

Medical Alumni Association NEWSLETTER

November 2024 | Issue No. 86



Happy Thanksgiving!

As we embrace this season of gratitude, we want to share our heartfelt thanks with you, our incredible alumni community. Your dedication and generosity inspire us daily, advancing our mission and uplifting the next generation of medical professionals.

Whether you've guided a student, participated in an event, shared your time, or offered your support, your contributions have made a meaningful difference. We are truly grateful for all the ways you give back throughout the year.

Wishing you and your loved ones a joyful Thanksgiving!
Your Medical Alumni Association and Alumni Relations Team

From the Director's Desk:

Dear Alumni,

We wish you a happy and healthy Thanksgiving! We are deeply grateful for our alumni and your dedication and support of Northwestern.

We look forward to welcoming you back to campus on May 2–3 for Alumni Weekend 2025. Be sure to take advantage of our discounted hotel rates and book your room now. More information can be found on the "[2025 Travel and Accommodations](#)" portion of our Alumni Weekend website. Stay tuned for full weekend details coming next month.

Please reach out with any questions or comments. I love to hear from our alumni!

Thank you,
Babette



Babette Henderson '21 CERT
Senior Director, Alumni Engagement
Northwestern University Feinberg School of Medicine
babette.henderson@northwestern.edu
312-503-0855

Connect with Alumni and Mentor Students



Alumni and Student Network

CONNECT • HOST • MENTOR

With the holiday break approaching, many students take advantage of the extra time to connect with their mentors. Now is the perfect time to ensure you are signed up and your profile is updated on our virtual mentoring platform, the [Alumni and Student Network](#).

This is your chance to:

- Share your experiences and expertise.
- Support and inspire the next generation of medical professionals.
- Reconnect with peers in the field.

Signing up is quick and easy. Don't miss this opportunity to make a meaningful impact!

[Sign Up Now: Alumni and Student Network](#)

Questions? Reach out to Allison Glibowski, assistant director of Alumni Engagement, at allison.glibowski@northwestern.edu.

A November Tribute: Celebrating Our Alumni



November is a time to honor the rich cultures, histories, and contributions of Native American and Indigenous peoples, whose enduring legacies continue to shape our communities and nation. This month also gives us the opportunity to reflect on the sacrifices of our veterans, as we commemorate Veterans Day on November 11. We are grateful for the service and dedication of those who have served in the armed forces, including many members of our alumni community.

As we celebrate these important milestones this month, we express our deep gratitude to both Native American and Indigenous peoples and our veterans for their contributions to our country's history.



Back by Popular Demand: Your MAA in the Coachella Valley



After a successful gathering last January, we were thrilled to return to La Quinta, California, for a second brunch event, “Conversations and Connections in the Coachella Valley,” with alumni and friends of the medical school on October 26. Once again, the stunning home of **Steven T. Rosen '72, '76 MD, '79 GMER, '81 GMER ('01, '05 P)**, provided the perfect setting for a lively discussion, led by Dr. Rosen. The event offered attendees a chance to share their stories, reconnect with old friends, and meet new ones in the spirit of “One Northwestern Family.”

Eli Zimmerman, MD, associate dean for Student Affairs and associate professor of Neurology in the Division of Stroke and Vascular Neurology, shared updates about cutting-edge research and education at Feinberg, offering a glimpse into how we’re preparing the next generation of medical leaders.

With the breathtaking Coachella Valley surrounding them, guests spent the afternoon reconnecting, enjoying great conversation, and building new connections.

A heartfelt thank you to Dr. Rosen for graciously hosting and to all the wonderful guests who joined us for this special event!

La Quinta Brunch Photo Album

Art, Inspiration, and the MAA Community in Phoenix



On November 2, alumni and friends of the medical school gathered at the Phoenix Art Museum for a docent-led tour of *The Collection: American Modern*. The tour offered a fascinating look at early 20th-century abstraction and experimentation, highlighting influential artists such as Georgia O’Keeffe and Marguerite Zorach. Afterward, we gathered for lunch in Singer Hall, sharing engaging conversations and enjoying the company of fellow alumni.

