Morthwestern Medicine

Feinberg School of Medicine

Medical Alumni Association Newsletter

October 2021 | Issue No. 54



Happy Halloween, Alumni!

Oh my gourd! It's finally here...our annual spooktacular Halloween edition of the MAA Newsletter.

This month's issue is a scream. We've put together some frightfully good content to shock and delight you; and, because you've got this Alumni Relations team under your spell, we've also conjured up lots of wicked good treats that we hope you'll enjoy.

We even recorded a spirited video message for you, complete with fa-boo-lous costumes, phantasmic filters, and some scary scenery!

Read on to see what skele-fun awaits you.

Wishing everyone a fang-tastic Happy Halloween!







Devilish Details From the **Director's Desk:**



Dear Alumni,

We hope that you are enjoying the fall season. We would like to highlight an upcoming webinar, co-hosted by the Half Century Club. "What's So Super about SuperAgers?" is a virtual webinar, scheduled for Tuesday, November 16, from 4:00-5:00 p.m. CST. Emily J. Rogalski, '07 PhD, will discuss her SuperAging Research Program, which has a goal of identifying genetic, biologic, and psychosocial factors that contribute to living long and living well. Please see the "Upcoming Events" portion of this newsletter for more information and to register. We hope that you can join us for this very informative forum!

Please reach out with any questions or comments.

Thank you, Babette **Babette Henderson**

'21 KSM



Trick or Treat Giveaway Time to Trick or Treat Yo' Self...



Not really a trick, just a treat! Instead of candy, choose a custom historical medical school campus magnet if you dare ...

The choice is yours—McKinlock Gate or Ward Doors.

All you have to do is find the small skull with crossbones hidden in this month's newsletter content, and we'll ship your magnet right to you. Leave no stone-or video!-unturned.

Already found it? Great! Claim your FREE magnet here.



McKinlock Gate



Ward Doors

I FOUND IT! SEND ME MY MAGNET

What a Scream! WIM Virtual Yoga Lifted Our Spirits



On October 27, the MAA Board Women in Medicine (WIM) Subcommittee was pleased to host a virtual Vinyasa yoga class for women in medicine.



To stay connected with fellow women in medicine and learn more about other upcoming WIM events, join our WIM Facebook group.

Yogis both seasoned and new joined WIM member and certified RYT-200 yoga teacher, Anjali Gupta '91, '94 MD, '96 GMER, for an early morning session.



Anjali Gupta '91, '94 MD, '96 GMER

Thank you to Dr. Gupta and all who joined us!

JOIN THE WIM FACEBOOK GROUP

An Enchanting Announcement Northwestern University's Next President



On October 11, Northwestern's Board of Trustees announced that Rebecca M. Blank has been named the next president of Northwestern University. Blank is an internationally renowned economist and chancellor of the University of Wisconsin-Madison. This marks a return to Northwestern for Blank, who was one of the first tenured women in the economics department and spent almost a decade on its faculty. A researcher on poverty and the low-income labor market, she served as an economics expert in three presidential administrations. Blank also is a Northwestern parent whose Evanston-born daughter graduated from the University in 2018.

President-Elect Blank will succeed Morton O. Shapiro to become the University's 17th president, effective summer of 2022. Read the full announcement on Northwestern Now.

Please join us in welcoming President-Elect Blank back to Northwestern!

LEARN MORE ABOUT PRESIDENT-ELECT **REBECCA M. BLANK**

MAA Digital Series: Spellbindingly Hosted by Joseph Gugenheim, 72

"The Great Chicago Fire of 1871: Part I"



We're thrilled to share with you the newest installment of the MAA digital series, from our fantastic host and historian, alum Joseph Gugenheim, '72 MD!

Dr. Gugenheim has doubled, doubled, toiled, and troubled to put together a very special two-part episode of his digital series, beginning this month, on the 150year anniversary of the Great Chicago Fire of 1871. Go in depth to learn more about what contributed to this fateful blaze that devastated the Windy City in the nineteeth century. Join Dr. Gugenheim as he walks viewers through the timeline of events, evaluates contributing factors, and explains who didn't start the fire.

Stay tuned next month for the fascinating conclusion of this two-part series: "Rebuilding Chicago." This two-parter's not to be missed!

Dr. Gugenheim presents "The Great Chicago Fire of 1871: Part I."

Thank you, Dr. Gugenheim!

Two Frightfully Fun Reasons to Celebrate





Each October, we're privileged to have the opportunity to shine a light on two of our amazing alumni groups. We honor our physical therapist (PT) alumni during National Physical Therapy Month for their contributions to the field as they work to improve and save lives through physical therapy.

We also honor our physician assistant (PA) alumni during Physician Assistant Week, October 6–12, recognizing the profession and their essential contributions to health and healthcare.

We celebrate both of these incredible alumni groups for their service and dedication to the betterment of human health—thank you for all that you do.

Please join us in celebrating all of our PT and PA alumni!

