Hello subscribers! Please visit our updated website!

SOAAR Announcements

Center for Food Allergy and Asthma Research (CFAAR) Retreat
June 5th, 2019

We are excited to announce that SOAAR is expanding into the Center for Food Allergy and Asthma Research (CFAAR) at Northwestern University Feinberg School of Medicine and Ann & Robert H. Lurie Children's Hospital of Chicago! We look forward to discussing the Center's mission and objectives.
with expert collaborators this upcoming week. More updates will be provided next month!

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### Research News

#### Northwestern and CPS Rapid Impacts Grant Awarded

Our team was recently awarded a Northwestern/CPS Rapid Impacts Grant to work with CPS high school students this fall!

We aim to bring 100 high school students to NU's medical campus for 4 half-day workshops and empower them personally and professionally by working on goal development and health initiative projects.

We are so excited for this opportunity and can't wait to get started! For more information on the collaboration between Northwestern and CPS, click [here](#).

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### Study published in the Annals of Allergy, Asthma & Immunology

![Annals of Allergy, Asthma & Immunology logo]
Title: The development and evaluation of peer food allergy education videos for school-age youth.

This study aimed to assess the impact of student-produced food allergy informational videos on improving general food allergy knowledge in students. Three urban Chicago Schools (public and private) and 1 suburban private school in Milwaukee participated in this study and the schools administered pre- and post- tests evaluating the knowledge gained from watching these peer-to-peer food allergy videos.

Overall, knowledge of general FA concepts significantly increased among all students after watching the videos. These videos are a wonderful and effective school to raise awareness among students and are available to order free of cost! If you are interested in using these videos in your school, email soaar@northwestern.edu for more details!

Recent Events

Congratulations Christopher Warren, PhD!

One of SOAAR's team members, Christopher Warren, just graduated with his PhD in Preventative Medicine from the University of Southern California, Keck School of Medicine. Chris has been with team SOAAR since 2011. He has been instrumental in many of our studies, most recently the Prevalence in Pediatric and Adult Food Allergy. We are excited to continue to have Chris on our team! Congratulations, Chris!
Reach Out & Read
Great Stories Awards Night
June 19, 2019
6:30pm-8:30pm

Reach Out and Read's Great Stories Awards Night celebrates the important work of Reach Out & Read Illinois (ROR), a nonprofit organization that helps children get ready for kindergarten by incorporating books into pediatric visits, connecting families to community resources and encouraging families to read together. Reach Out & Read partners with hundreds of clinics and hospital systems across the state and is championed by many prominent Chicago leaders, doctors and health providers. Their Third Annual Great Stories Awards night will celebrate their work
and raise funds to make sure they can serve more children in Illinois.

**To purchase tickets for their third annual awards night, visit their website!**

This year at the event, they will also be awarding their first ever Student Leadership Award to our very own, Rohan Jain! Rohan, through the Community Research and Medicine Club (CRM) at Francis W. Parker High School, established a partnership with Reach Out & Read Illinois in 2017. CRM has been actively engaged with Reach Out & Read through their outreach and regular fundraising. To learn more about the Community Research and Medicine Club, click here.

(Nicole Feitler and Rohan from the CRM Club with their RoR display at the Fall Fair at Francis W. Parker School)

**SPIN Out Food Allergies Event: June 2nd, 2019**
On Sunday, June 2, 2019, Susan Tatelli and Julie Studio Spin (Northfield, Illinois) helped spin out food allergies and take the fear out of epinephrine!

This class was led by Susan (16), a nationally recognized food allergy advocate and educator for her Epinephrine Readiness training. Way to go, Susan!

Everyone knows someone with food allergies -- this was an awesome event for attendees to learn what to do in the case of an anaphylactic emergency!

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**News Coverage**

Recently, pop sensation Ariana Grande experienced an allergic reaction to tomatoes during her world tour. In this CNN article, Dr. Gupta answered questions to CNN on her recent adult prevalence data and if it's unusual for adults like Ariana Grande to develop food allergies in their adulthood.
"About 10% of American adults -- 26 million people -- have a food allergy... While half of these -- 13 million adults -- developed a new food allergy later in life, only about 1 in 4 never had any type of food reactions during childhood and then developed one as an adult."

"If it is a true food allergy, then you want to have a management plan, an action plan, and you want to carry an epinephrine auto-injector in case you have a severe reaction. It's important to have that with you in case of an emergency."