It was wonderful to see so many familiar faces and meet new friends. Thank you to everyone who joined us for this special afternoon. For those we missed, we hope to see you at future events in Phoenix!

Phoenix Art Museum Photo Album

Have Coffee and Conversations: Sleeping Well and Staying in Rhythm



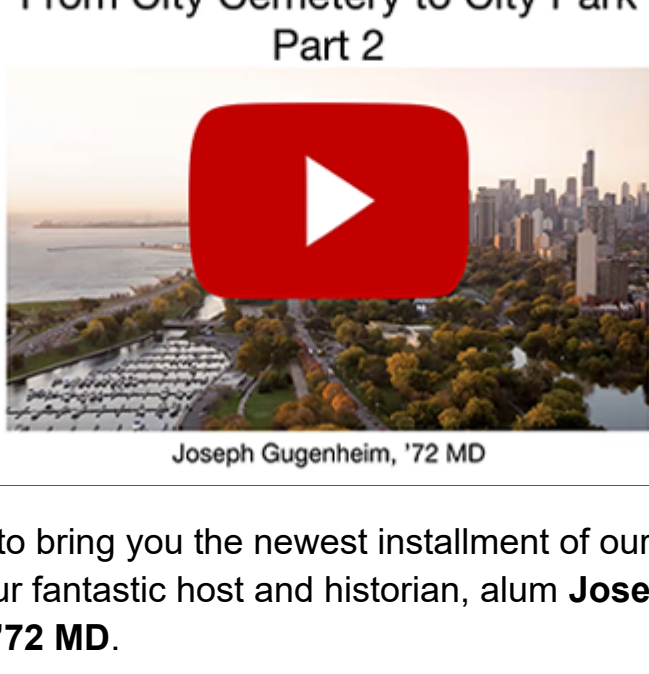
On November 19, alumni joined our virtual “Have Coffee and Conversations” series featuring **Phyllis C. Zee, MD, PhD, '87 GMER, '89 GMEF**. Dr. Zee, the Benjamin and Virginia T. Boshes Professor in Neurology and director of the Center for Circadian and Sleep Medicine, led a discussion on the importance of sleep and circadian rhythm for health span. Dr. Zee shared her groundbreaking research on circadian medicine, offering attendees a deeper understanding of how sleep impacts overall health and longevity. She also discussed innovative treatments for circadian rhythm disorders, including those available at her clinic, the first circadian medicine clinic in the US.

This event was part of our [Half Century Club \(HCC\)](#) programming. The HCC celebrates alumni who graduated 50+ years ago and provides unique benefits, including exclusive events, free parking on the Chicago campus for alumni events, discounted/early registration for alumni gatherings, and more. Be sure to join the next “Have Coffee and Conversations” on **Tuesday, February 11**, with [Yvonne Lee, MD, MMSc](#), who will share her work on osteoarthritis. Details about this virtual discussion will be coming in the new year!

For more information about the HCC and how to stay connected with your fellow alumni, contact Meghan Monaghan, associate director, at meghan.monaghan@northwestern.edu.

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

“Lincoln Park: From City Cemetery to City Park—Part Two”



We’re thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

Last month, in Part One of this captivating series, Dr. Gugenheim took us through the haunting origins of Lincoln Park, from its grim days as a city cemetery to the chilling discoveries buried beneath its soil. Now, get ready for the exciting conclusion in Part Two, where we shift our focus from the park’s eerie past to its vibrant transformation into one of Chicago’s most beloved landmarks.

Dr. Gugenheim will uncover the fascinating history behind Lincoln Park’s iconic features, including the creation of the Lincoln Park Zoo, the Theatre on the Lake, the Conservatory, and even a golf course and the remnants of a Gun Club. From peaceful green spaces to surprising military history, including the fascinating story of Nike missiles, you won’t want to miss how this former cemetery evolved into the urban oasis we know today.

