



Happy Halloween
from the
Medical Alumni Association!

Happy Halloween, Alumni: Spooky Fun and a Giveaway!

Boo! It's that time of year again: Our annual Halloween edition of the Medical Alumni Association (MAA) Newsletter has arrived!

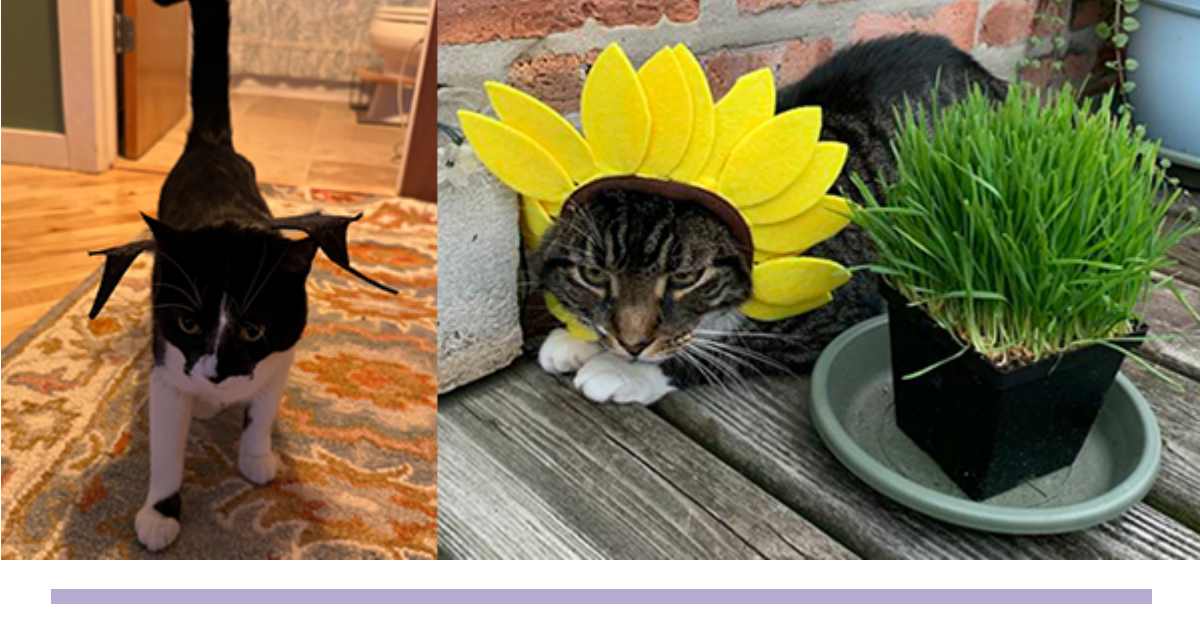
Get ready for some spooktacular surprises. This month's issue is packed with thrilling content that's sure to enchant and entertain. Since you've cast a spell on us, we've whipped up some delightful goodies just for you. We're brewing up some spooky excitement this season with a giveaway that's all treats, no tricks!

To join in: Share your most creative photos on our [Halloween Kudoboard](#)—whether it's your Halloween decorations and treats, or your pets, kids, and families in costumes! You can also share your favorite seasonal nature shots to show us how you are celebrating this autumn. **Everyone who participates will receive a pair of limited-edition Northwestern Medicine Socks**—perfect for staying cozy as the weather cools.

Head on over to our [Kudoboard](#) and let your Halloween spirit(s) shine.

Keep reading to uncover the festive fun we have in store. Wishing everyone a hauntingly **Happy Halloween!**

Head Over to Our
Halloween Kudoboard



Devilishly Delightful Details from the Director's Desk:

Dear Alumni,

We hope that you're enjoying the fall season! I would like to highlight an upcoming reception that we are holding on Sunday, November 10, at the Signia by Hilton Atlanta Georgia World Congress Center in conjunction with the AAMC Medical Education conference. This is a chance to meet with fellow alumni from across the country and hear from the leadership of Feinberg's Department of Medical Education. If you are attending the conference or live locally and are interested in attending, [RSVP to join us](#).

Please also [send me any updates](#) to your mailing address, email, or phone number so that we can keep your information current and send you updates on alumni engagement events in your area.