Gupta said she conducted the survey because "I just kept hearing about adults who developed allergies later in life. This was really eye-opening for me -- the fact that so many adults have a food-related condition."

Dr. Gupta's newest adult prevalence data was featured in an article by U.S. News under the health category titled, "Food Allergies in Adults." Written by Michael Blaiss, M.D.

This article goes through a quick summary of the adult prevalence data that was
featured in the American college of Allergy, Asthma and Immunology. Dr. Blaiss mentions in the article that "food allergy isn't just a problem seen in children - it's an adult problem too."

Click the link below to read the article.

U.S. News Health

Post and Courier: 1 in 10 US adults has a food allergy. Our critic tracks her mom's path to outgrowing hers.

Upcoming Conferences and Events

Conference for Asthma Research and Education (CARE) by Allergy & Asthma Network & SOAAR
AAN and SOAAR are hosting an asthma conference on the latest research, medications and management techniques suggested by doctors.

**Saturday, August 24, 2019**

Ann & Robert H. Lurie Children’s Hospital of Chicago  
225 E. Chicago Avenue  
11th Floor Conference Center  
Chicago, Illinois

Free of cost

For adults and children age 9+

Local travel grants available (up to $20)

To register for CARE

CARE REGISTRATION
Save the Date for FACES Chicago!
Saturday, September 28th, 2019

SOAAR is hosting the 2nd annual conference to bring together families with food allergy, researchers, and experts throughout the Midwest region to share the latest research surrounding food allergy and new advancements in treatments, prevention and daily living.

**FACES Conference Website**

*Food Allergy Conference for Education and Science (FACES)* will be held at Ann & Robert H. Lurie Children's Hospital of Chicago.

Registration is now open!

**CONTAINS: COURAGE**

Imagine a world where every kid feels liberated, courageous and empowered.

**FARE's Contains: Courage Campaign**
Join the Chicago White Sox on August 25th for two Contains: Courage™ Days powered by Food Allergy Research & Education (FARE) and the Chicago White Sox! Up to $10 from every ticket goes to FARE’s transformative Contains: Courage™ Campaign supporting families living with food allergies. Learn more at foodallergy.org/containscourage.

To purchase the tickets for these games, please visit www.fevo.me/allergy.

**Please Note:** The Chicago White Sox are offering two seating options for the games, the Upper Level Reserved and Club Level. Three sections in the Club Level will be limited to Contains: Courage ticket holders and offers amenities including a more private, inside concourse. An area of seats in the Upper Level, within general seating will be reserved and inspected prior to the game, but once gates to the ball park open, this area will not be controlled like the Club Level. **

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**Partner Spotlight**

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**Teamwork to Reduce Infant, Child, and Adolescent Mortality, (TRICAM)**

Teamwork to Reduce Infant, Child, and Adolescent Mortality, (TRICAM) is a new program at Lurie Children’s that addresses pediatric mortality from the leading causes of death. TRICAM aims to crosscut the healthcare delivery, research, education, and advocacy missions of Lurie Children’s. The program is housed in the Mary Ann & J. Milburn Smith Child Health Research, Outreach and Advocacy Center under the leadership of Dr. Matt Davis. Kim Kaczor serves as the Director of Operations.

TRICAM’s mission is to:

- **Develop an institutional strategy for reducing infant, child, and adolescent mortality for individuals 0-24 years of age.**
- **Foster educational activities at Lurie Children’s and Northwestern University Feinberg School of Medicine (NUFSM) focused on mortality awareness and reduction among infants, children, and adolescents.**
Serve as a resource for the most up-to-date mortality information, by curating data from the relevant data sources locally and nationally.

Engage community-level stakeholders in implementation of best practices to reduce mortality in the Chicago metropolitan area and across Illinois.

Develop advocacy strategies at local, state, and national levels to reduce mortality.

This summer, TRICAM will host institutional strategy planning meetings regarding their new focus areas. All Northwestern faculty and Lurie Children’s staff are invited to attend any and all sessions of interest. The Asthma Institutional Strategy Planning Meeting will be held on Monday, August 5th from 2-3:30PM in Conference Room 11-160 at Ann & Robert H. Lurie Children’s Hospital of Chicago. Participation is strongly encouraged.

To learn more about the TRICAM program, please contact Madiha Qureshi, Sr. Project Manager – Community Engagement and Partnerships, at mqureshi@luriechildrens.org.