Dr. Gugenheim presents “**Lincoln Park: From City Cemetery to City Park—Part Two**.”

Thank you, Dr. Gugenheim!

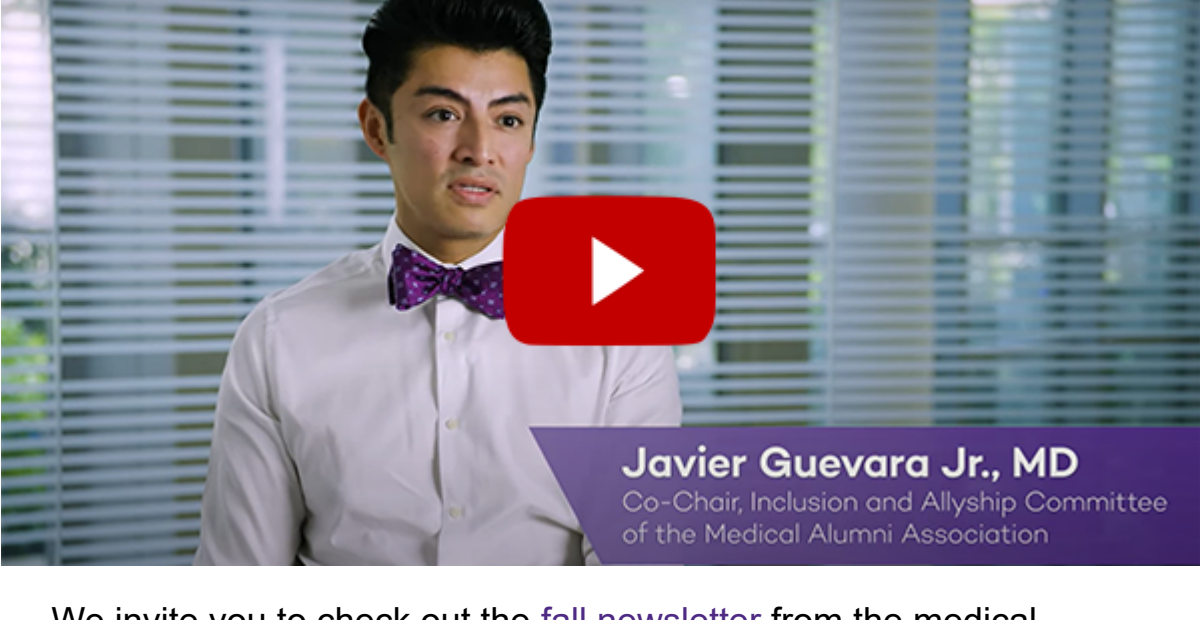
Stream “Lincoln Park: From City Cemetery to City Park —Part Two”

COMING SOON:

In December, Dr. Gugenheim will dive into the history of the Illinois and Michigan Canal and explore how Chicago's abundant water supply has been both a blessing and a curse. The city faced historic water problems from the very beginning, and in this first part of a two-part series, we'll examine the creation of Chicago's first sewer system and the innovative engineering solutions that transformed the city's water management, culminating in the dramatic reversal of the Chicago River in 1900. It's a tale of engineering marvels, urban transformation, and the fight for a cleaner, healthier Chicago!