Thank you,

Babette



Babette Henderson '21 CERT
Senior Director, Alumni Engagement
Northwestern University Feinberg School of Medicine
babette.henderson@northwestern.edu
312-503-0855

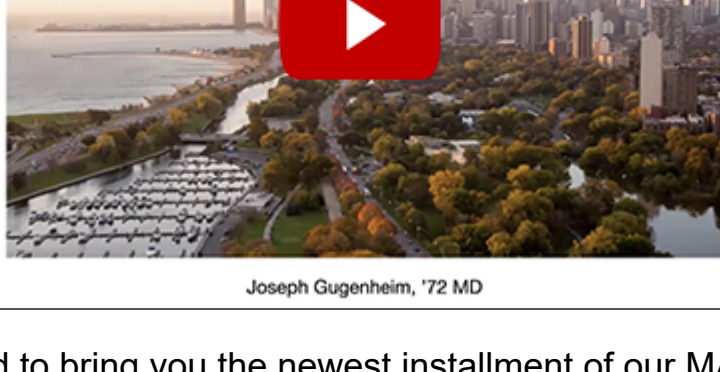
MAA Digital Series: Bewitchingly Hosted by Joseph Gugenheim, '72 MD

Celebrating 50 Episodes!

"Lincoln Park: From City Cemetery to City Playground— Part One"

Lincoln Park

From City Cemetery to City Playground



Joseph Gugenheim, '72 MD

We're thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

This month, Dr. Gugenheim kicks off a thrilling two-part series on one of Chicago's most notorious haunts: Lincoln Park. Once a city cemetery, this lush green expanse has a shadowy past filled with ghostly apparitions, grave robberies, and disturbing finds—like coffins floating down the Chicago River and a 50-ton unmarked mausoleum. What lies beneath? Watch if you dare, as Dr. Gugenheim begins to peel back the layers of this park's haunted transformation from cemetery to city playground.

Dr. Gugenheim presents "**Lincoln Park: From City Cemetery to City Playground—Part One**."

This month also marks a significant milestone—**Dr. Gugenheim's 50th episode!** Through his captivating explorations of medical school and Chicago history, Dr. Gugenheim has illuminated the people, places, and stories that shaped both Feinberg and the Windy City, places that we all hold dear to our hearts. We are immensely grateful for his dedication and enthusiasm in creating and sharing these extraordinary presentations with us. Thank you, Dr. Gugenheim!

Stream "Lincoln Park: From
City Cemetery to City
Playground—Part One"

COMING SOON:

Prepare for the fascinating conclusion of "Lincoln Park: From City Cemetery to City Playground." In Part One, Dr. Gugenheim explored the eerie origins of Lincoln Park, from its days as a city cemetery to the unsettling discoveries beneath its grounds. In November, join us for Part Two, as we shift focus from the park's haunted past to its vibrant transformation. Discover the rich history behind Lincoln Park's beloved landmarks, including the creation of the Lincoln Park Zoo, the Theatre on the Lake, the Conservatory, and even a golf course and the remnants of a Gun Club. From recreational spaces to the surprising military history involving Nike missiles, Dr. Gugenheim

reveals how this once somber cemetery blossomed into one of Chicago's most treasured green spaces.

Stay tuned for this engaging conclusion—it'll be a scream!

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

A Spellbinding Opportunity: Mentors Needed!



A message from Feinberg's Office of Diversity and Inclusion:

The Office of Diversity and Inclusion is excited to announce the relaunch of the Daniel Hale Williams (DHW) Society mentorship program designed to support Black medical students and trainees. As part of our ongoing commitment to fostering an inclusive and supportive academic environment, we believe that providing students with mentorship opportunities can have a profound impact on their academic success, professional development, and sense of belonging.

We are reaching out to alumni willing to volunteer as mentors for this program. As a mentor, you would play a vital role in guiding students through their academic journey, offering advice, sharing your experiences, and helping them navigate any challenges they may face. The mentorship commitment is flexible.

We know that your expertise, perspective, and insights would be invaluable to the student that you mentor. **If you are interested in participating, please contact Tameka Brannon, director of Diversity, Inclusion, and Outreach, at t-brannon@northwestern.edu.**

Learn more about the society on the [DHW webpage](#).

