# Muscle Volume Discrepancies in Hemiparetic Cerebral Palsy: A Comparative MRI Study Across Age Groups

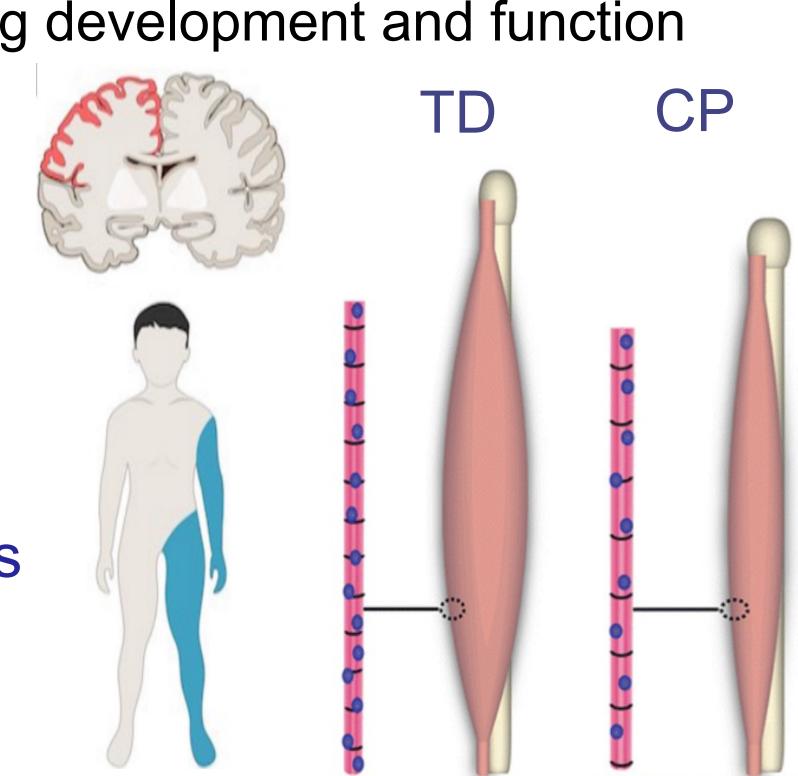
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### Background & Objective

- Cerebral palsy (CP) is the most common motor disorder in childhood, affecting 2 in every 1000 live births
- CP results in progressive secondary musculoskeletal changes that have a profound impact on lifelong development and function

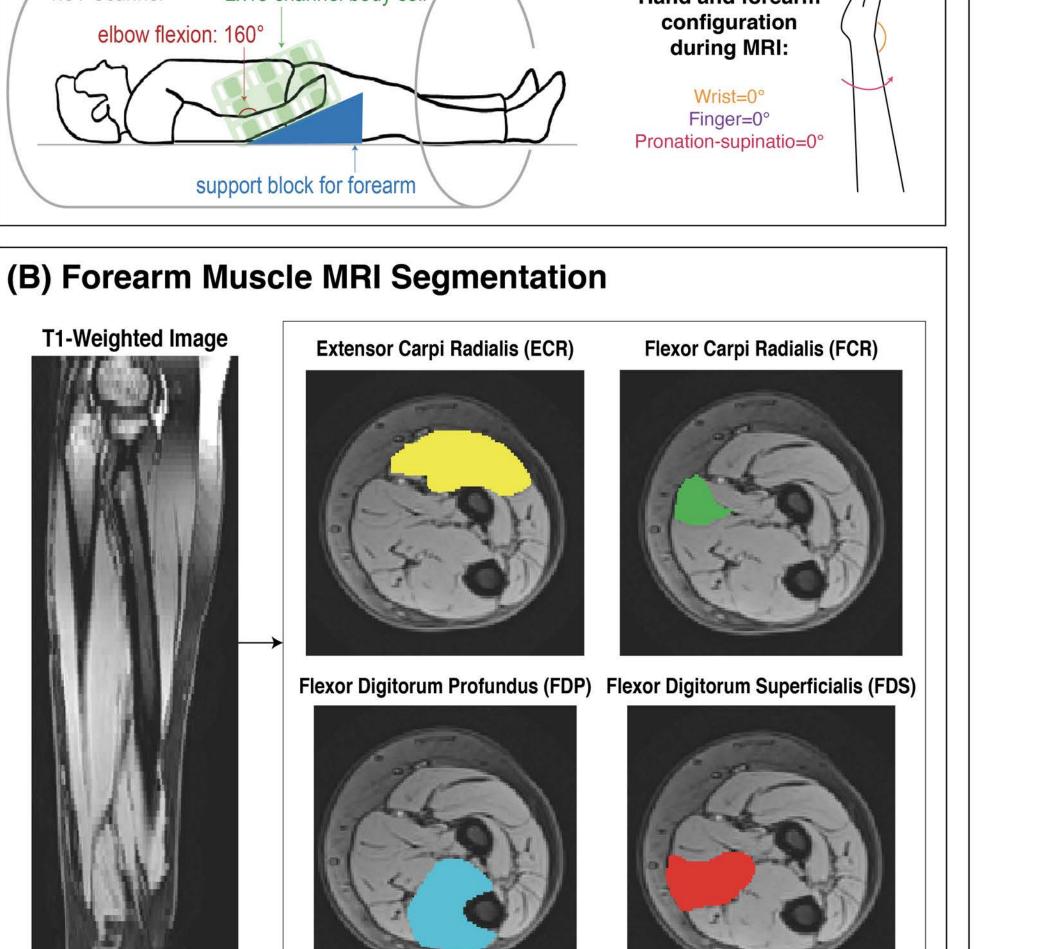
We aimed to determine if forearm flexor and extensor muscle volume interlimb differences vary between childhood and adulthood and examine the correlation between flexor muscle volumes and grip strength in individuals with CP and TD individuals.