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

Diversity & Inclusion Matters Fall Newsletter



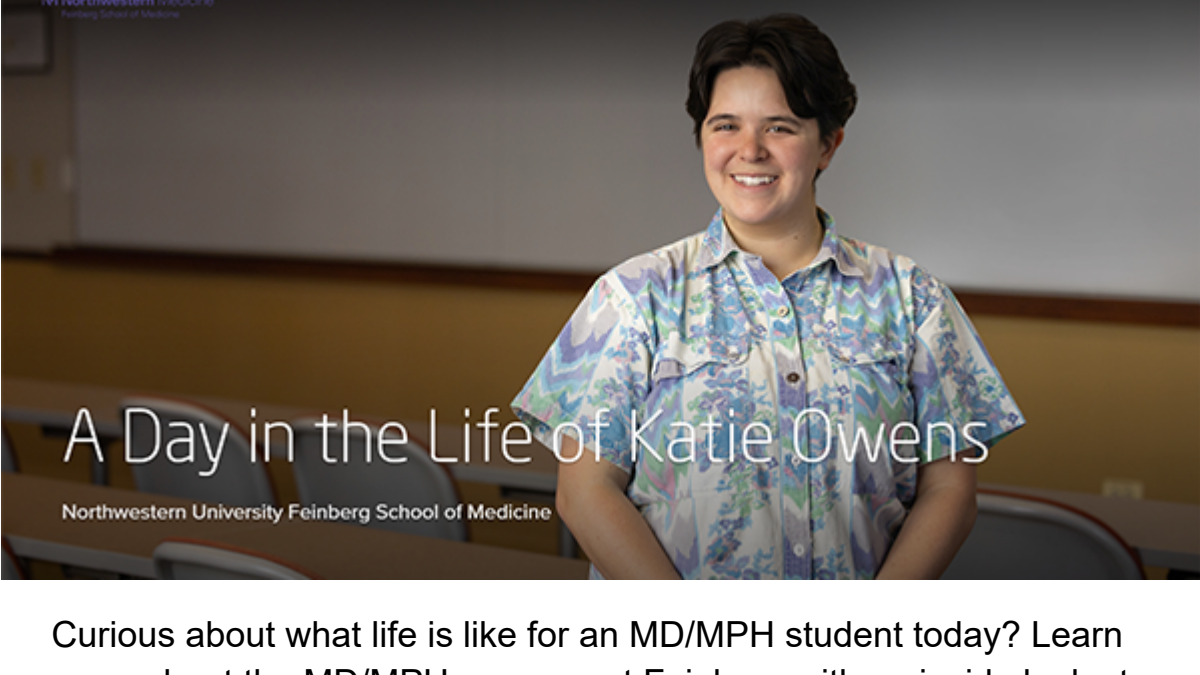
We invite you to check out the [fall newsletter](#) from the medical school's Office of Diversity and Inclusion!

In this issue, read a message from our vice dean of Diversity and Inclusion, stream our new "[Changing the Face of Medicine](#)" video (featuring Medical Alumni Association Inclusion and Allyship committee co-chair **Javier Guevara, Jr., '12 MD**), learn about the upcoming Bronzeville Advanced Outpatient Care Center, discover more about the recent Lyceum Speaker Series event featuring health equity leader Thomas LaVeist, and explore highlights from the inaugural Health Equity Poster Session, which showcased innovative research aimed at reducing health disparities.

Stay informed on Feinberg's ongoing efforts, events, resources, and initiatives to promote inclusion, equity, and allyship.

Diversity & Inclusion Matters Newsletter

A Day in the Life: MD/MPH Edition



Curious about what life is like for an MD/MPH student today? Learn more about the MD/MPH program at Feinberg with an inside look at a typical day for one of our students, Katie Owens.

Learn more about Katie's experience during the second year of this program via our interactive [timeline and videos](#).

A Day in the Life: MD/MPH Edition

Congrats Are in Order!



James "Jimmy" A. Hill '71, '74 MD, '79 GMER ('12 P), Medical Alumni Association (MAA) Board member and former MAA Board president, was awarded the [2024 Service to Northwestern Award](#) during the Northwestern Alumni Association's Annual Meeting and Service and Club Awards on November 14.