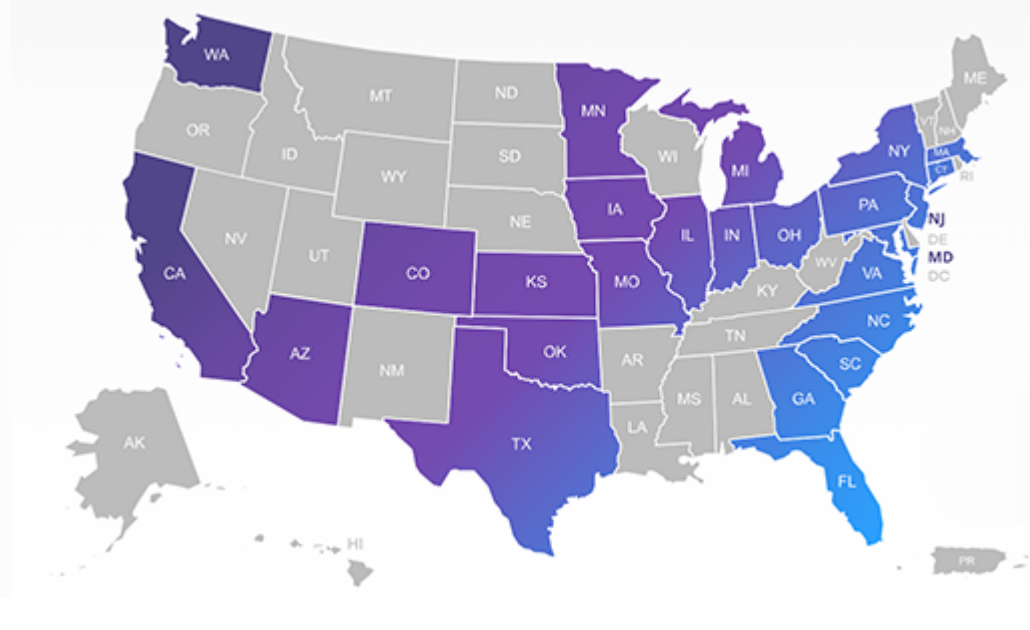
Daniel Hale Williams Society

Northwestern University Advises Alumni to Prepare for Google Account Changes



Feinberg alumni with University Google accounts are being advised to back up or transfer their Google Drive and Google Photos data by March 13, 2025. As Google is ending its free unlimited storage program for qualifying educational institutions, Northwestern has decided to remove Google Drive and Google Photos services from alumni accounts. Account holders will retain access to their files in Google Drive and Google Photos until 11:59 p.m. CDT on March 13, 2025, after which those files will be deleted and alumni accounts will include access only to Gmail, Google Calendar, and select services not tied to Google Drive. Northwestern will also be closing the Google accounts of anyone who has not logged into their account within the past two years. [Get more information](#).

Boo-tiful Beginnings: Meet Our Future Medical Alumni!



Learn more about the entering MD class profile on the [Feinberg Admissions website](#).

The members of this impressive group are our future leaders in medicine. As they follow in the footsteps of our incredible alumni, we look forward to watching their journeys take flight.

Welcome to the fold, Class of 2028!

Entering Class Profile: MD Class of 2028

Twice the Treats: Two Reasons to Celebrate!



Each October, we have the distinct pleasure of highlighting two of our exceptional alumni groups. During National Physical Therapy Month, we recognize our physical therapy (PT) alumni for their invaluable contributions to the field, as they tirelessly work to enhance and save lives through the power of physical therapy.

We also take this time to honor our physician assistant (PA) alumni during Physician Assistant Week, celebrated from October 6–12. This week serves to commend the profession's vital and impactful contributions to patient care.

We proudly celebrate these remarkable alumni groups for their unwavering commitment to advancing wellness and improving human health. Thank you for all that you do.

Join us in celebrating our PT and PA alumni!

Thrilling Achievements!



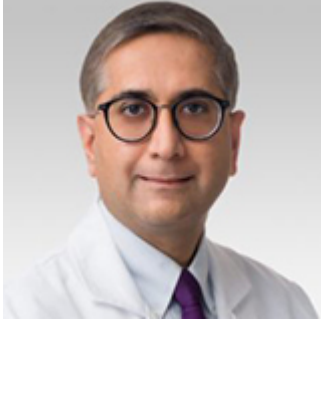
Sheila K. Gujrathi '92, '96 MD, recently gave a TEDx talk, available on [YouTube](#), sharing valuable insights from her career in medicine. In her talk, she emphasizes the need for women to find supportive role models that reflect their aspirations, arguing that such “mirrors” are crucial for breaking barriers and achieving success in leadership roles. Additionally, Dr. Gujrathi is working on a new book slated for release next year, which will further delve into her perspectives on healthcare innovation and leadership. Follow her on LinkedIn, Facebook, and Instagram, and join her newsletter through her [website](#) for the latest updates. Congratulations, Dr. Gujrathi!