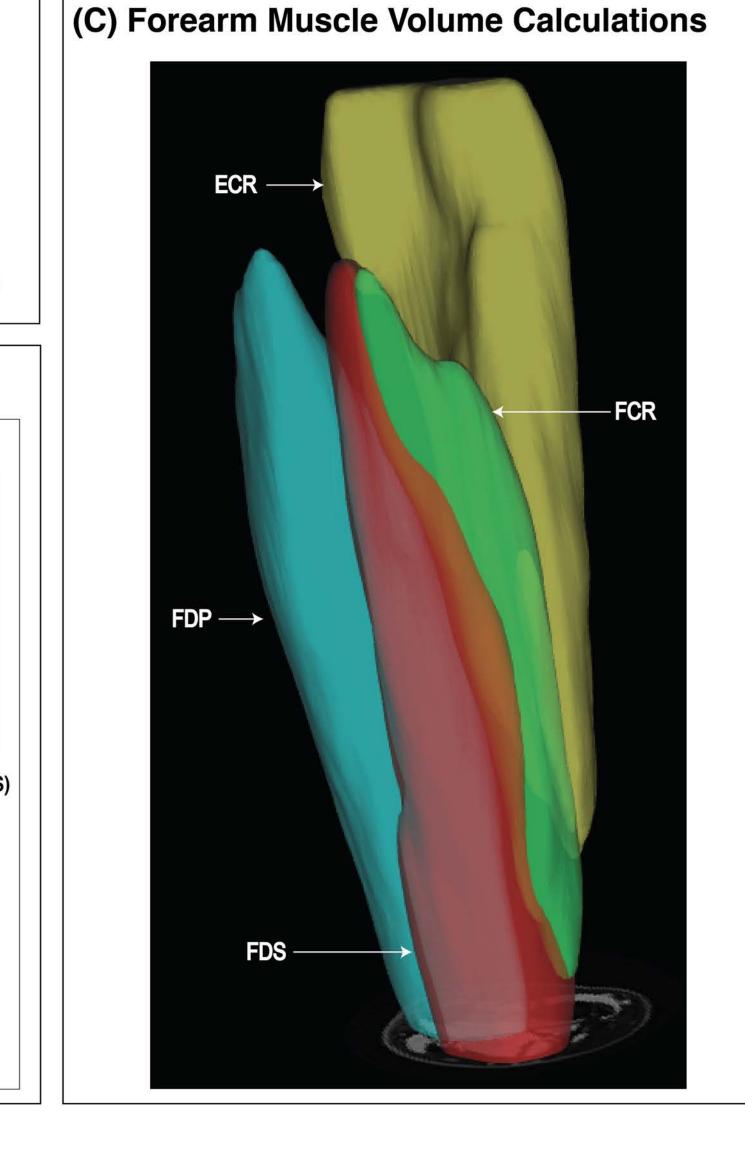


## Methods

(A) Forearm Muscle MRI Acquisition

#### MR Imaging & Muscle Segmentation



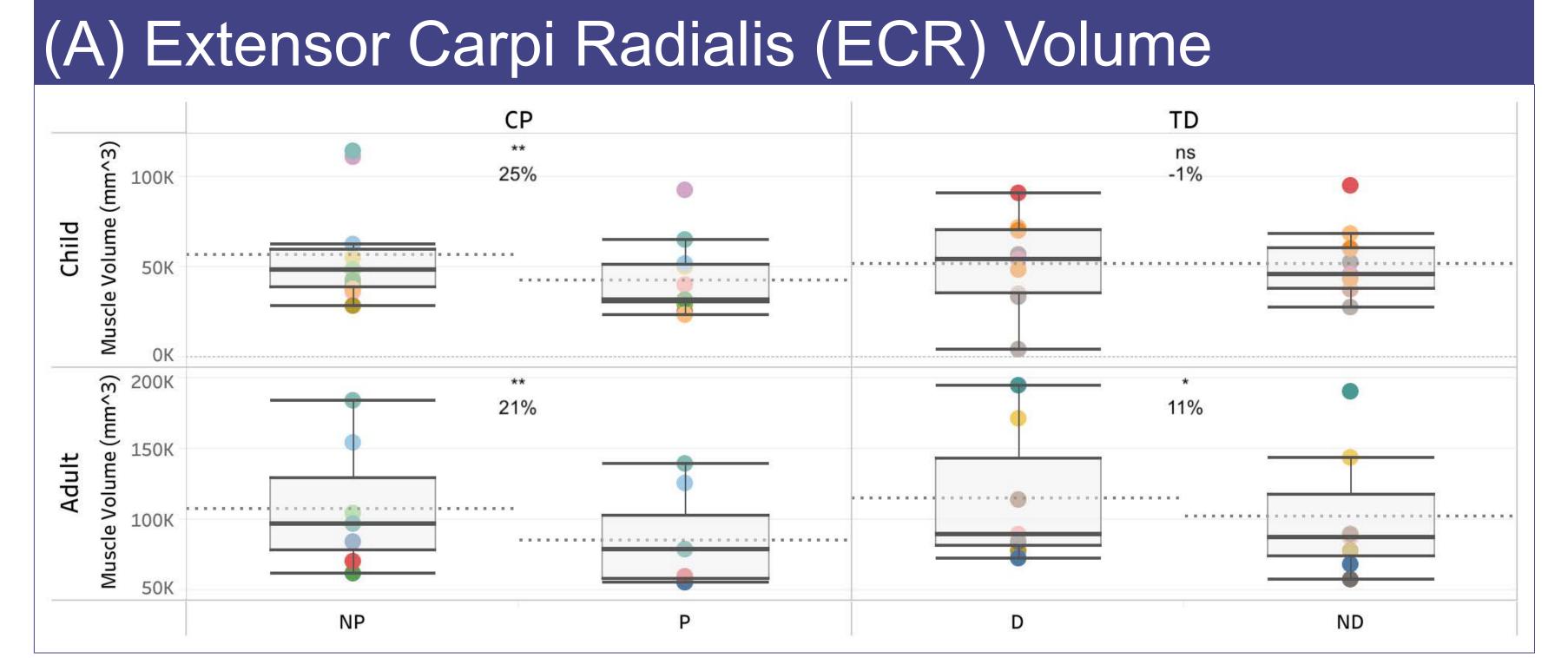


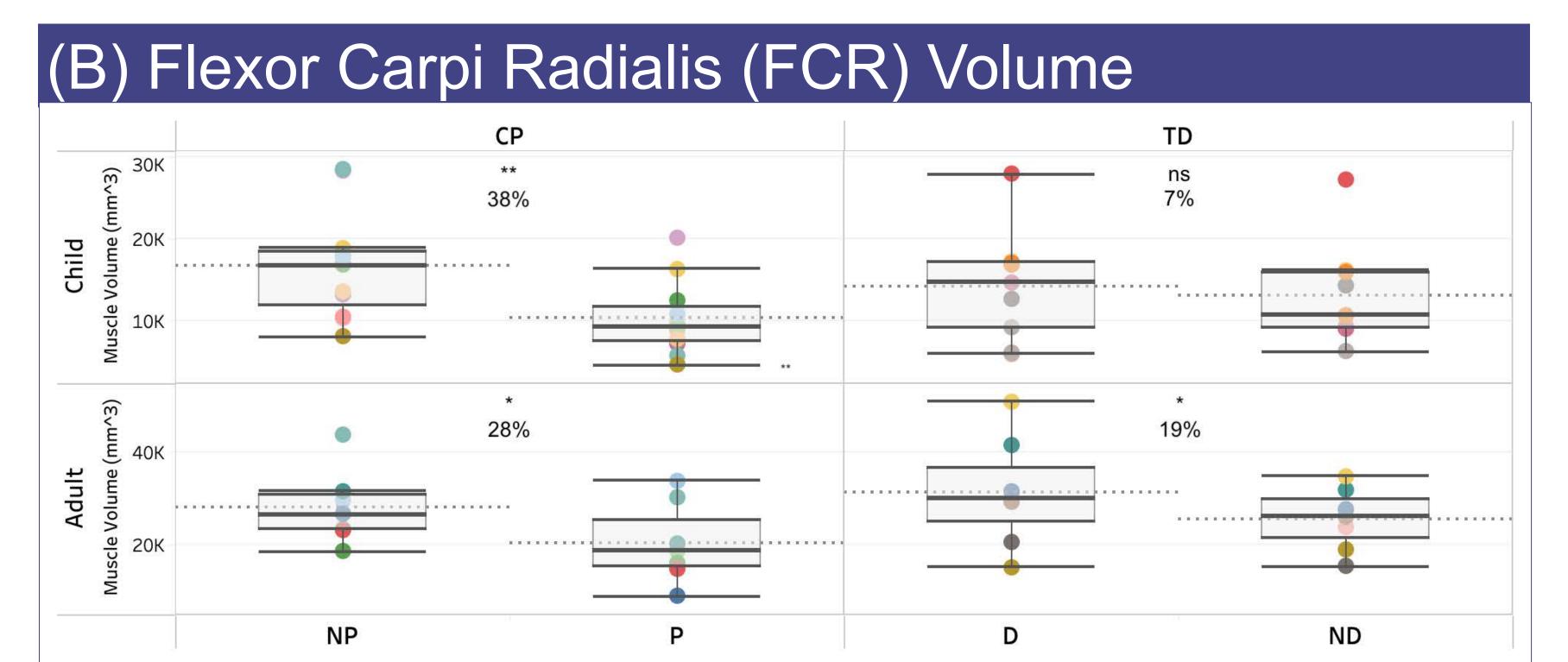
