### **M Northwestern** Medicine<sup>®</sup>

Feinberg School of Medicine

## Medical Alumni Association Newsletter

November 2021 | Issue No. 55

### We're Thankful for You!



In this season of gratitude, we want to thank and acknowledge you-our incredible alumni. Your service and generosity this past year made a tremendous impact. We were so inspired by your enthusiasm to virtually connect with our students and further expand our mentoring programs, despite the miles that separated us. Your commitment to your alma mater and its students allows us to go further and do more. Alumni across the country are engaging with us in new ways and in greater numbers than ever before. Your philanthropic support allows us to further our goals as an institution and makes a lasting impact that helps to shape the future of medicine. Whether you volunteered your time, made a gift, mentored a student, or participated in an MAA event—we thank and appreciate you.

In FY21:

- 2,360 alumni participated in 34 engagement events
- We hosted in-person events with alumni in three cities
- We hosted 12 virtual mentoring events to connect our students with alumni
- 184 alumni participated in our Virtual Heart-to-Hearts program
- 1,844 alumni made a gift to the medical school
- 102 alumni made a gift to the medical school for the first time
- 68 alumni gave advice to graduating M4s
- 135 alumni purchased white coats for the incoming medical students
- The MAA Newsletter grew to 17,061
  subscribers
- 988 alumni now follow the MAA Facebook page

We're thankful for your dedication and support this past year. Happy Thanksgiving!

# From the Director's Desk:



### Dear Alumni,

As we send this newsletter, we are only 157 days from Alumni Weekend! Alumni Weekend will be held on campus April 29-30, 2022. We will celebrating the 2020, 2021, and 2022 reunion classes. We have some fabulous CME-credit forums, our Celebrate in Chicago allclass reunion event, a city walking tour hosted by Joseph Gugenheim, '72 MD, class dinners, and many other activities. Registration opens January 5 and early bird pricing will be in effect until February 28.

Please let me know if you have any questions, and I hope you all have a wonderful and safe Thanksgiving!

Thank you, Babette

Babette Henderson '21 KSM Senior Director, Alumni Engagement 312-503-0855

### **MAA Board Semi-Annual Meeting**



A big thank you to our incredible Medical Alumni Association (MAA) Board members! On November 5, board members from all over the country participated in our semi-annual meeting. We were pleased to also have the board recognize our former MAA and current PT Board members, as well as our class reps for Alumni Weekend 2022.

Your MAA Board meets semi-annually in the fall and spring. The Board fosters among its members and medical school alumni a spirit of loyalty, professional camaraderie, and philanthropy. One of the board's objectives is to ensure Northwestern's continued growth and success as a leader in medical education, patient care, and research, and its subcommittees are committed to continuing to cultivate the future of the medical school through Engagement, Mentoring, and Strategic Initiatives (Inclusion and Allyship; Women in Medicine).

Interested in learning more about the MAA or Regional Boards? Contact us at <u>medalum@northwestern.edu</u>.

# **A Virtual Celebration**



MD Class of 1972 (pictured above)







MD Class of 1992 (pictured above)

Alumni from the MD reunion classes of 1972, 1987, and 1992 recently gathered with their classmates via Zoom to kickoff this year's reunion season. Everyone laughed, shared, and reminisced about their time in medical school and in the years since they've graduated. Plans were made to reach out to friends and classmates about Alumni Weekend 2022, taking place April 29-30. We're looking forward to welcoming these alums and all of our reunion classes back on campus next spring!

This is certainly going to be our biggest and best reunion yet! If you're in one of our 2020, 2021, or 2022 reunion classes and are interested in helping to organize a virtual gathering for your classmates in advance of Alumni Weekend, please contact us at <u>medalum@northwestern.edu</u>.

### **NUDS 1991 Celebrates 30 Years**



On October 30, the Northwestern University Dental School (NUDS) Class of 1991 celebrated their first-ever formal gathering at Fig & Olive in Chicago to celebrate their 30-year reunion of graduating from dental school. The group had a wonderful time getting together. They reminisced about their days in NUDS and celebrated all of their incredible accomplishments over the years. NUDS alums are a great source of pride for the Medical Alumni Association, and we were thrilled to see this class gather together to celebrate this milestone.

Thank you to **Marta E. Mejia, '91 DDS**; **Jacqueline R. Moroco, '91 DDS**; **Brian M. Hughes, '91 DDS**; and the entire reunion planning committee for bringing your classmates together and for sharing these terrific photos with us. Congratulations to the NUDS Class of 1991 on celebrating 30 years!