For decades, Dr. Hill has dedicated his time and expertise to advancing the mission of both Northwestern University and Northwestern University Feinberg School of Medicine. Elected to the Medical Alumni Association Board in 2004, he served as our president from 2011 to 2013. He also is an honoree in the Northwestern University Black Alumni Association Hall of Fame. Dr. Hill is a professor in the Department of Orthopaedic Surgery at Feinberg, specializing in sports medicine. Over his distinguished career, he has held numerous leadership roles, including chief of staff at Northwestern Memorial Hospital, member of the Board of Directors of the Northwestern Memorial Hospital Foundation, member of the Program Committee for Medical Ethics and Humanities, and member of the Office of Minority Affairs Task Force Committee at Feinberg.

The Service to Northwestern Award is presented to alumni in recognition of leadership and service excellence rendered to the University via the Northwestern Alumni Association, an affiliated alumni group, school or unit, or other University-associated program. These awards highlight the importance of volunteerism, honoring the University's most dedicated volunteers together as a community. A complete list of our alumni award winners can be found on the [Medical Alumni Association website](#).

Congratulations, Dr. Hill!



Debra L. Isaac, MD, '91 GMEF, '92 GMER, has received the Canadian Cardiovascular Society Women in Cardiovascular Medicine/Science Mentorship Award for her outstanding leadership and commitment to mentoring future cardiovascular professionals. A clinical professor at the University of Calgary's (UCalgary) Cumming School of Medicine, Dr. Isaac serves as head of the Division of Transplant Medicine and medical director of the Southern Alberta Transplant Program. She founded UCalgary's Heart Failure Clinical Research Program in 1994, which has played a vital role in advancing cardiac care. Additionally, she co-founded the Guyana Program to Advance Cardiac Care, improving access to cardiac services in South America. Dr. Isaac's expertise in heart failure, cardiac transplantation, and global health has earned her numerous accolades, highlighting her compassionate service and transformative impact. Congratulations, Dr. Isaac!



Erica E. Marsh, MD, '08 MS, GMEF, has been elected to the National Academy of Medicine, honoring her significant contributions to reproductive health and disparities research. Dr. Marsh is vice chair of the Department of Obstetrics and Gynecology, the University Diversity and Social Transformation Professor, the S. Jan Behrman Collegiate Professor of Reproductive Medicine, and chief of the Division of Reproductive Endocrinology and Infertility at the University of Michigan Medical School. She also is professor in the Department of Women's and Gender Studies and associate director of the Michigan Institute of Clinical and Health Research. Dr. Marsh has led research on reproductive health disparities, supported by the NICHD, NIMHD, and the Chan Zuckerberg Foundation. As a former Feinberg faculty member, her past work includes founding the Northwestern Medicine Scholars Program to mentor underrepresented minority students. Dr. Marsh is the 2015 recipient of the Ira and Esther

Rosenwaks New Investigator Award and received several accolades while at Northwestern, including the Chicago Urban League STEM Innovator Award, the Northwestern Medical Faculty Foundation Physician Community Service Excellence Award, the Community Health Volunteer Specialist of the Year Award, and the Martin Luther King Jr. Humanitarian Award. Congratulations, Dr. Marsh!



Richard F. Reaven, '07 MD, has been appointed co-chief medical officer at Koning Health. In his role, Dr. Reaven shared that he will provide clinical guidance and oversight, contributing to the company's mission to revolutionize breast cancer detection. Koning Health manufactures the Vera Scan, a groundbreaking breast imaging device that offers compression-free images with the same radiation dose as a traditional mammogram. Using CT technology, the Vera Scan improves spatial resolution, making it easier to detect abnormal findings, especially in patients with dense breast tissue. With no compression or pulling of the breast, the Vera Scan is expected to increase patient compliance and enable earlier, more accurate diagnoses of breast cancer, when it is most treatable. Dr. Reaven also is clinical assistant professor at the University of Maryland Medical Center and a partner at Advanced Radiology in Maryland. Congratulations, Dr. Reaven!