### Study Sample Size

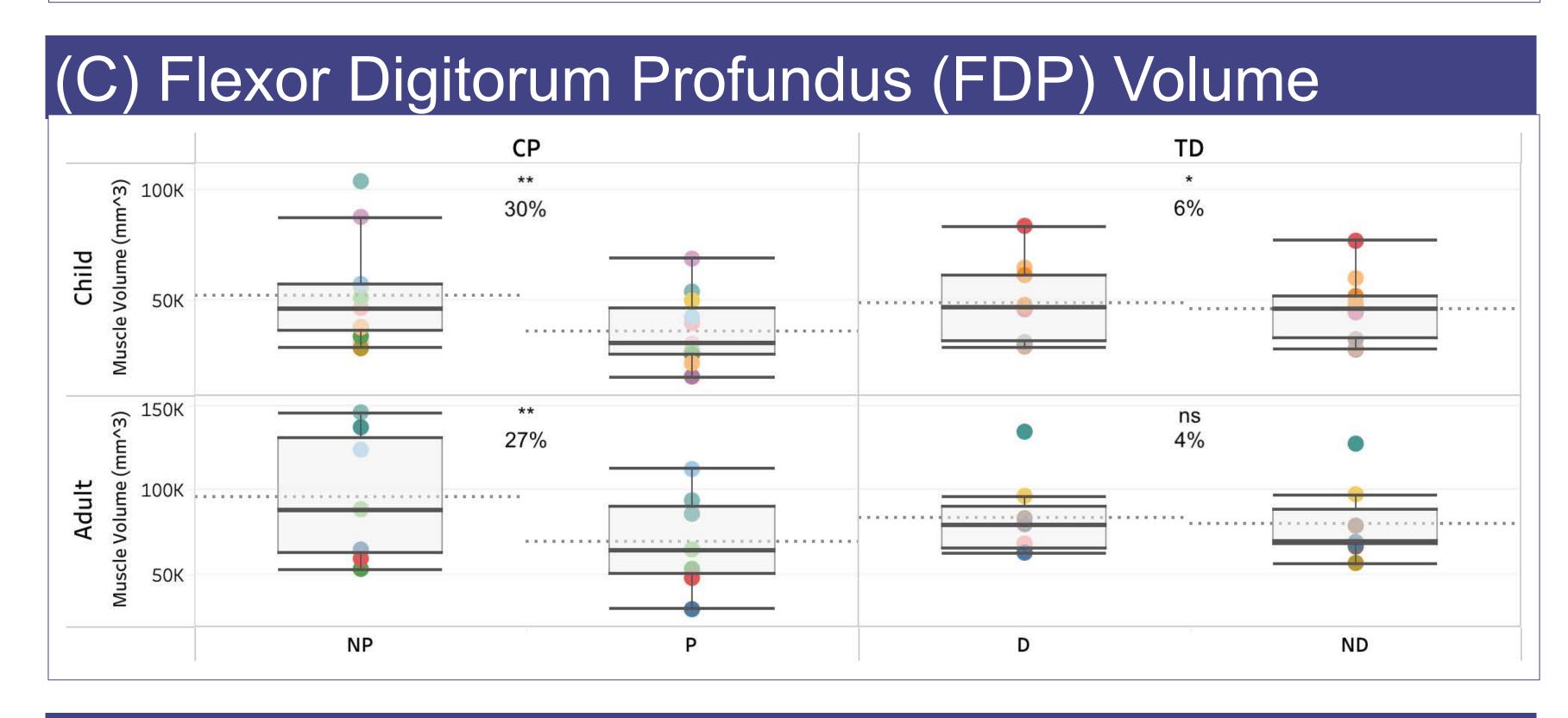
TOTAL: n = 34	CP	TD
Child	11	9
Adult	7	7