### **Diversity and Inclusion Fall Newsletter**



Feinberg Diversity & Inclusion Welcome Reception 2021

We invite you to check out the <u>fall newsletter</u> from the medical school's Office of Diversity and Inclusion! In this issue, hear from our vice dean of Diversity and Inclusion, learn about the work that our faculty association and student groups are doing to support diversity in medicine and education, and read more on how "the vision of a new normal begins with embracing our renewed human networks offering support, belongingness, and a stronger sense of community."

CHECK OUT THE FALL ISSUE OF THE NEWSLETTER

### MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Rebuilding Chicago (Part II)"



We're thrilled to share with you the newest installment of the MAA digital series, from our fantastic host and historian, alum Joseph Gugenheim, '72 MD!

Last month, Dr. Gugenheim launched a special two-part episode of his digital series on the 150<sup>th</sup> anniversary of the Great Chicago Fire of 1871. In this month's episode, he addresses the fact and fiction surrounding the devastating blaze and delves into the major undertaking that the Windy City had in rebuilding from the ground up and laying the foundation-figuratively and literally-for the Chicago that we know today. You won't want to miss the conclusion of this two-part series.

Dr. Gugenheim presents "Rebuilding Chicago (Part II)."

Thank you, Dr. Gugenheim!

**VIEW "REBUILDING** CHICAGO (PART II)"

View "The Great Chicago Fire of 1871 (Part I)" and all other previous episodes of our MAA Digital Series on our MAA website and YouTube Channel.

### Meet Your Feinberg Alumni Relations Staff



We are thrilled to introduce you to the newest member of our Alumni Relations team, Allison Glibowski. She recently has joined us as the assistant director of Alumni Engagement. Allison will lead our student and mentoring programs, provide integral support to our Medical Alumni Association (MAA) Board and committees, and assist with engagement efforts for our 32,000 MAA members. She has been with Feinberg since 2014 on our Development office's Cancer team. Many of you will hear from her in the coming months regarding our programs and events. She can't wait to meet you and help facilitate your connections with fellow alumni and our students.

Fun Facts: Allison loves to cycle and had completed the Register's Annual Great Bicycle Ride Across Iowa (RAGBRAI) once and hopes to ride again with her kids

someday. She also loves to travel, having studied at Trinity College in Dublin, Ireland, when she was 21. Stateside, Allison has visited 41 US states with the goal of visiting all 50. Finally, Allison's husband is outnumbered by redheads since her four- and two-year-olds both have red hair as well!

We are so happy to have Allison on our team, so please join us in welcoming her!

### **Congrats Are in Order!**



Steven F. Butz, '93 MD, '94 GMER, has been announced as one of three elected directors to the Accreditation Association for Ambulatory Health Care Board of Directors, effective November 15. Dr. Butz specializes in pediatric anesthesiology in the Milwaukee area and is professor of Anesthesiology at the Medical College of Wisconsin and medical director of the Children's Hospital of Wisconsin Surgicenter. Congratulations, Dr. Butz!



Aruna Ganju, MD, '01 GMEF, was recently featured on Northwestern Medicine's Better Edge podcast to discuss the latest advances in spinal column and cord injury treatment, the new Northwestern Medicine Center for Spine Health, and Northwestern Medicine's participation in an industrysponsored trial to investigate the role of intrathecal administration of an antibody to an inhibitor of neural regeneration in patients with subacute incomplete spinal cord injury. Dr. Ganju is associate professor of Neurological Surgery and Orthopaedic Surgery at Feinberg. Congratulations, Dr. Ganju!



Anjali Gupta '91, '94 MD, '96 GMER, MAA Board Women in Medicine subcommittee member, has received IRB approval for a study seeking to examine the experiences of women in medicine across a variety of fields, career tracks, and institutions. Participants must have an MD or PhD and currently practice, or have previously practiced, in the United States. To participate in the women in medicine study, contact Dr. Gupta at amg410@georgetown.edu. Dr. Gupta also is a certified RYT-200 yoga teacher and will once again lead a Vinyasa yoga class

for women in medicine on December 8. For more information and to register for this virtual event, see the "Upcoming Events" portion of this newsletter. Congratulations, Dr. Gupta!