Give 'Em Pumpkin to Talk About Post Your Bewitching Pics on Our Halloween Kudoboard



Post your festive, silly, cute, and wicked fun pics and videos on our MAA

Halloween Kudoboard!

Make as many posts as you want, and feel free to comment or react to each other's posts. Show your fellow alums and Feinberg friends how you—and/or your kids, grandkids, and pets—are celebrating in style.

Hey, if you've got it, haunt it...

POST ON OUR HALLOWEEN KUDOBOARD

Thrilling Achievements!



Robert J. Havey, '80 MD, '83 GMER, '84 GMEF, was recently honored for his dedication and transformative contributions to the field of global health with the naming of the Robert J. Havey, MD Institute for Global Health at Northwestern University Feinberg School of Medicine. Northwestern University Trustees and alumni Patrick G. Ryan and Shirley W. Ryan made a historic gift to name and endow the institute. In 2008, Dr. Havey established the Global Health Initiative to expand global health experiences for Northwestern medical students, educate the next generation of global health leaders, provide clinical care in lowand middle-income countries, and fund research projects in global

health issues. After merging with Northwestern's existing Center for Global Health in 2019, the institute expanded all these activities and has grown to over 200 faculty working on a broad range of global health activities. Under Dr. Havey's leadership, Northwestern now has a higher percentage of medical students going on global health rotations than any other medical school in the United States. Dr. Havey is deputy director of the newly-named Robert J. Havey, MD Institute for Global Health, director and founder of the Global Health Initiative Fund, and clinical professor of Medicine (General Internal Medicine and Geriatrics) at Feinberg. Read the full story in the <u>Feinberg News Center</u>. Congratulations, Dr. Havey!



Susan Davis '77 PT will make history as she has authored the first animal PT research paper published in a PT journal (as opposed to veterinary journals). Her article, titled "Management of Medial Patellar Luxation in Small Dogs and Cats: An Investigation into the Use of Manual 3D Patellar Repositioning Technique," will be published in the October 2021 issue of Orthopedic Physical Therapy Practice, a publication of the Academy of Orthopedic Physical Therapy. Among the co-authors is fellow



Priya U. Kumthekar, MD, '08 GMER, '11 GMER, '12 GMEF, engineered a novel therapy with fellow Northwestern Medicine investigators to improve progression-free and overall survival for patients with newly diagnosed malignant gliomas. The results from their phase 1 clinical trial were recently published in *The Lancet* <u>Oncology</u>. A neuro-oncologist at Northwestern Medicine and brain tumor researcher at the Lou and Jean Malnati Brain Tumor Institute at Robert H. Lurie Comprehensive Cancer



Richard B. Lanman, '81 MD, was recently appointed to the board of directors of CirculoGene, Inc., a liquid biopsy company transforming precision medicine. In 2019, Dr. Lanman retired from Guardant Health, Inc., a liquid biopsy company performing genomics testing in cancer patients, where he served as global chief medical officer. Having coauthored over 120 peerreviewed scientific papers, he also serves on the board of directors of Biolase, Inc., and as an advisor for Forward Health,

NUPTHMS alum **Donna Frownfelter '69 PT**. Ms. Davis developed this technique which will be described in the article and can be viewed on her YouTube channel, entitled "Joycare Media."

Congratulations, Ms. Davis!



Kelsey Murphy, '12 DPT, has been crowned the season 11 winner of MasterChef. Having premiered on Fox on June 2, 2021, Dr. Murphy (pictured above in a chef's jacket, with celebrity chefs and MasterChef hosts Gordon Ramsay, Joe Bastianich, and Aarón Sanchez) was awarded the title on the season finale that aired on September 15. Check out her Instagram account @chefkelseymurphy for delicious content. Congratulations, Dr. Murphy!



Center of Northwestern University, Dr. Kumthekar is the lead investigator in the trial, a first-of-its-kind nucleic acidbased drug that targets glioblastoma. Dr. Kumthekar created the first CNS metastases program at Northwestern Memorial Hospital in 2013, and she also was the first recipient of the Latimer Fellowship Fund. Congratulations, Dr. Kumthekar!



Scott C. Wickless, DO, '08 GMEF, MBA, has joined South Osprey Dermatology as a board-certified dermatologist and dermatopathologist. Dr. Wickless specializes in medical dermatology, skin cancer, and interpretation of skin biopsies and is a member of the American Society of Dermopathology, International Society of Dermatopathology, American Osteopathic College of Dermatology, and the American Academy of Dermatology. Dr. Wickless also previously served as clinical faculty at Feinberg, Loyola University, and the University of Texas Southwestern. Congratulations, Dr. Wickless!

Inc., Glympse Bio, Inc., and Teiko Bio, Inc. Congratulations, Dr. Lanman!