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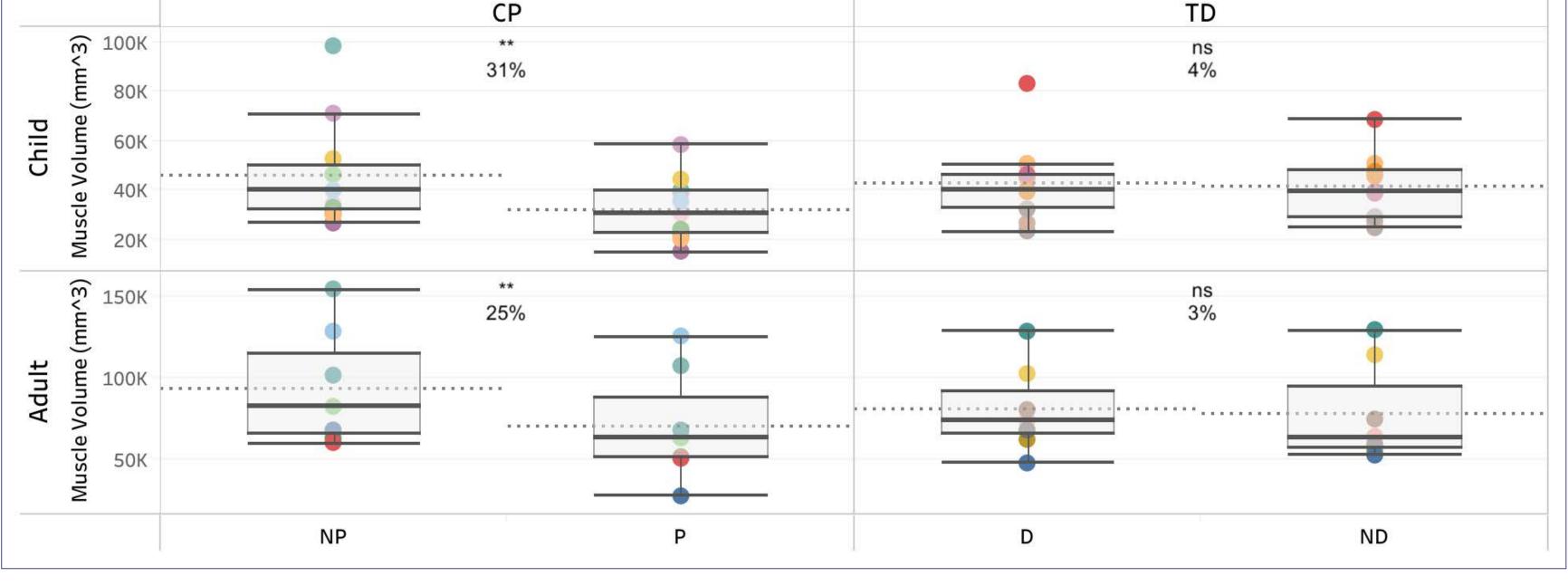
Paretic Forearm Muscles Are Smaller in CP