Sushma Kola, MD, '23 GMEF, has been appointed director of Integrative Neurosciences for Allegheny Health Network. In this role, she will lead initiatives to enhance patient care through an integrative approach that combines traditional medical practices with complementary therapies, drawing on her multidisciplinary expertise in Parkinson's disease and other movement disorders. An active member of the American Academy of Neurology and the Academic Consortium for Integrative Medicine & Health, Dr. Kola has published several peer-reviewed articles and presented at national and international conferences. Additionally, she serves on the Movement Disorders Society Task Force on Wellness and Holistic Health, contributing to the Parkinson's guideline writing committee. Congratulations, Dr. Kola!



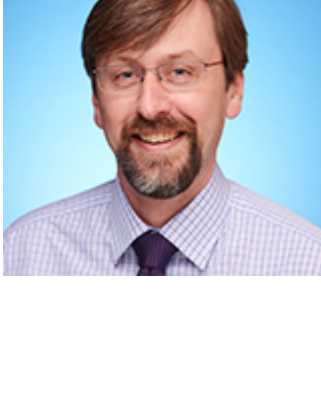
Elliot G. Levy, '71 MD ('97 P), has co-authored a new book, *Live To 120: A Proven Protocol For Baby Boomers*, available on [Amazon](#). Dr. Levy, who specialized in endocrinology for 30 years and served as a clinical professor of Medicine at the University of Miami Miller School of Medicine, is recognized for his expertise in treating thyroid conditions. After turning 70, he focused on understanding aging and developing scientifically-backed lifestyle and biological solutions to extend life. The book outlines the importance of healthy choices and advancements in research that may contribute to living to 120, focusing on longevity and other actions we can take to optimize our lives. Congratulations, Dr. Levy!



Hidayatullah G. Munshi, MD, '02 GMEF ('23, '27 P), the Ann Lurie Professor of Hematology and Oncology, [has been appointed chief of the Division of Hematology and Oncology](#) at Northwestern University Feinberg School of Medicine. Dr. Munshi leads the Tumor Environment and Metastasis Basic Research Program at the Robert H. Lurie Comprehensive Cancer Center of Northwestern University and has published nearly 100 articles in peer-reviewed journals. An elected member of the American Society for Clinical Investigation, he also is recognized for his commitment to clinical service, receiving the 2023 Nora Cooney Marra Compassionate Care Award from the Women's Board of Northwestern Memorial Hospital. Dr. Munshi additionally directs the Northwestern University Translational Research in Hematology-Oncology Training Program, which prepares the next generation of clinician-scientists in the fields of hematology and oncology. Congratulations, Dr. Munshi!



Nalini Tata '21 MD, a neurosurgery resident at NewYork-Presbyterian Weill Cornell Medical Center/Memorial Sloan Kettering Cancer Center, has been appointed to the 2024–2025 class of White House Fellows. This prestigious program, established in 1964, provides exceptional young leaders with firsthand experience in the federal government. Dr. Tata's commitment to public service and advancing healthcare equity is evident in her published work across clinical and non-scientific journals. During her fellowship, Dr. Tata will work alongside senior White House staff and cabinet officials, further developing her leadership skills to better serve her community. Congratulations, Dr. Tata!



Arthur Walaszek '93, '97 MD, '02 GMEF, [has been appointed associate dean for Faculty Affairs and Development](#) at the University of Wisconsin School of Medicine and Public Health. Since 2015, he has served as the vice chair for Education and Faculty Development in the Department of Psychiatry. Dr. Walaszek is a contributing member of the Wisconsin Alzheimer's Disease Research Center and the Wisconsin Alzheimer's Institute, focusing on public health research to enhance care for individuals living with dementia. He also is a recipient of the Accreditation Council for Graduate Medical Education Parker Palmer Courage to Teach Award and a member of the Alpha Omega Alpha and the Gold Humanism Honor Societies. Congratulations, Dr. Walaszek!