Do you have news to share with us or know of an alum we should recognize? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at medalum@northwestern.edu.

Upcoming Events



Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Visit the MAA Plan It Purple Calendar

A Night With Northwestern at the Theatre: & Juliet | Chicago, Illinois

Thursday, December 5, 2024 | 7:00 p.m. CST

The Northwestern Alumni Association and the University's School of Communication invite you to join them for a performance of & Juliet, followed by a faculty-led talkback.

Thursday, December 5
7:00 p.m. Performance | 9:45 p.m. Talkback

Cadillac Palace Theatre:
151 West Randolph Street | Chicago, Illinois

Questions? Email alumnieducation@northwestern.edu.

Register for a Night with Northwestern at the Theatre



In Vivo 2024 | Chicago, Illinois

Friday, December 6, 2024 | 6:00 p.m. CST

Feinberg students invite you to join them in the Hughes Auditorium (303 East Superior Street) for a night of comedy sketches and performances by Docapella, Samosa, and the Dance Interest Group. Tickets are just \$7 for students and \$10 for the general public, with all proceeds supporting Chicago Street Medicine, advancing healthcare access in Chicago.

Purchase tickets via Venmo using the QR code in the event flyer above.

For questions, contact Rohan Bhargava, In Vivo board member, at rohan.bhargava@northwestern.edu.



Northwestern Medical Orchestra Fall 2024 Concert | Hybrid

Friday, December 6, 2024 | 7:30 p.m. CST

The Northwestern Medical Orchestra is pleased to invite you to its Fall 2024 Concert featuring members of the Northwestern medical community.

Join the NMO for an evening of captivating music including *Romeo and Juliet* by Tchaikovsky, *Symphonie Fantastique* by Berlioz, and "Overture" from *La forza del destino* by Verdi. Win the opportunity to be guest conductor for NMO's encore performance. Come by to enjoy the music and meet the musicians!

Northwestern Pritzker School of Law, Thorne Auditorium
375 East Chicago Avenue | Chicago, Illinois

Attend in-person or via livestream.

For questions or more information about the Northwestern Medical Orchestra, please contact nmorchestra@u.northwestern.edu.

Register for the NMO Fall Concert

SAVE THE DATE | MAA Brunch: Frontiers of the Brain | Naples, Florida

Wednesday, February 26, 2025 | 11:00 a.m.–1:30 p.m. EST

The *NU Club of Greater Naples* and the *Half Century Club* of Northwestern University's Medical Alumni Association invite you to save the date and plan to join for a discussion on brain health at the Arthrex, Inc. Corporate Headquarters.

Book your hotel now: Northwestern has secured a special rate at the Innovation Hotel on the Arthrex Campus! Book your room at: [Innovation Hotel Reservations](#). Rates are \$410 per night for single or double occupancy.

Perks include:

- No resort or parking fees
- Complimentary hot buffet breakfast at Corkscrew Café (6 a.m.–9 a.m.)
- Complimentary access to the wellness facility and smoothie bar

Reserve by January 25, 2025, to secure this rate.

Advance event registration will be required. Stay tuned for more information coming in January 2025.

Add Naples Brunch 2025 to My Calendar

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SAVE THE DATE: Alumni Weekend 2025 | Chicago, Illinois

Friday, May 2–Saturday, May 3, 2025

Celebrate in Chicago this spring!

Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome our 2025 reunion classes, as well as all members of our Half Century Club. Not your reunion year? Not a problem! This is truly an ALL alumni event. There's so much to see and do. Visit the [2025 Travel and Accommodations](#) portion of our Alumni Weekend website to book your hotel now and take advantage of our discounted room rates.

Make plans to spend the weekend with us. See you in Chicago!

Stay tuned for more information coming later this year.

Add Alumni Weekend 2025 to My Calendar

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Questions? Contact us anytime at medalum@northwestern.edu.

Thank you for engaging with us and staying connected to your alma mater!

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