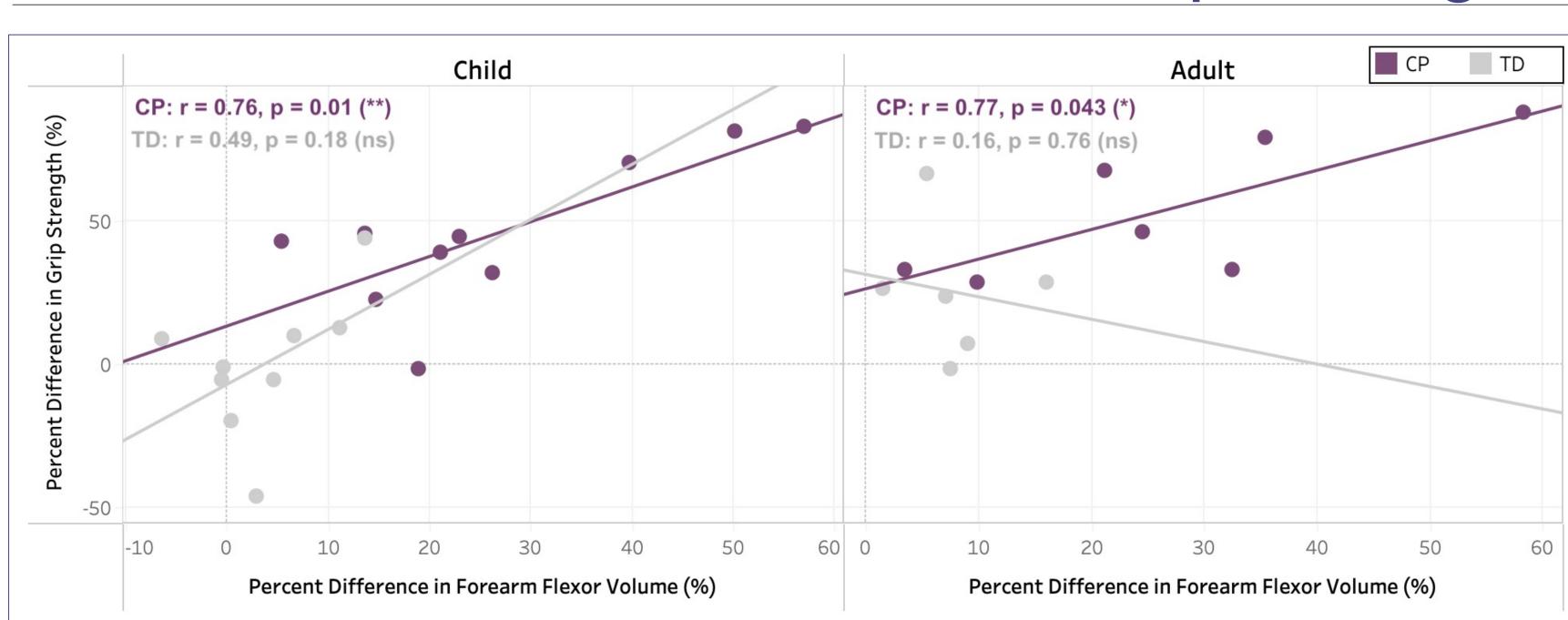








#### Forearm Flexors Correlated to Grip Strength



Left: Volumes of the (A) ECR, (B) FCR, (C) FDP, and (D) FDS muscles by patient group and age group. Interlimb percent difference in muscle volumes are shown (positive indicates P/ND < NP/D). <u>Top:</u> Correlations between interlimb percent differences in grip strength and total forearm flexor muscle volume by patient group and age group. Positive interlimb percent difference indicates P/ND < NP/D. Linear regression lines and Pearson correlation coefficients are shown. For both: Significance levels shown are as follows: ns p>0.05, \* p<0.05, \*\* p<0.01, \*\*\* p<0.001.

#### Conclusions

- Individuals with CP have reduced paretic muscle volume (21-38%)
- Children with CP showed more interlimb differences in muscle volume than adults with CP
- TD adults had larger wrist flexors/extensors in the dominant limb
- Children with CP often have difficulties with ADLs due to decreased motor function and strength in their affected limb(s) due to decreased muscle volume

#### Clinical Relevance:

- Need to promote the use of the paretic side starting early in childhood with interventions
- One clinically feasible method to quantify increases in muscle volume is to measure maximum grip strength

#### Acknowledgements & References

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