Do you have news to share with us or know of an alum we should recognize in the newsletter? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at medalum@northwestern.edu.

It Will Haunt You If You Miss These... Upcoming Events!



Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

[MAA Plan It Purple Calendar](#)

Wellness Walks | Chicago, Illinois

Spring–Fall 2024

Chicago Parks Foundation (CPF) presents Wellness Walks, a seasonal walking program where medical professionals lead 45-minute park walks and informal discussions on health-related topics like sleep, nutrition, and exercise. CPF is partnering with students and healthcare providers from local medical institutions including Northwestern Medicine to lead their walking program.

CPF's Wellness Walks are a free, low-pressure way to get some movement, connect with fellow community members, learn about your health, and enjoy your beautiful parks. Get outside and join us!

[Wellness Walks Website](#)

Feinberg Reception During the AAMC Medical Education Meeting | Atlanta, Georgia

Sunday, November 10, 2024 | 6:30–8 p.m. EST

Join us for drinks and appetizers during the Association of American Medical Colleges (AAMC) annual meeting. Mingle with fellow Northwestern alumni, Feinberg faculty, and friends. All alumni are welcome, whether you're in town for the AAMC annual meeting or live locally in the Atlanta area!

Advance registration is required.

[RSVP for Atlanta AAMC Reception](#)

Northwestern Leadership Symposium | Chicago, Illinois

Wednesday, November 13–Friday, November 15, 2024

Join this complimentary symposium for our most engaged alumni volunteer leaders to learn from expert faculty members, network with fellow alumni, and enhance your volunteer role with the University. Events begin Wednesday evening before Homecoming and Reunion Weekend.

Learn more on the [Leadership Symposium page](#). Information will be updated frequently.

Northwestern Leadership Symposium Website

.....

Have Coffee and Conversations | MAA Virtual Event

Tuesday, November 19, 2024 | 10–11 a.m. CST

Calling all Half Century Club members (alumni who graduated 50+ years ago)!

Our “Have Coffee and Conversations” series is a unique opportunity for you to reconnect with fellow alumni, share your experiences, and enjoy meaningful conversations in a relaxed setting. This month’s topic will feature a question that we’re dreaming of: *Sleeping Well and Staying in Rhythm to Enhance Health Span*.

Have Coffee and Conversations with **Phyllis C. Zee, MD, PhD, ’87 GMER, ’89 GMEF**.

Virtual via Zoom: Link will be provided when you register.

This virtual discussion will feature [Phyllis C. Zee, MD, PhD](#), the Benjamin and Virginia T. Boshes Professor in Neurology; director of the Center for Circadian and Sleep Medicine; and chief of the Division of Sleep Medicine at Northwestern University Feinberg School of Medicine.

Advance registration is required.

Register for Have Coffee and Conversations

.....

SAVE THE DATE: Alumni Weekend 2025 | Chicago, Illinois

Friday, May 2–Saturday, May 3, 2025

Celebrate in Chicago this spring!

Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome our 2025 reunion classes, as well as all members of our Half Century Club. Not your reunion year? Not a problem! There’s so much to see and do. Visit the [2025 Travel and Accommodations](#) portion of our Alumni Weekend website to book your hotel now and take advantage of our discounted room rates.

Make plans to spend the weekend with us. See you in Chicago!

Stay tuned for more information coming later this year.

Add Alumni Weekend 2025 to My Calendar

.....

Feinberg’s Breakthroughs Podcast Archives | Claim CME Credit

Available Now

Stay in tune with Feinberg faculty through candid interviews in the [Breakthroughs](#) podcast archives. Discover more about their insights, explore recent episodes, claim continuing medical education (CME) credit, and subscribe to the show so that you can stay up-to-date with the latest discoveries.

For Physicians Claiming CME Credit: Most episodes are approved for CME credit. After streaming the episode, you will find the eligible credit amount at the bottom of each podcast webpage and a “claim your credit” button, which will take you to Feinberg’s CME website. Just sign in and fill out the form.

Northwestern University Feinberg School of Medicine podcasts are available on [Apple Podcasts](#), [Spotify](#), and [Pandora](#).

Subscribe to the Breakthroughs Podcast

Questions?

Contact us anytime at medalum@northwestern.edu.

Thank you for engaging with us and staying connected to your alma mater!