDS) Alumni Midwinter Reception.

Cost: \$20 per person in advance. Hors d'oeuvres, heavy buffet, and dessert will be served. Wine, beer, and soft drinks are included.

Please note that online and phone registration closes Tuesday, February 21, 2023. To purchase your ticket via phone, please call the Northwestern Alumni Association (NAA) at 847-491-9630.

REGISTER TODAY

SAVE THE DATE: Cubs Spring Training Game | Mesa, Arizona

Chicago Cubs vs. San Francisco Giants

Saturday, February 25, 2023 | 1:05 p.m. MST

The Medical Alumni Association is proud to once again host alumni and friends for a spring training game at Sloan Park in Arizona.

Limited tickets will be available, and we expect to sell out quickly.

More information coming next month!

SAVE THE DATE: 5th Annual Northwestern Women in Medicine Conference | Hybrid

The Joy and Power of Our Community

Friday, March 24, 2023 | Northwestern Memorial Hospital & Livestream

5TH ANNUAL NORTHWESTERN WOMEN IN MEDICINE CONFERENCE

THE JOY AND POWER OF OUR COMMUNITY

HYBRID FORMAT:
Northwestern Memorial Hospital
In-Person & Virtual Live Stream

SAVE THE DATE
FRIDAY, MARCH 24, 2023
MORE INFORMATION: tiny.cc/womeninmedicine2023

ADD US TO YOUR CALENDAR!

Women in medicine face unique challenges and barriers throughout their professional paths. These obstacles may impact leadership opportunities and career advancement, resulting in a gender gap in the governance of academic medical centers.

The 5th annual Northwestern Women in Medicine conference will help to identify the factors that contribute to gender inequity and shed light on such disparities, as well as share experiences and tools to overcome them so as to empower the next generation of female physicians and foster a network of support.

Stay tuned for more information coming soon!

Feinberg's Breakthroughs Podcast Archives | Claim CME Credit

Available Now

Stay in tune with Feinberg faculty through candid interviews in the [Breakthroughs](#) podcast archives. Listen to their insights, explore recent episodes, claim continuing medical education credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

Claim CME Credit—At the bottom of every podcast story page, you'll find the eligible credit amount and a "claim your credit" button, which will take you to Feinberg's CME website. Just sign in and fill out the form.

Feinberg School of Medicine podcasts are available on: [iTunes](#), [SoundCloud](#), [Spotify](#), and [Stitcher](#).

LISTEN & SUBSCRIBE TODAY