Sabrina R. Kendrick '86, MD, '95 GMEF, MAA Board member, was recently featured in Northwestern University Leadership Circle (NULC) news



Allison Kessler Vear, '12 MD, '16 GMER, '17 GMEF, MSc, MAA Board Inclusion and Allyship subcommittee member,



Margot McCloy, '06 DPT, recently launched More Movement PT, a mobile physical therapy practice that provides

for her commitment to supporting Northwestern, its students, and the future of medicine. Dr. Kendrick also recently kicked off this fall's Alumni Physicians of Feinberg series on October 25, which will exclusively feature women in medicine. Dr. Kendrick was the first Black fellow in the Division of Infectious Diseases at Feinberg and specializes in internal medicine and infectious diseases. She is director of the Ruth M. Rothstein CORE Center Clinic and assistant professor in the Department of Internal Medicine, Division of Infectious Diseases at Rush Medical College. Congratulations, Dr. Kendrick!

has been appointed section chief of the Renée Crown Center for Spinal Cord Innovation. Dr. Kessler directs attending physicians, ensures high-quality, interdisciplinary care, oversees the adoption of evidence-based practices and clinically relevant innovations, and helps translate scientific discovery into clinical practice. Dr. Kessler joined the Shirley Ryan AbilityLab in 2017 and is associate director of its Spinal Cord Injury Medicine Fellowship. She also is on faculty at Feinberg, serving as assistant professor of Physical Medicine and Rehabilitation and Teamwork and Leadership Curricular Thread leader. Congratulations, Dr. Kessler Vear!

telehealth physical therapy consultations within Illinois and outpatient PT services in the Western and Southwestern Chicago suburbs. For more information on Dr. McCloy's new practice, please visit her website. Congratulations, Dr. McCloy!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Post it on our Facebook page or email us at medalum@northwestern.edu.

# Join Us for These Upcoming Events!



VISIT THE MAA'S PLAN IT PURPLE PAGE

### **Medical Alumni Association:** Plan It Purple Calendar

Did you know that the MAA has its very own Plan It Purple calendar?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the MAA calendar or visit the MAA home page to keep tabs on all of our upcoming events.

### A Night With Northwestern at the Theater: Paradise Square | Chicago, Illinois

Friday, December 3, 2021 | 7:30 p.m. CST

The Northwestern Alumni Association (NAA) and School of Communication invite you to experience the pre-Broadway premiere of *Paradise Square*, with lyrics cowritten by Masi Asare, assistant professor of theatre at the Northwestern University School of Communication, at the James M. Nederlander Theatre. Paradise Square will be the first major pre-Broadway show to raise its curtain in Chicago after the prolonged closure of live theater due to the global pandemic. An exclusive post-show discussion will follow featuring Asare and E. Patrick Johnson, dean of the School of Communication and the Annenberg University Professor of Performance Studies and African American Studies. Please email alumnieducation@northwestern.edu with questions.

For more information, to purchase tickets, and to view the theatre's COVID guidelines, visit the <u>NAA event website</u>.

Register by November 29 (or until tickets sell out).

**REGISTER TODAY** 

### Virtual Event: WIM Yoga Class Wednesday, December 8, 2021 | 7:30-8:00 a.m. CST

The MAA Women in Medicine subcommittee invites you to carve out some time for yourself this holiday season and join us for 30 minutes of yoga to start your day. Whether you are a regular yogi or a brand new one, come be part of this Vinyasa class for women in medicine with Anjali Gupta '91, '94 MD, '96 GMER, a certified RYT-200 yoga teacher. All levels are welcome.

Advanced registration required.

**REGISTER TODAY** 

### Northwestern Medical Orchestra Fall **Concert | Hybrid: In-Person and Online**

Friday, December 10, 2021 | 7:00 p.m. CST



The Northwestern Medical Orchestra (NMO) is pleased to invite you to its 2021 Fall Concert on December 10 for an evening of string orchestra and wind ensemble performances, including pieces by Elgar, Mackey, Vaughan Williams, Still, and much more!

NMO musicians include alumni, physicians, medical students, staff, and other members of the Northwestern community.

Limited tickets are available for in-person attendance at Hughes Auditorium (303 East Superior Street). Advanced registration for in-person or virtual attendance is required.

For questions or more information about the Northwestern Medical Orchestra, please contact <u>nmorchestra@u.northwestern.edu</u>.

**REGISTER TODAY** 

# SAVE THE DATE: MAA Brunch | Naples, Florida

Thursday, February 3, 2021 | 11:30 a.m.-1:30 p.m. CST

The NU Club of Naples and the Half Century Club of Northwestern University's Medical Alumni Association invite you to join us at the Bonita Bay Club for a discussion on "Aging and the Beneficial Effects of Exercise" featuring <u>Daniel M.</u> <u>Corcos, PhD</u>, professor of Physical Therapy and Human Movement Sciences at Northwestern University Feinberg School of Medicine.

Full details coming in December!

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