Ernest Wollin, '58 MD, PE, FACR (Emeritus), president and chief engineer of Wollin Ventures, Inc., a Floridalicensed engineering corporation that develops intellectual property, particularly for magnetic resonance applications, has been practicing teleradiology parttime for National Radiology Solutions. During Dr. Wollin's career, he has conducted prolific personal research and oversaw the pursuit of a number of patents held by Wollin Ventures. Dr. Wollin is pictured above with a Medical Imaging Poster Award for his work on "Physics of a Novel Magnetic **Resonance and Electrical** Impedance Combination for Breast Cancer Diagnosis." Congratulations, Dr. Wollin!

Do you have news to share with us or know of an alumnus/a we should recognize in the newsletter?

Post it on our **Facebook** page or email us at **medalum@northwestern.edu**.

It Will Haunt You If You Miss These Upcoming Events!



Medical Alumni Association:

VISIT THE MAA'S PLAN IT PURPLE PAGE

Plan It Purple Calendar

Did you know that the MAA has its very own <u>Plan It</u> <u>Purple</u> calendar?

With the <u>Plan It Purple</u> calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-thedate reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the <u>MAA calendar</u> or visit the <u>MAA home</u> <u>page</u> to keep tabs on all of our upcoming events.

Virtual Event | NAA Faculty Live: Silver Tsunami Meets Obesity Epidemic

Wednesday, November 10, 2021 | 1:00–2:00 p.m. CST

As the population grows older and more obese, the U.S. faces an expensive avalanche of associated chronic diseases. Given limited health care dollars, what preventive steps can be taken to help the nearly 2/3 of adults who need to lose weight?

Join the Northwestern Alumni Association (NAA) and Bonnie Spring, professor of Preventive Medicine, Psychiatry, and Psychology and director of the Institute for Public Health and Medicine's Center for Behavior and Health for a discussion of the health consequences of aging and obesity, and whether digital therapeutics have a role in managing the obesity epidemic.

For more information, visit the NAA event website.

Advance registration required.

REGISTER TODAY

Virtual Event | "What's So Super about SuperAgers?"

Tuesday, November 16, 2021 | 4:00-5:00 p.m. CST

The Half Century Club invites you to join **Emily J. Rogalski, '07 PhD**, professor of Psychiatry and Behavioral Sciences and associate director of the Mesulam

Center for Cognitive Neurology and Alzheimer's Disease at Northwestern University Feinberg School of Medicine, for a fascinating presentation.

On average, memory abilities decline with aging. However, there are some individuals we call SuperAgers, who seem to resist age-related changes in memory. For more than 10 years, Dr. Rogalski has been leading the Northwestern SuperAging Research Program, which has a goal of identifying genetic, biologic, and psychosocial factors that contribute to living long and living well. In this presentation, she will highlight Northwestern's contributions to research in this area and its relevance for healthy aging and Alzheimer's disease.

The SuperAgers study was recently awarded a \$20 million grant from the National Institute on Aging to establish an international multi-center SuperAging consortium coordinated through Northwestern University. Northwestern Medicine's SuperAger Research Program will expand beyond its Chicago roots to include sites across the United States and one in Canada. Read more about this development on <u>Northwestern Now</u>.

Advance registration required.

REGISTER TODAY

A Night With Northwestern at the Theater: Paradise Square | Chicago, Illinois Friday, December 3, 2021 | 7:30 p.m. CST

The Northwestern Alumni Association (NAA) and School of Communication invite you to experience the pre-Broadway premiere of *Paradise Square*, with lyrics cowritten by Masi Asare, assistant professor of theatre at the Northwestern University School of Communication, at the James M. Nederlander Theatre. *Paradise Square* will be the first major pre-Broadway show to raise its curtain in Chicago after the prolonged closure of live theater due to the global pandemic. An exclusive post-show discussion will follow featuring Asare and E. Patrick Johnson, dean of the School of Communication and the Annenberg University Professor of Performance Studies and African American Studies. Please email <u>alumnieducation@northwestern.edu</u> with questions.

For more information, to purchase tickets, and to view the theatre's COVID guidelines, visit the <u>NAA event website</u>.

Register by November 19 (or until tickets sell out).

REGISTER TODAY

SAVE THE DATE: Northwestern Medical Orchestra 2021 Fall Concert

Friday, December 10, 2021



The Northwestern Medical Orchestra is pleased to invite you to its Fall 2021 concert featuring members of the Northwestern medical community. Join them for an evening of live music from string orchestra and non-wind soloists and premieres of pre-recorded performances by wind ensemble!

NMO musicians include physicians, medical students, staff, and other members of the Northwestern community.

Advance registration required. Stay tuned for full details coming soon.

Feinberg's Breakthroughs Podcast | Episodes on COVID-19

Available Now

Stay in tune with faculty through candid interviews in the <u>Breakthroughs</u> podcast archives. Listen to their insights, explore recent episodes, claim continuing medical education credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

A recent episode features alum **John E. Pandolfino, MD, '97 GMER, '01 GMEF, '05 MS**.

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